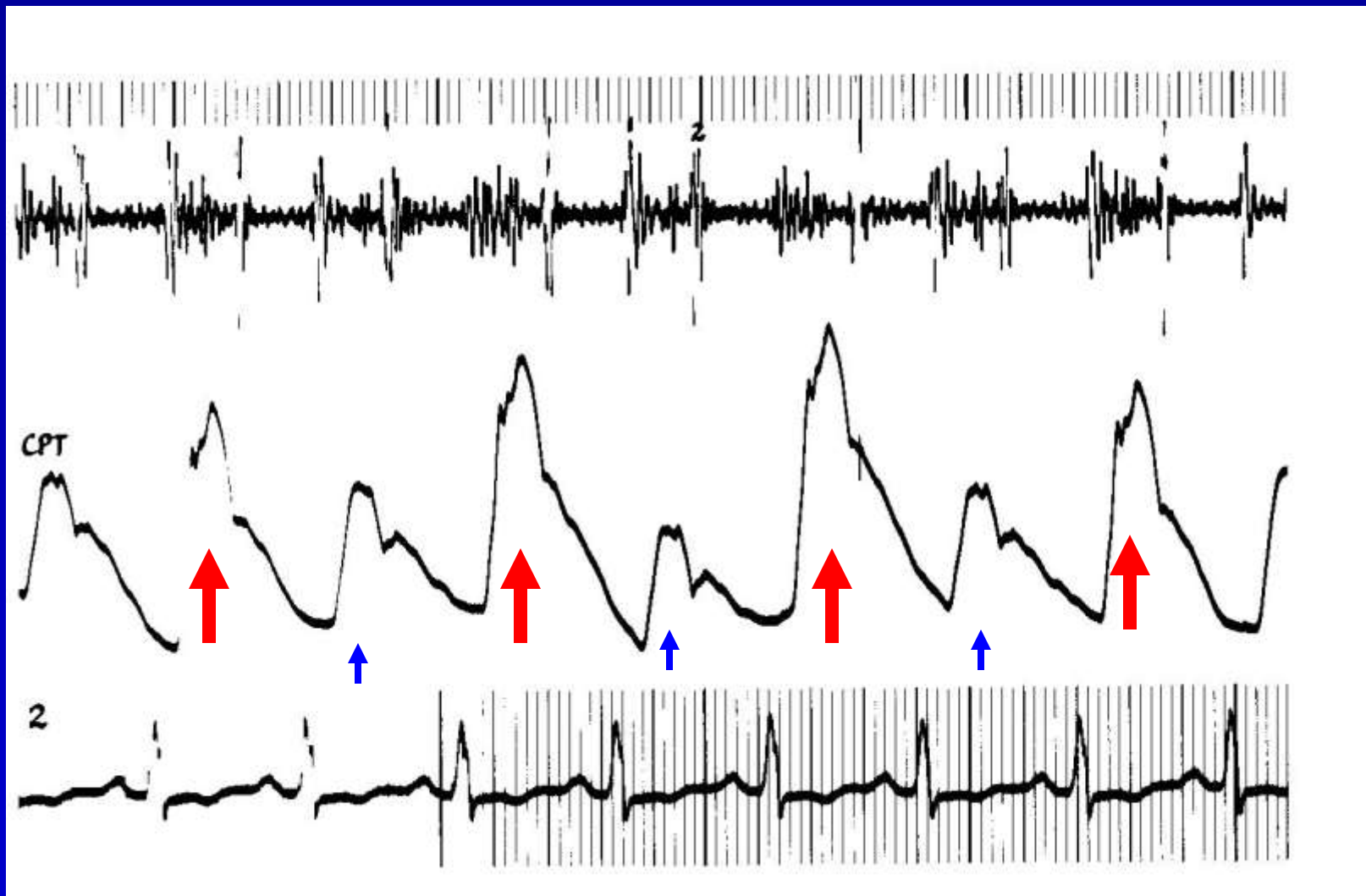


# Cardiomyopathy: Etiology and Diagnosis

December 2010

Joe M. Moody, Jr, MD  
UTHSCSA and STVHCS

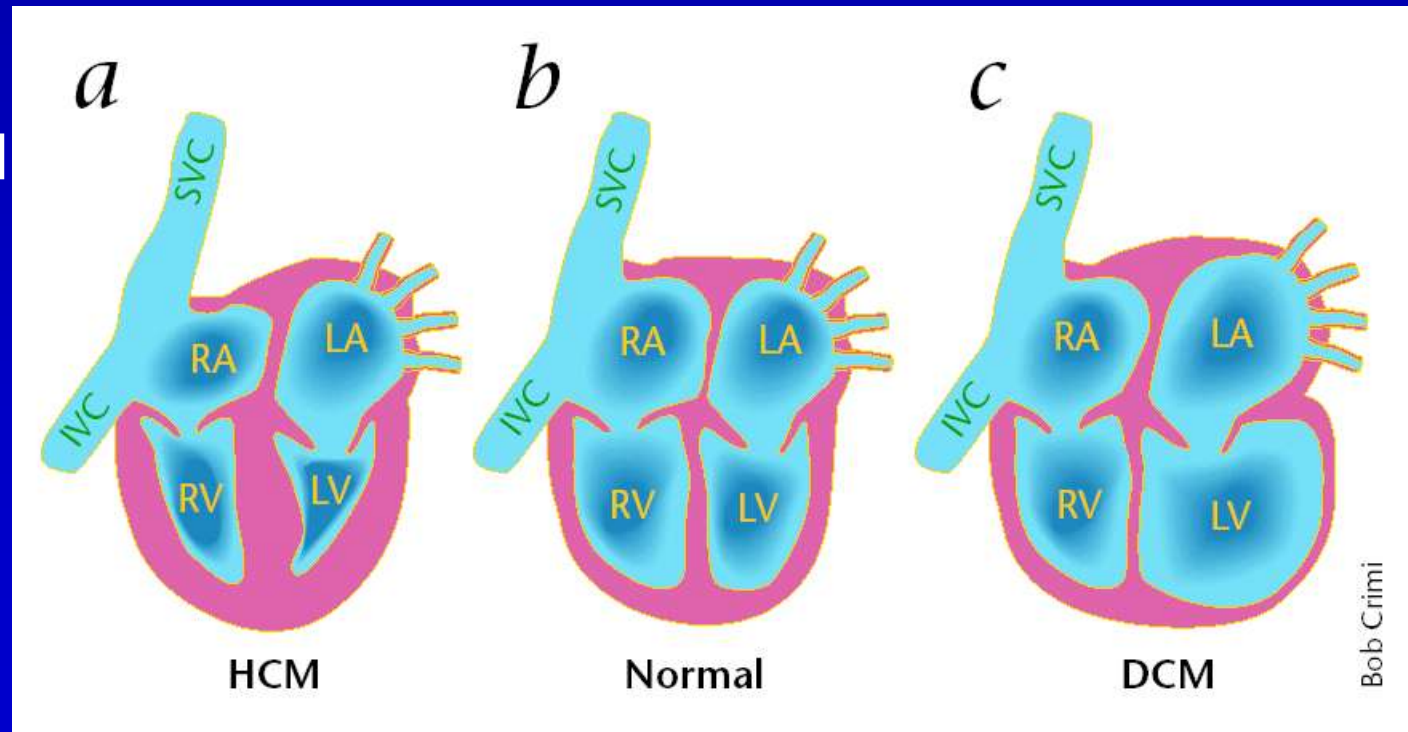


# Cardiomyopathy –Morphologic Categories

- Dilated
- Hypertrophic
- Restrictive

# Response of the Heart to Genetic Disorders

- Physiologic response:
  - Hypertrophy (FHCM)
  - Dilation (familial DCM, diffuse loss of myocytes and fibrosis)
  - Both
- Clinical disorders:
  - HCM
  - DCM
  - Restr CM



Nature Med  
1999;5:266.

# Dilated Cardiomyopathies

- Familial/genetic
- Viral/immune
- Alcohol/toxic
- Unknown

# Restrictive Cardiomyopathies

- Idiopathic
- Infiltrative

# Cardiomyopathy Etiologic Categories

# Specific Cardio- myopathies

- Ischemic
- Valvular
- Hypertensive
- Inflammatory - myocarditis
- Metabolic
- General systemic disease
- Muscular Dystrophies
- Neuromuscular disorders
- Sensitivity and Toxic reactions
- Peripartum cardiomyopathy



# Metabolic Cardio- myopathies

- Endocrine Abnormalities
- Glycogen storage disease
- Deficiencies (hypokalemia)
- Nutritional disorders

# General Systemic Cardio- myopathies

- Connective tissue diseases
- Infiltrative diseases
  - Sarcoidosis
  - Leukemia

# Muscular Dystrophies

- Duchenne/Becker muscular dystrophy
- Myotonic dystrophy
- Emery-Dreifuss muscular dystrophy

# Neuro-muscular Disorders

- Friedreich's ataxia
- Noonan syndrome
- Lentiginosis

# Sensitivity and Toxic Reactions

- Alcohol
- Catecholamine
- Anthracyclines
- Irradiation
- Others

# PRIMARY CARDIOMYOPATHIES

(predominantly involving the heart)

## Genetic

*HCM*

*ARVC / D*

*LVNC*

PRKAG2  
Danon } Glycogen  
storage

Conduction Defects

Mitochondrial myopathies

*Ion Channel Disorders*

LQTS Brugada SQTS CVPT Asian  
SUNDS

## Mixed\*

*DCM*

Restrictive  
(non-hypertrophied  
and non-dilated)

## Acquired

Inflammatory (myocarditis)

Stress-provoked  
("tako-tsubo")

Peripartum

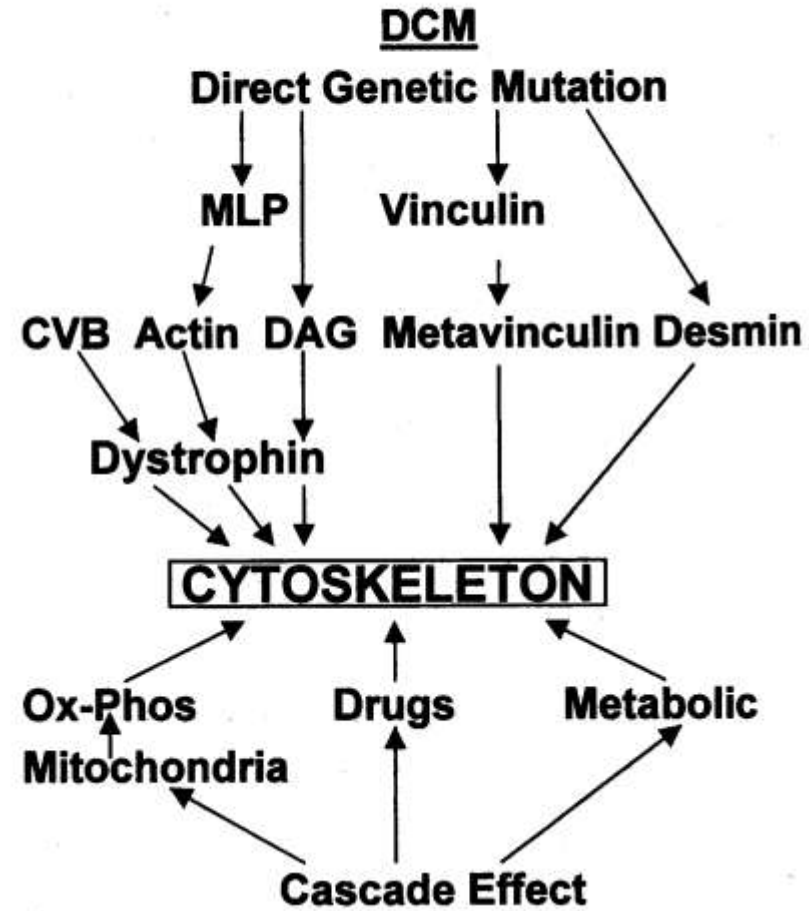
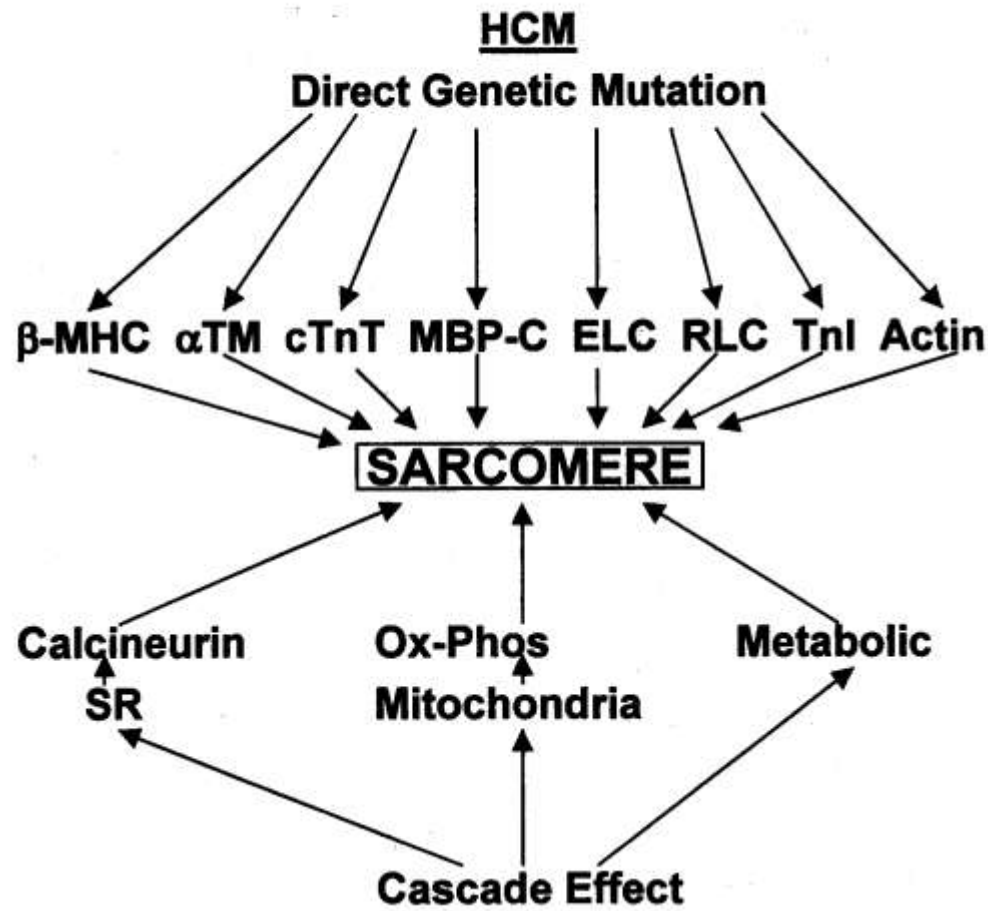
Tachycardia-induced

Infants of insulin-dependent  
diabetic mothers

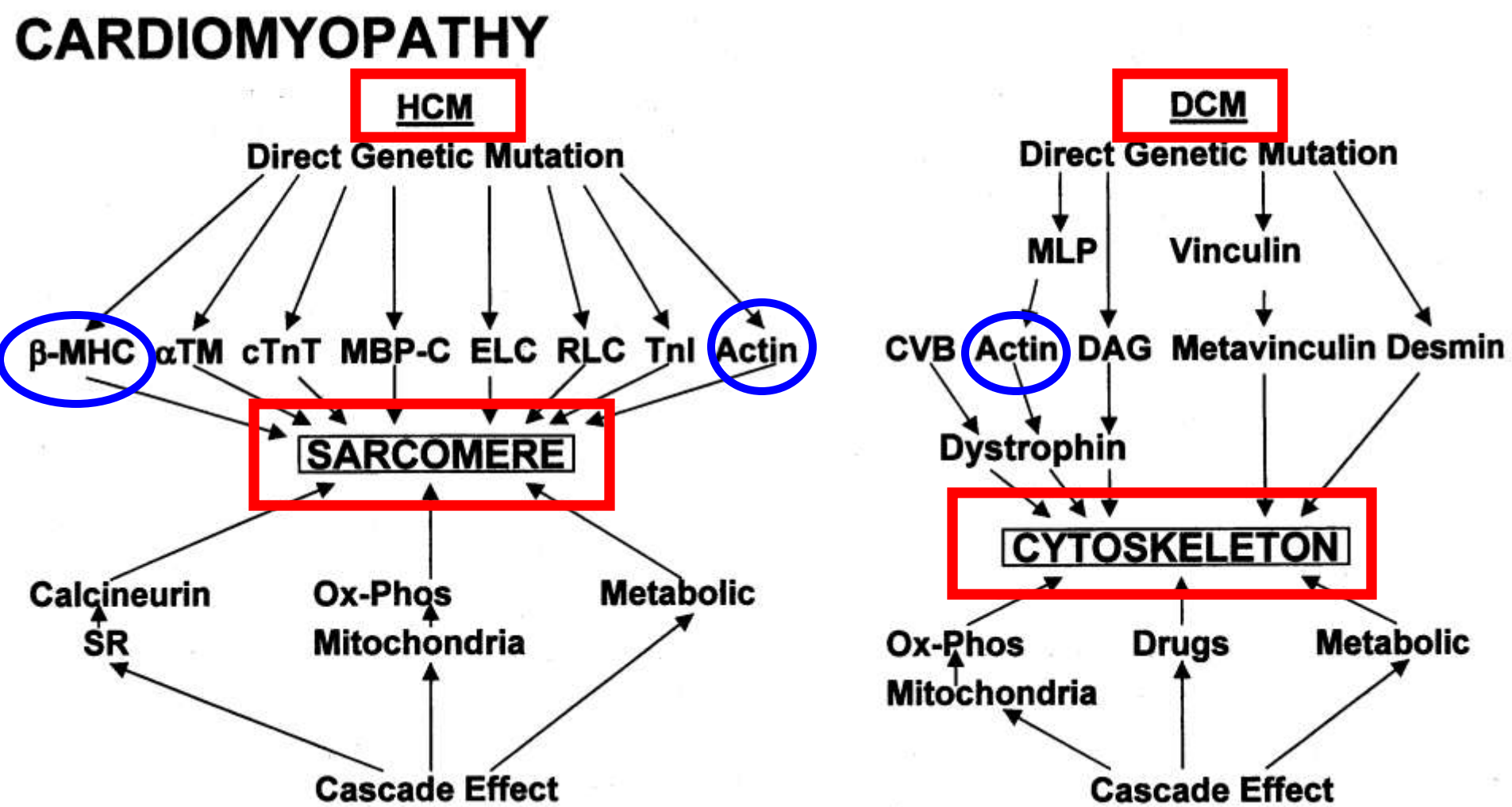
AHA Scientific Statement:  
"Contemporary Definitions and  
Classification of the  
Cardiomyopathies". Circulation.  
2006;113:1807-1816.

# Cardiomyopathy: Unifying Hypothesis

## CARDIOMYOPATHY



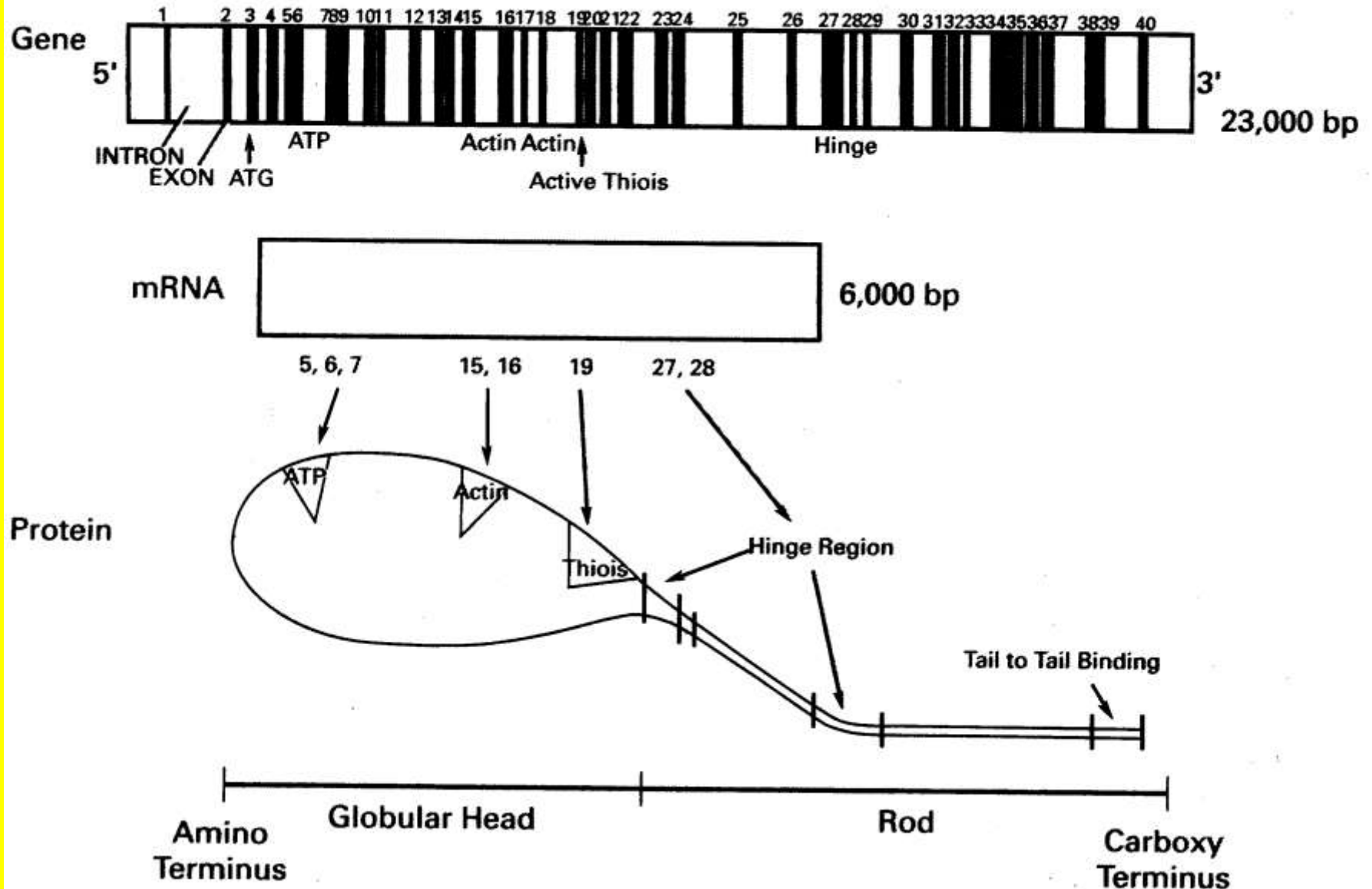
# Cardiomyopathy: Unifying Hypothesis



# Update: Familial HCM

- Cause: always genetic in adults
- Some inherited, some *de novo* mutation
- Single-gene disorder
- Autosomal-dominant
- 11 genes, each for a sarcomeric protein
- Over 600 mutations, most single-point missense mutation

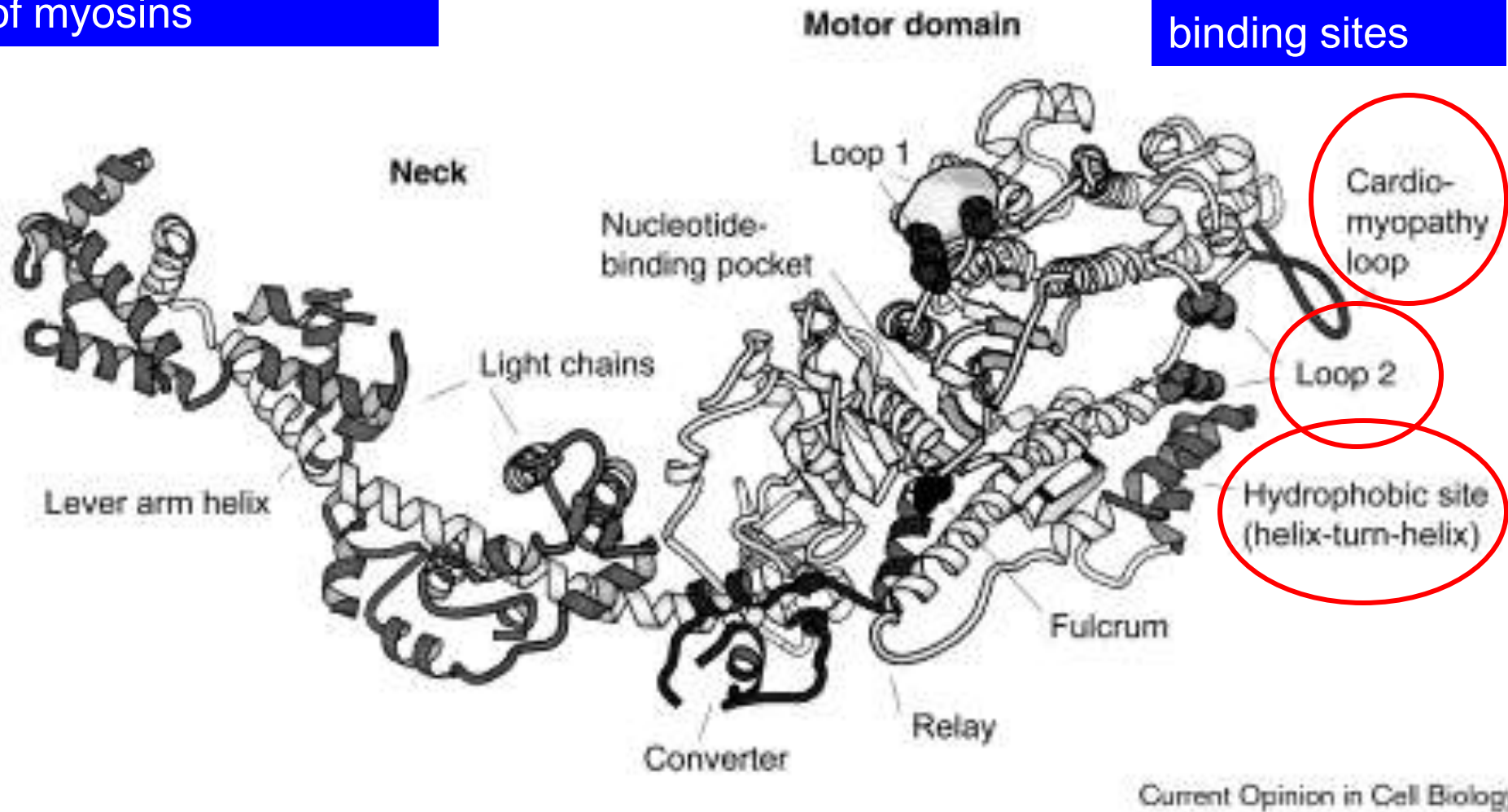
## Structures of the $\beta$ -MHC and Its Gene





There are 15 classes of myosins

Tentative Actin-binding sites

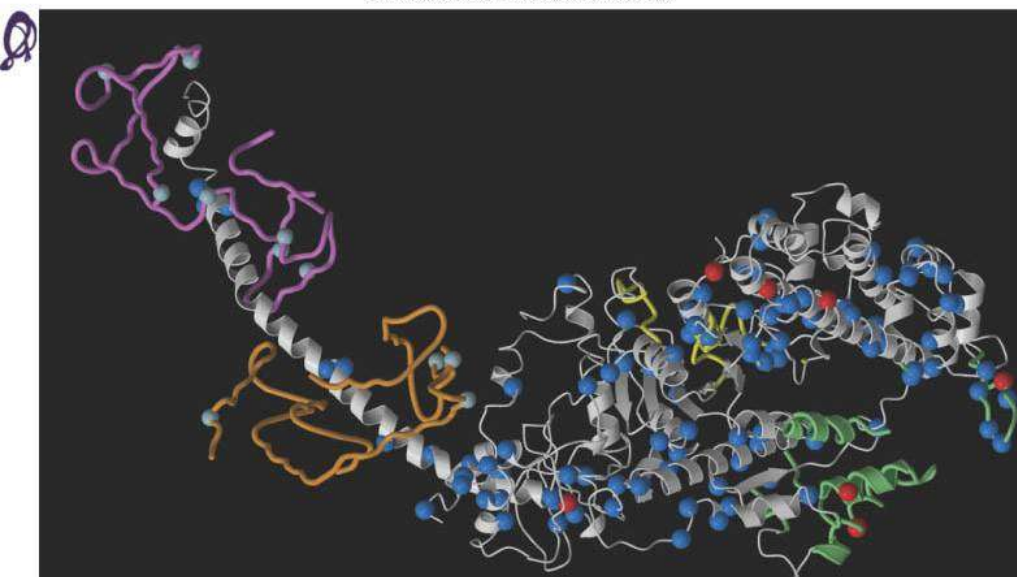
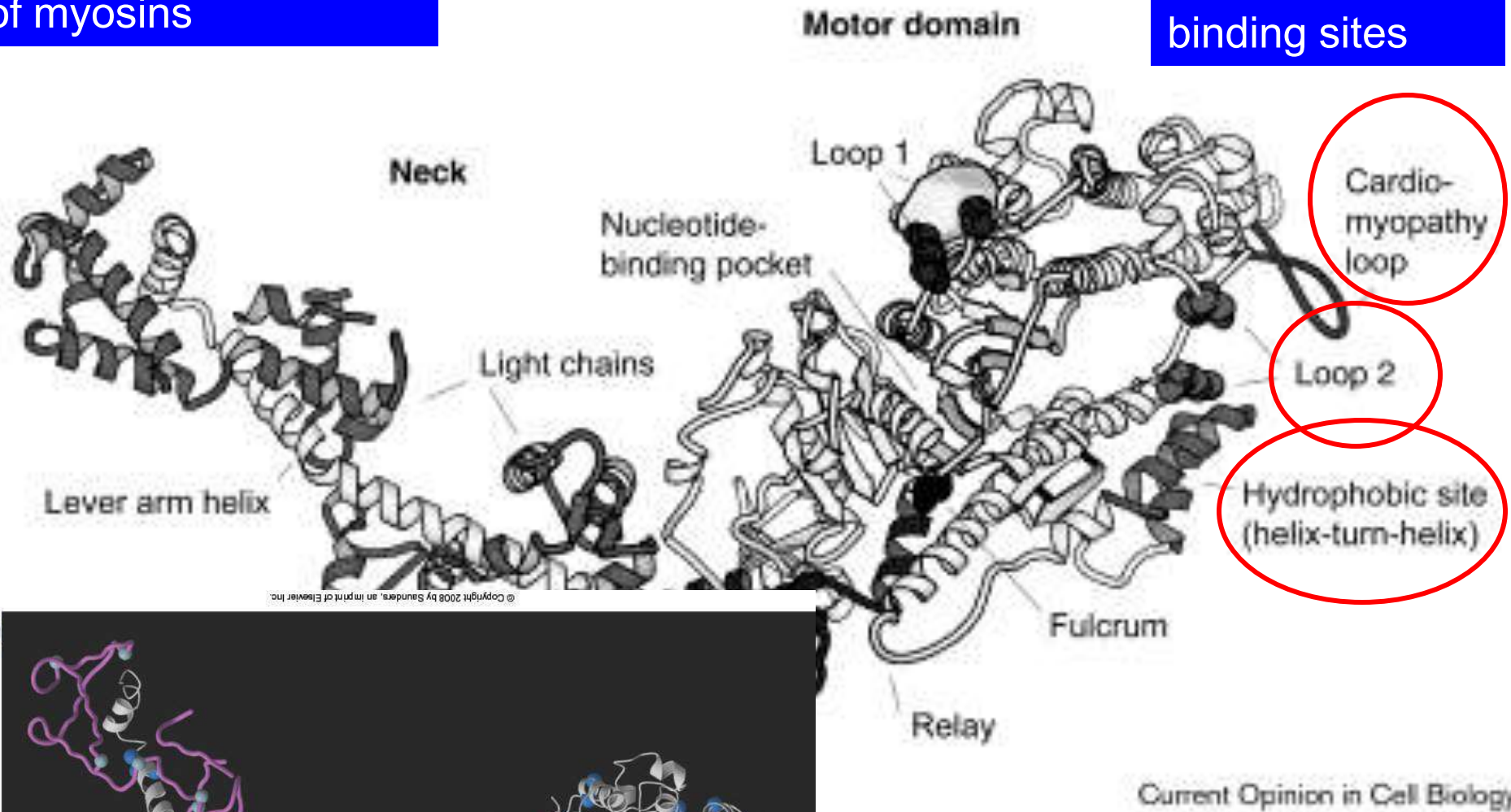


# Chicken Skeletal Myosin

Volkman N et al. Curr Opin Cell Biol 2000;12:26

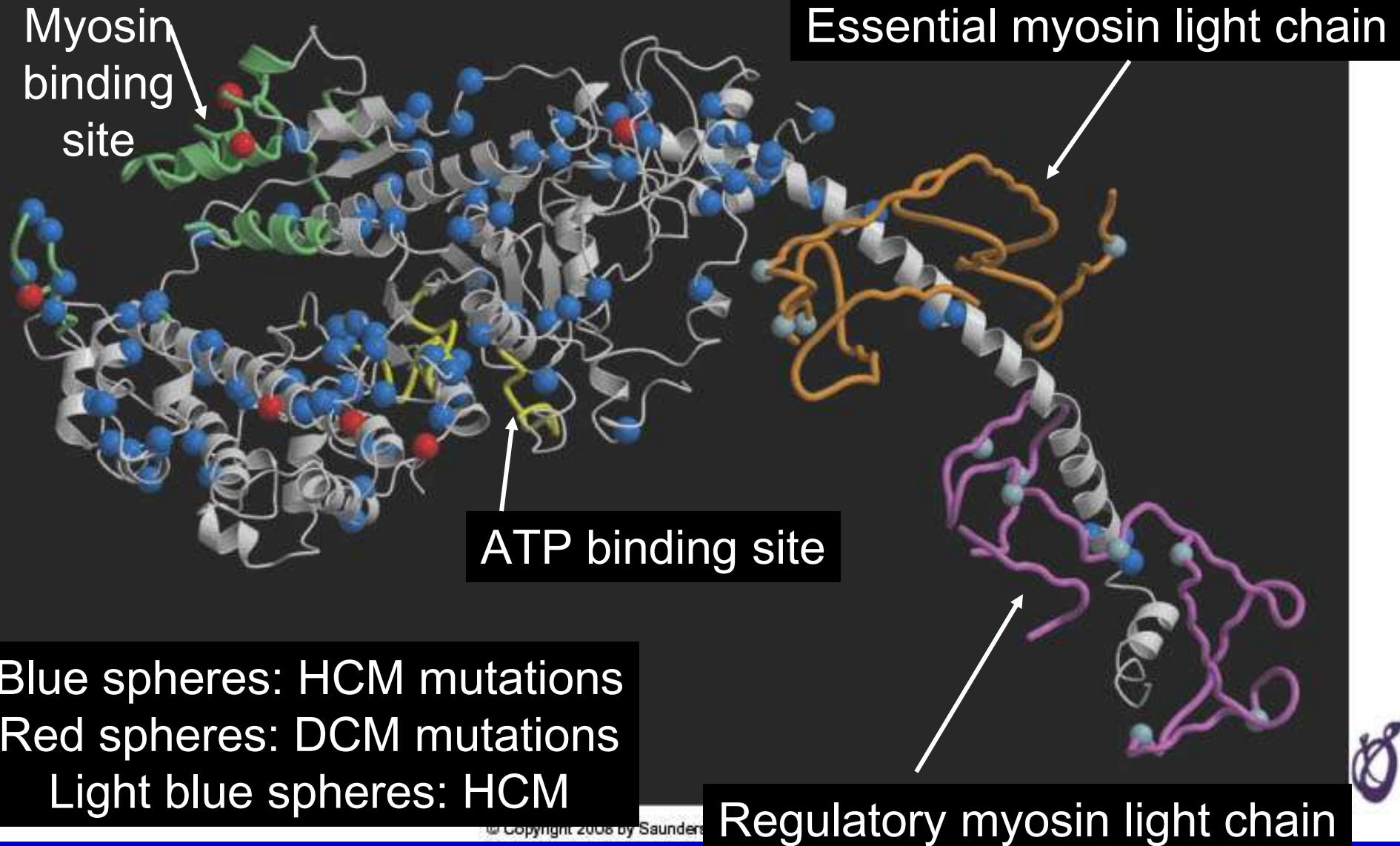
There are 15 classes of myosins

Tentative Actin-binding sites



etal Myosin

2000;12:26



# Myosin

# Update: Familial HCM - 2

- HCM is the most common cause of SCD in the young
- Prevalence: 1 in 500
- Symptoms: dyspnea, then chest pain, then syncope/presyncope/SCD
- Murmurs: midsystolic LV ejection murmur and mitral regurgitation, characteristic response to maneuvers
- ECG often with LVH
- Echocardiography is confirmatory IVS  $>1.3\text{cm}$  without other cause

# Update: Familial HCM - 3

- Dominant mode of inheritance indicates that the abnormal protein poisons the effect of the normal protein
- Basic science studies: mutations in the contractile apparatus impair contractility and induce release of growth factors and stimulate hypertrophy and fibrosis, with sarcomere disarray as the hallmark of the phenotype



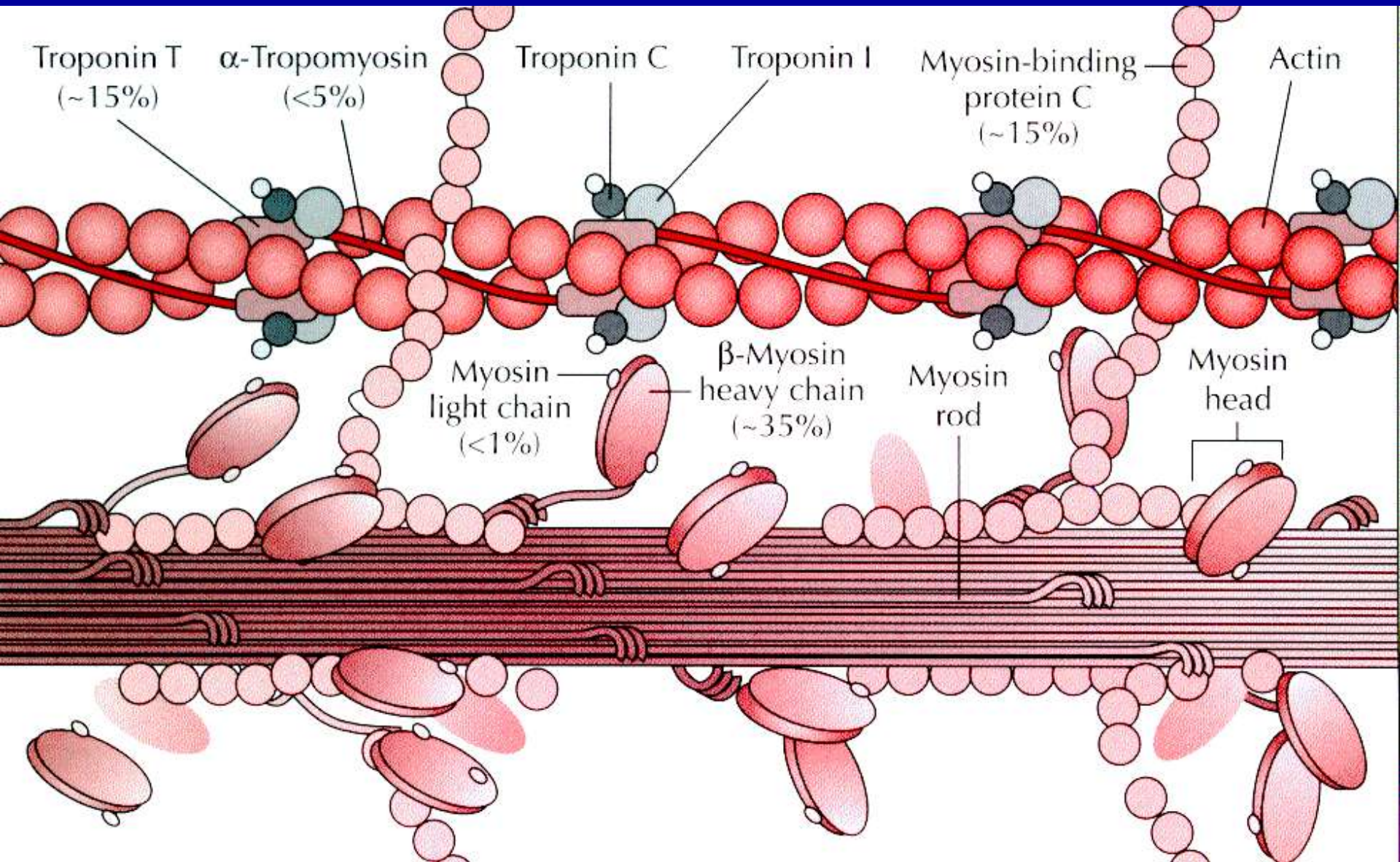
# Update: Familial HCM - 4

TABLE 10-1		Gene Mutations in Cardiac Hypertrophy	
Locus	Symbol	Name	Function
1q32	<i>TNNT2</i>	Cardiac troponin T	Sarcomere
2q31	<i>TTN</i>	Titin	Sarcomere
3p21	<i>MYL3</i>	Essential myosin light chain	Sarcomere
3p21-p14	<i>TNNC1</i>	Cardiac troponin C	Sarcomere
11p11.2	<i>MYBPC3</i>	Cardiac myosin binding protein C	Sarcomere
12q23-q24	<i>MYL2</i>	Regulatory myosin light chain	Sarcomere
14q12	<i>MYH7</i>	Beta-myosin heavy chain	Sarcomere
14q12	<i>MYH6</i>	Alpha-myosin heavy chain	Sarcomere
15q14	<i>ACTC</i>	Cardiac actin	Sarcomere
15q22	<i>TPM1</i>	Alpha-tropomyosin	Sarcomere
19p13.2	<i>TNNI3</i>	Cardiac troponin I	Sarcomere
7q36	<i>PRKAG2</i>	Protein kinase, AMP-activated, noncatalytic, gamma-2	Metabolism
Xq22	<i>GLA</i>	Alpha-galactosidase A	Lysosome, metabolism
Xq24	<i>LAMP2</i>	Lysosome-associated membrane protein B	Lysosome, metabolism

AMP = adenosine monophosphate.

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# Genetics of HCM

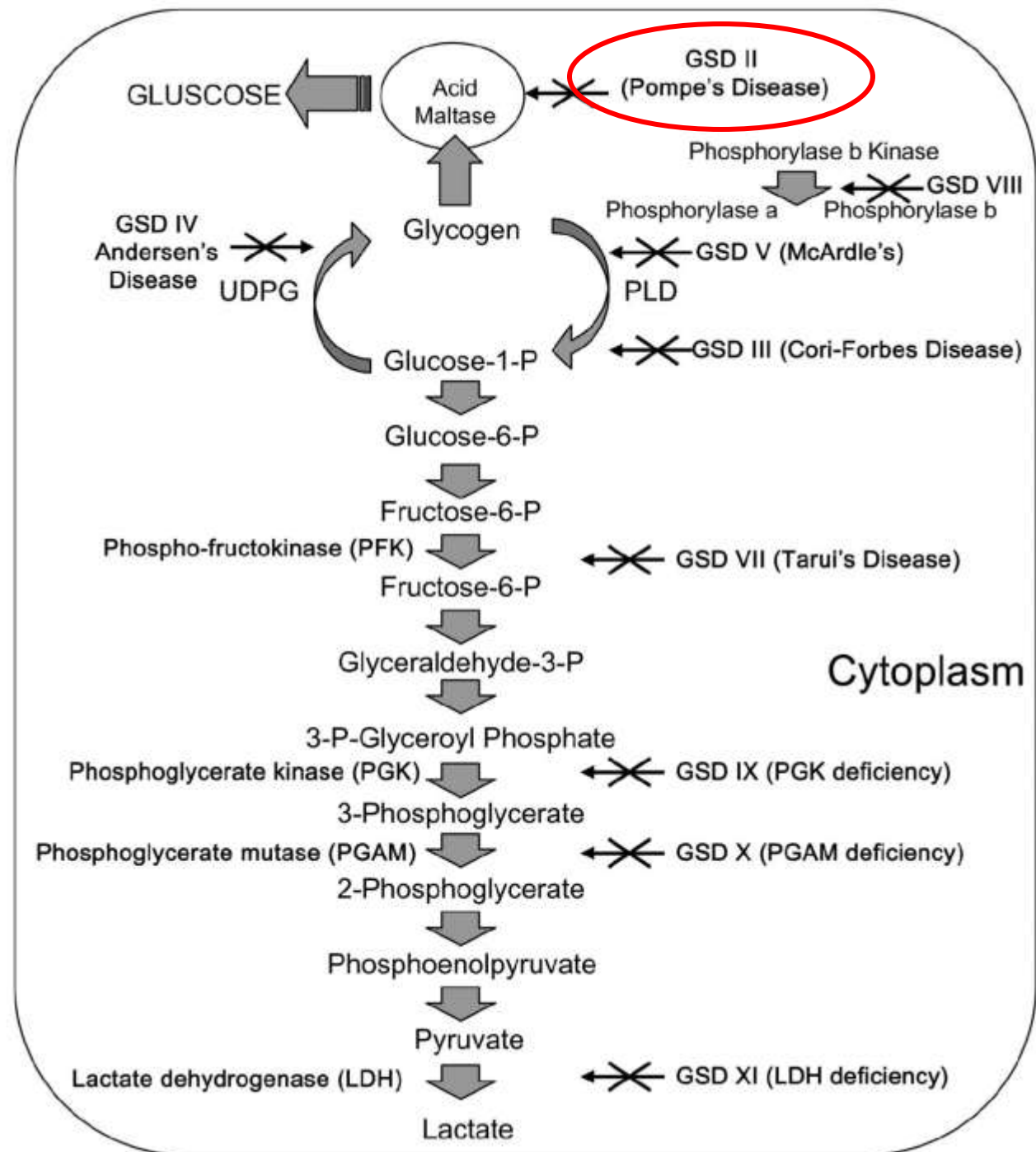


# Endocrinopathies

- Acromegaly – LVH and DCM
- Cushing – LVH and DCM
  - Carney complex: LA myxoma and pigmented skin lesions, genetic 17Q2
- Hyperthyroidism – afib beta blocker
- Hypothyroidism – effusion
- Pheo – HF



# Glycogen Storage Diseases



Van Adel BA et al.  
 "Metabolic  
 Myopathies", J Clin  
 Neuromusc Dis.  
 2009;10:97-121.

# Metabolic Disorders Producing HCM - 1

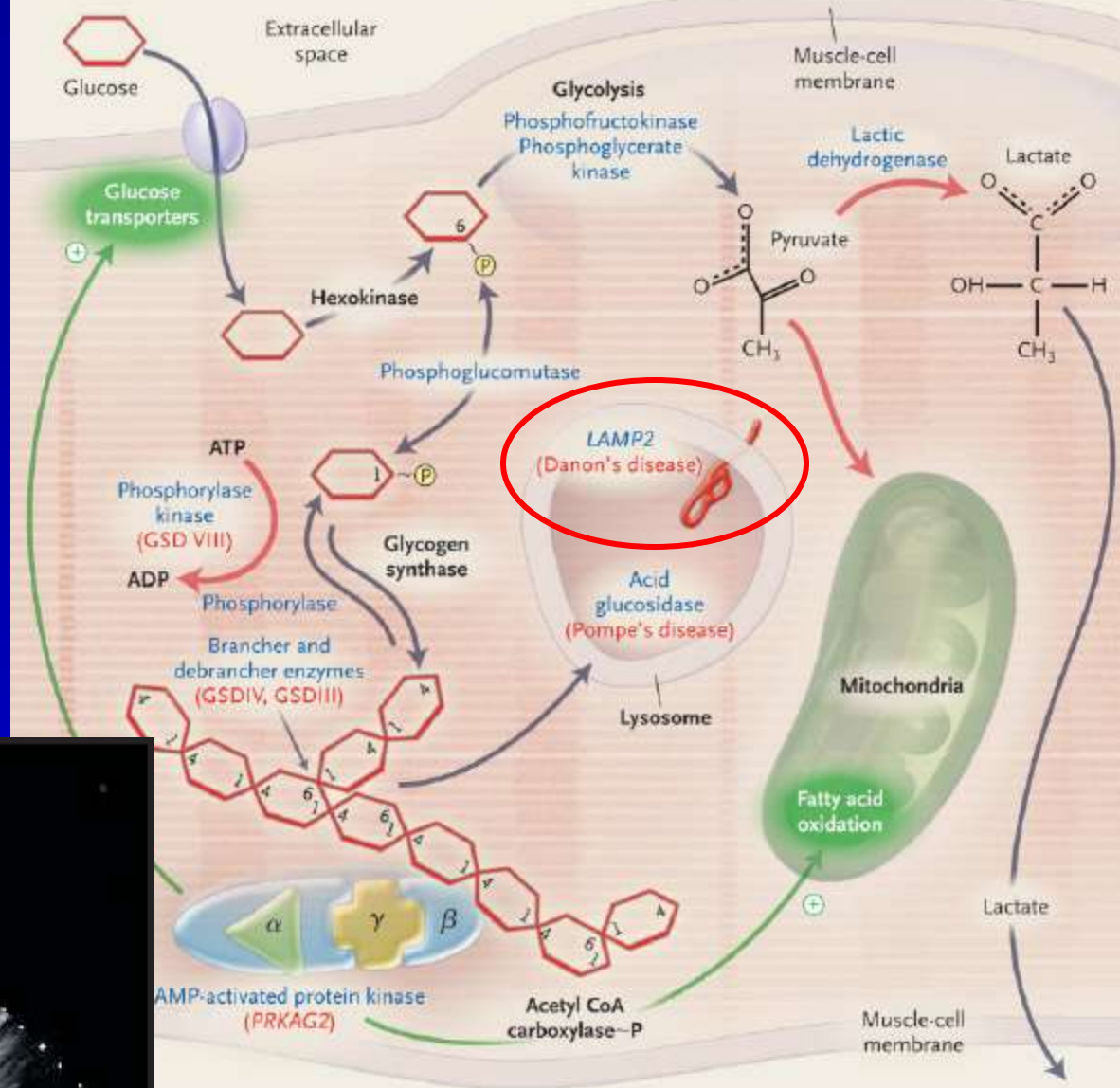
- Pompe's disease (glycogenosis type 2 = GSDII = acid maltase deficiency = MIM 232300; chromosome 17q23-25, the GAA gene): acid alpha-1,4 glucosidase deficiency, recessive, HCM phenotype, usually die by age 2, striking LVH voltage and CHF, lysosomal-associated membrane protein-1 (LAMP-1) levels elevated ... Enzyme replacement therapy with human recombinant alglucosidase alpha is possible.

# Danon's Disease

These have pre-excitation

X-linked lysosome-associated membrane protein

LAMP2



PRKAG2 mutations can also produce HCM

Arad M et al. N Engl J Med. 2005;352:362.

# Metabolic Disorders Producing HCM - 2

- Beckwith-Wiedemann Syndrome: often dominant, error on Chromosome 11, multiple anomalies, hemihypertrophy or hemihyperplasia and macroglossia and susceptibility to tumors, esp Wilms, and HCM (not usually a prominent part of the syndrome)

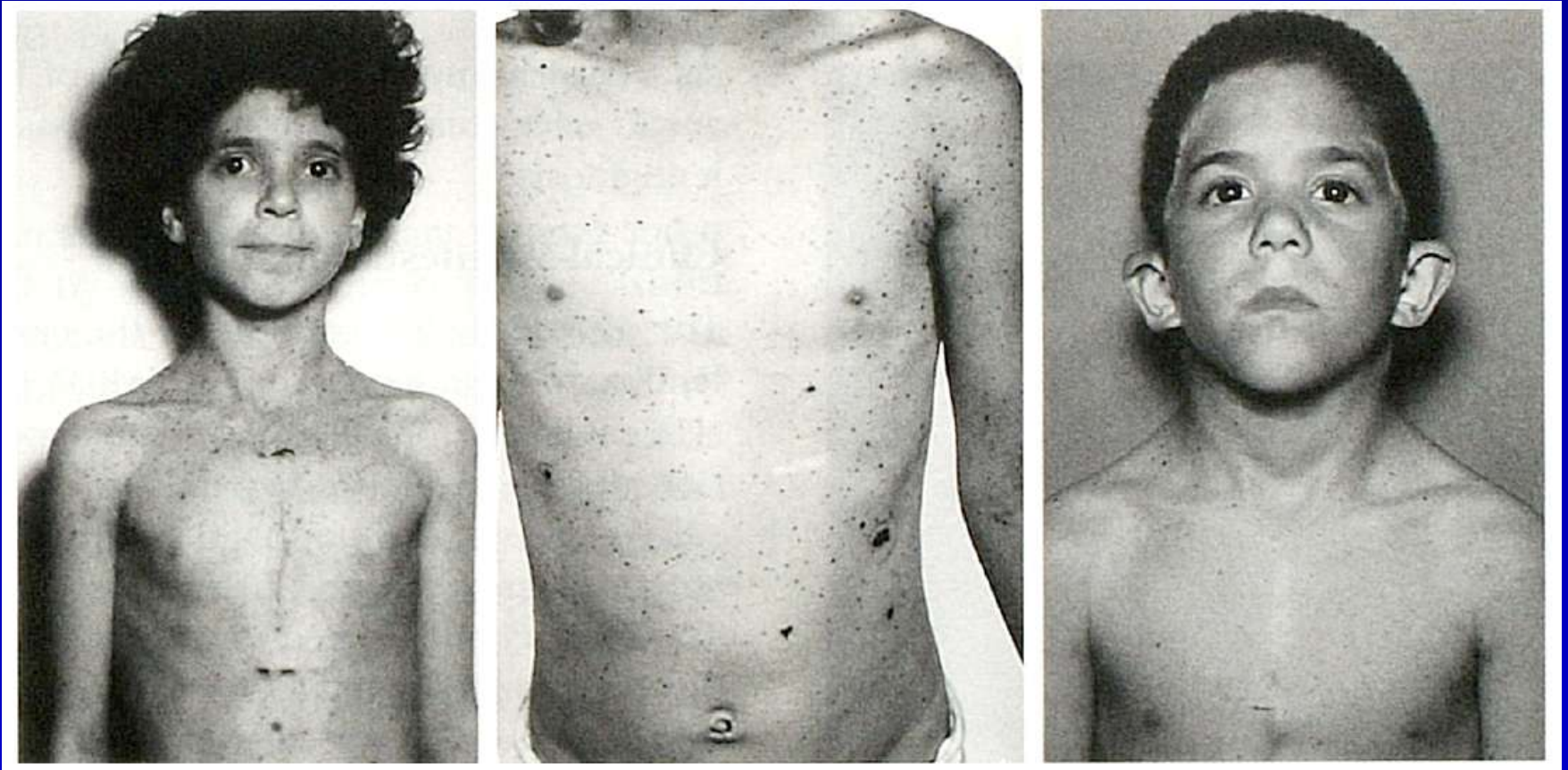
# Metabolic Disorders Producing HCM

## - 3

- Leopard Syndrome: lentigenes, ECG conduction defects, ocular hypertelorism, pulmonic valve stenosis, abnormality of genitalia, retardation of growth, deafness, sensorineural (HCM and endocardial fibroelastosis), molecular and genetic abnormality unknown
- Rarely, cardiomyopathy or complex CHD may be present (Braunwald's 8<sup>th</sup> ed, p. 1571).



# Leopard Syndrome



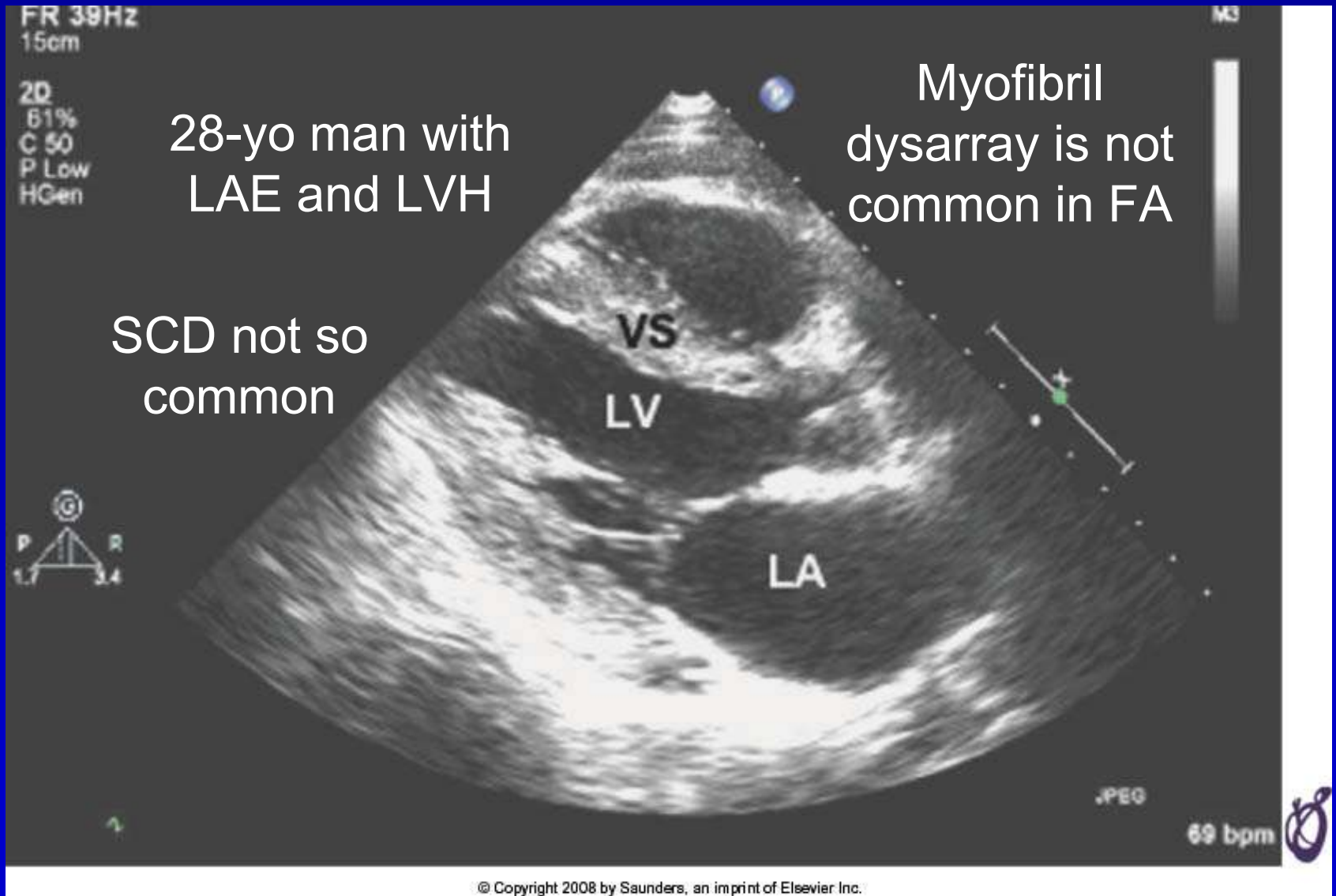
Truncal or mucosal pigmented spots or larger café-au-lait spots; hypertelorism; deafness (low set ears) – each of these 3 had HCM

Alizad, A et al. J Am Soc Echocardiogr. 2000;13:73.

# Metabolic Disorders Producing HCM - 4

- Friedrich's Ataxia: most common (1:50,000) hereditary spinal cerebellar degeneration; recessive, 50-90% have cardiac disease, HCM, rarely DCM, arrhythmias, 90% with inverted or biphasic T in inferior and left chest leads, AFL or AF common, concentric LVH, reduced protein – frataxin in mitochondrial membranes for iron homeostasis and respiratory function leading to mitochondrial dysfunction, poor oxidative stress response and apoptosis (9q13-31.1) Gene has too many GAA repeats in intron 1 (66-500)

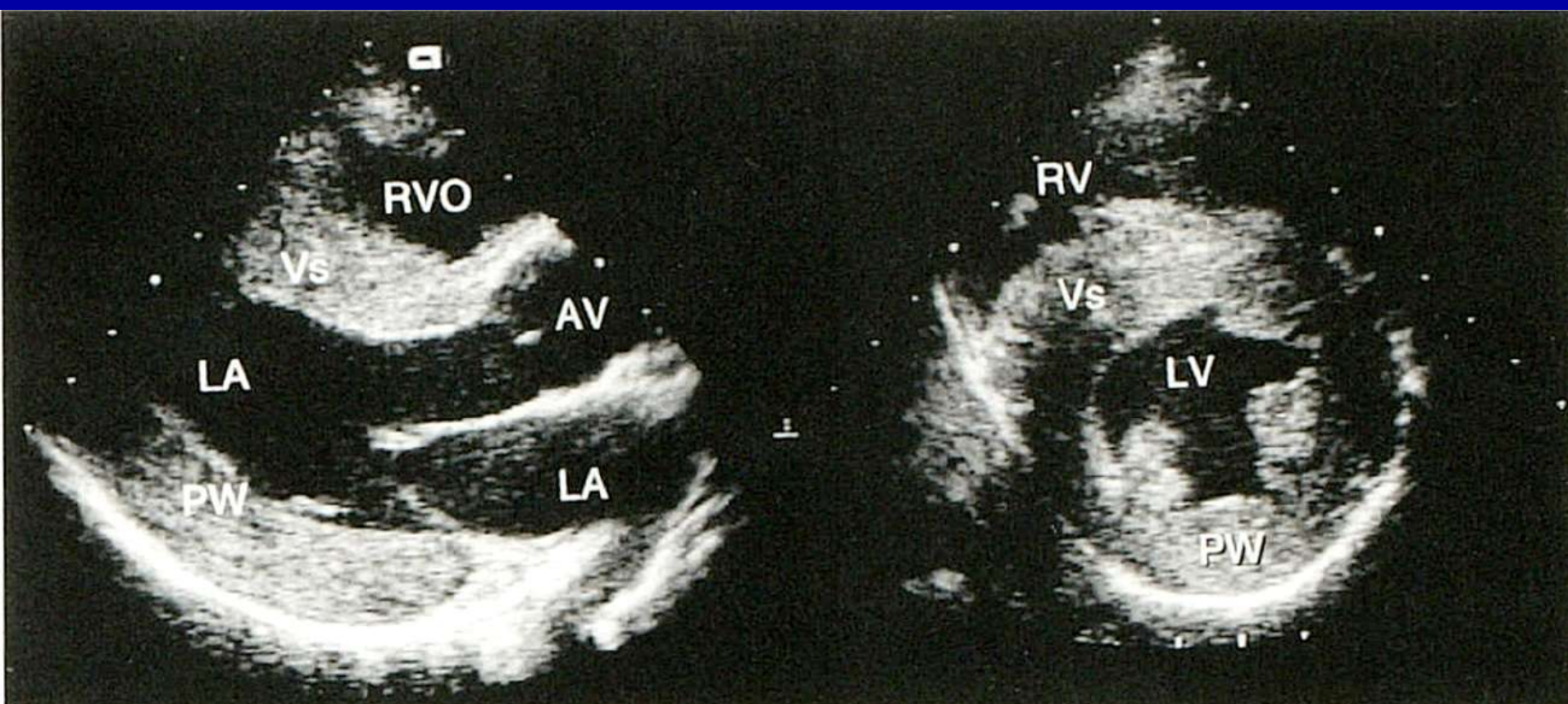
# Friedrich's Ataxia





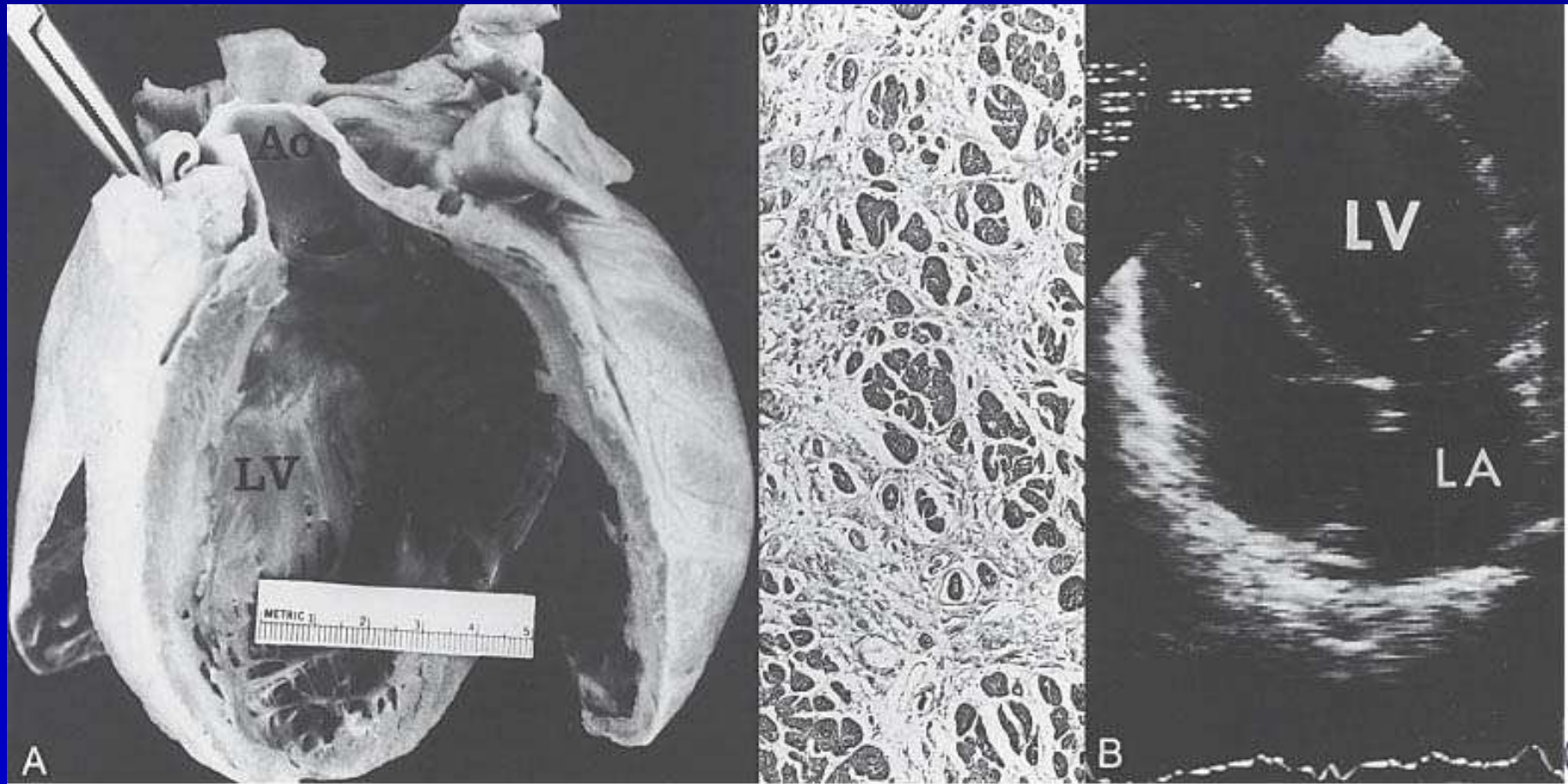
# Friedrich's Ataxia

12-yo boy with severe ataxia,  
systolic function is normal



# Friedrich's Ataxia

AFlutter and AFib seen with  
dilated LV



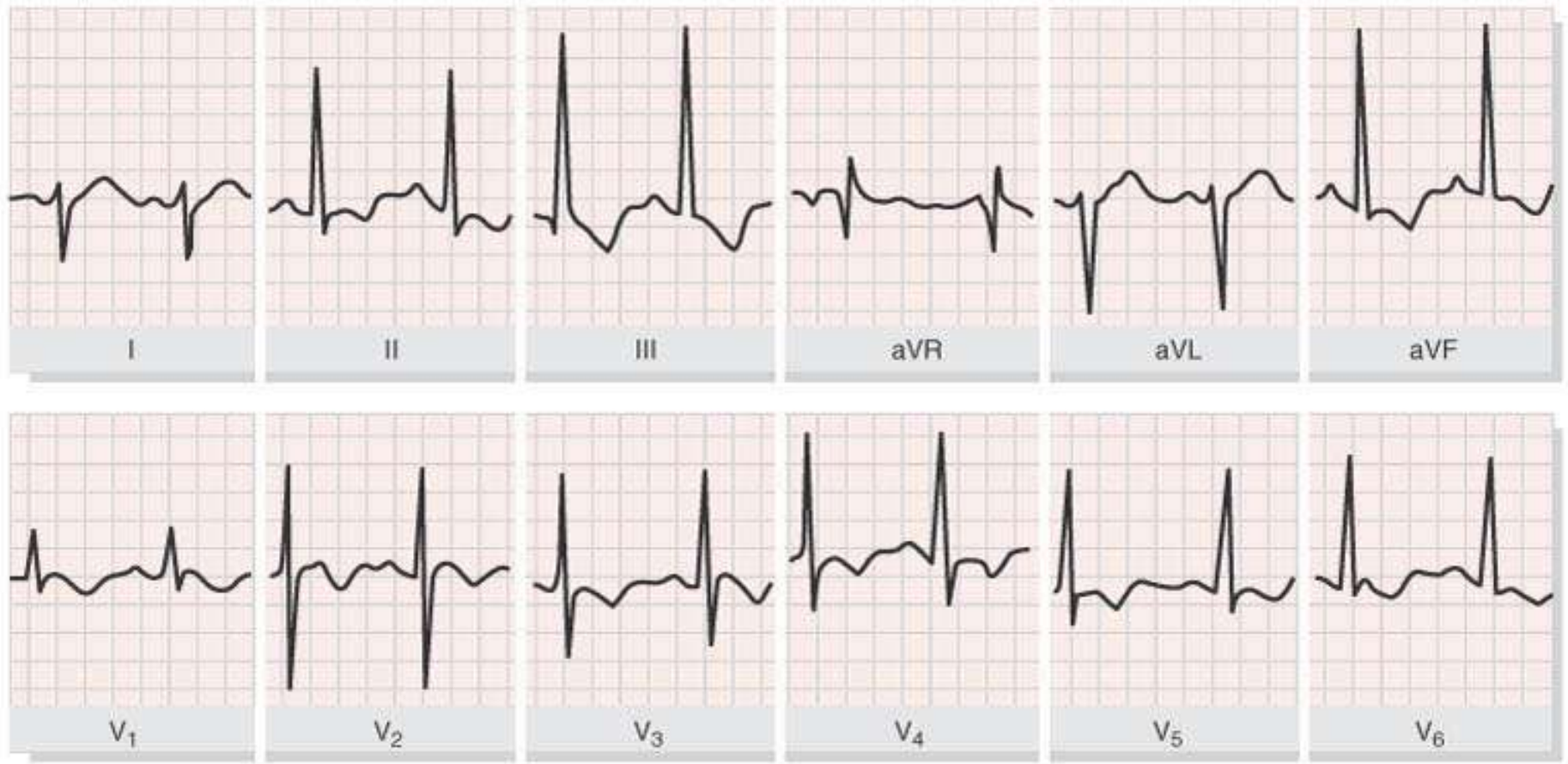
(From Child JS, Perloff JK, Bach PM, et al: Cardiac involvement in Friedreich ataxia. J Am Coll Cardiol 7:1370, 1986.)

17 yo who progressed from normal to DCM – marked  
connective tissue replacement

Braunwald's Heart Disease, 8<sup>th</sup> ed. 2008. p. 2146.



# Friedrich's Ataxia



*(Courtesy of Charles Fisch, M.D., Indiana University School of Medicine, Indianapolis.)*

34 yo man with widespread ST-T changes

Braunwald's Heart Disease, 8<sup>th</sup> ed. 2008. p. 2146.

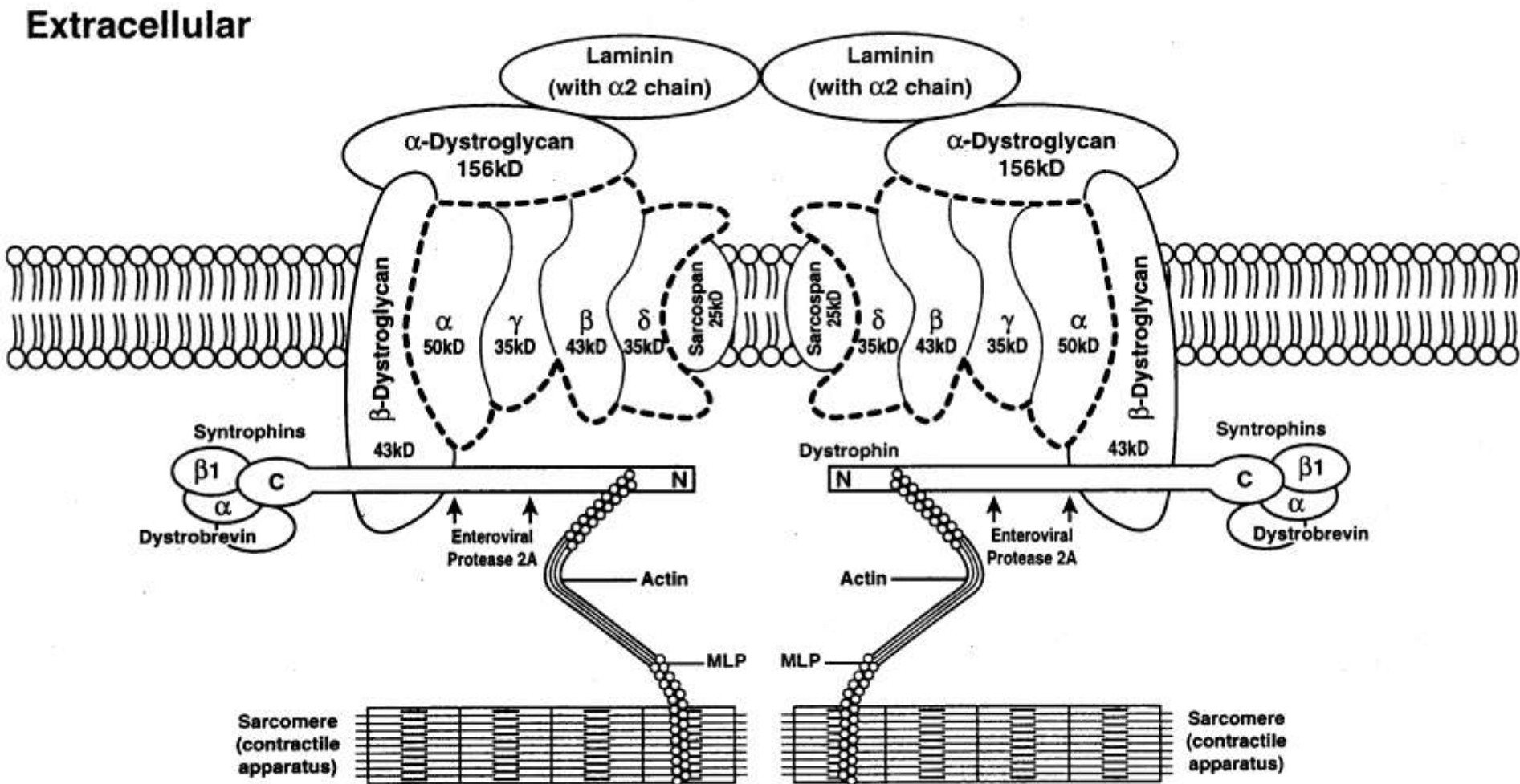
# Friedrich's Ataxia

- Treatment: idebenone therapy (a free radical scavenger) may be helpful, may decrease wall thickness, and may improve EF if depressed, does not appear to improve neurological outcomes
- Death usually from neurologic respiratory failure or infection in 30s or 40s.

# Dilated Cardiomyopathies

- Idiopathic dilated cardiomyopathy
- X-Linked dilated cardiomyopathy
- X-Linked cardioskeletal myopathy (Barth Syndrome)
- Familial arrhythmogenic RV dysplasia

# Cytoskeletal Proteins Involved in DCM





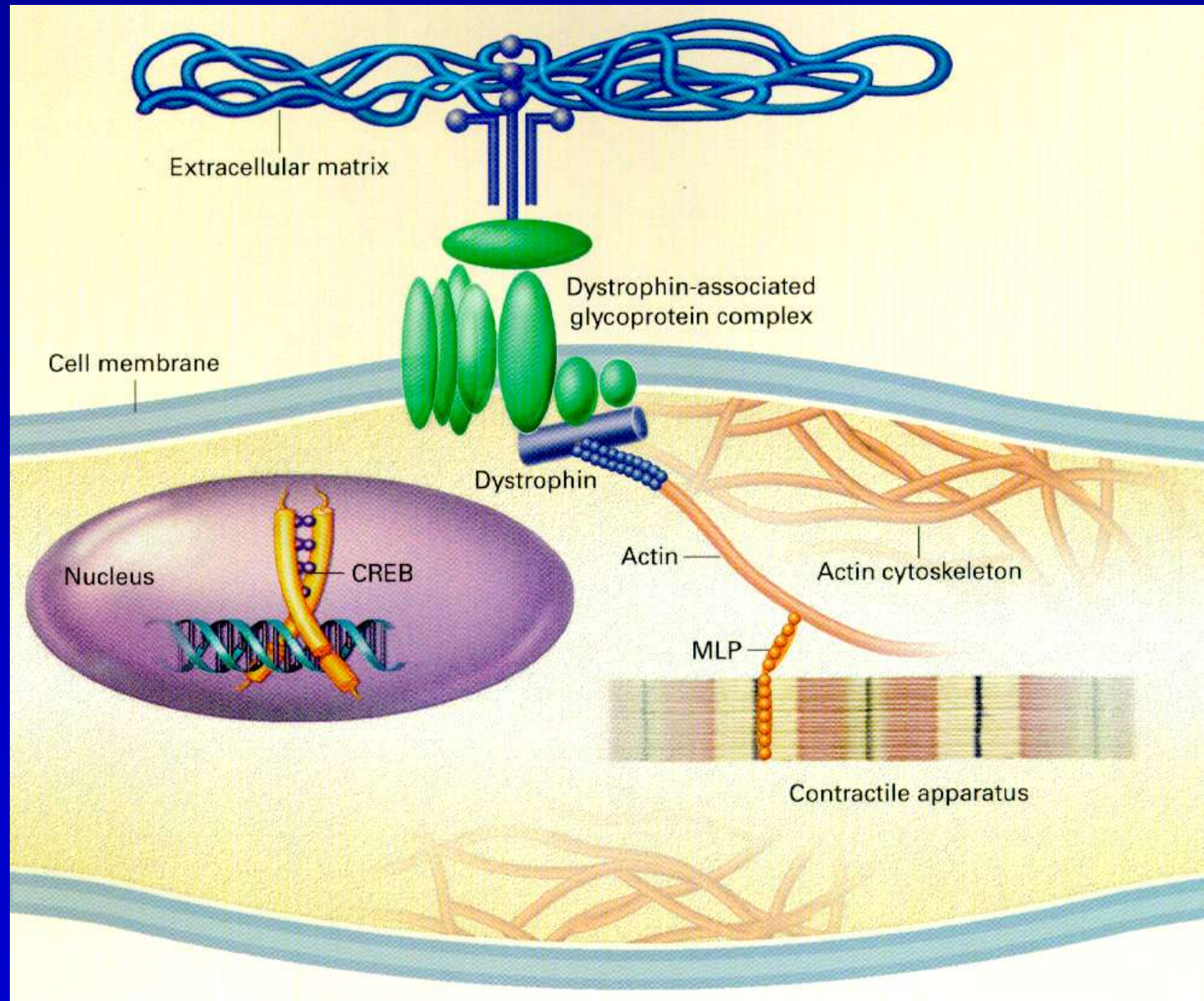
# Cytoskeletal Proteins Involved in DCM

MLP(CRP-3):  
muscle LIM protein,  
regulates muscle  
differentiation. 2  
adjacent Zinc  
fingers, dimerize,  
serve both  
mechanical and  
signaling functions

Lin-11, Isl-1, Mec-3,  
insulin binding  
protein and  
regulatory protein

CREB:

Cyclic AMP  
response element  
binding protein, a  
nuclear transcription  
factor



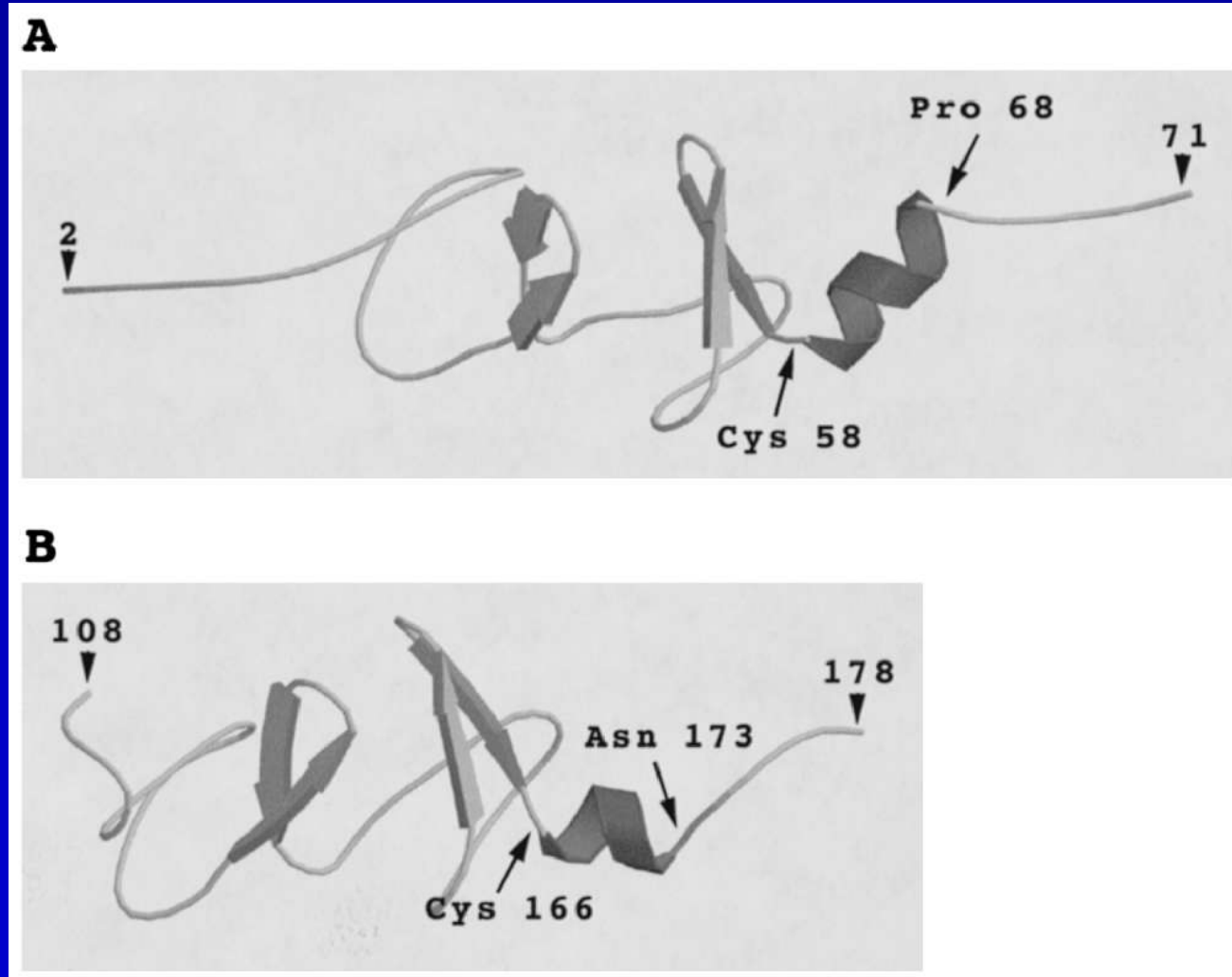
# Cysteine-Rich Protein (CRP1)

A: N terminal

B: C terminal

Residue 65 is largely responsible for alpha-actinin binding, and alpha-actinin is a cross-linker of cytoskeletal actin

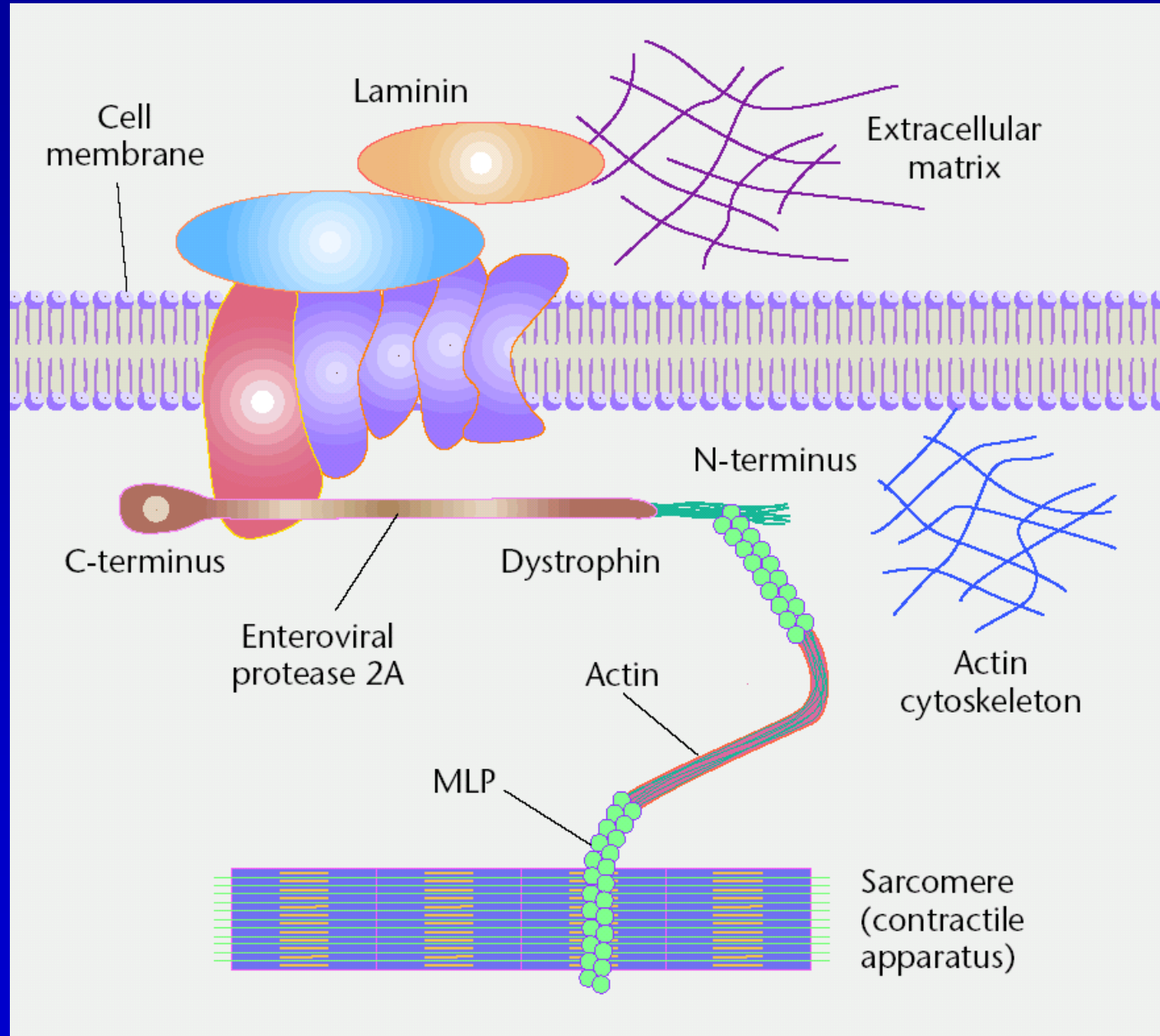
Harper BD et al.  
Biochemical J.  
2000; 350:269.



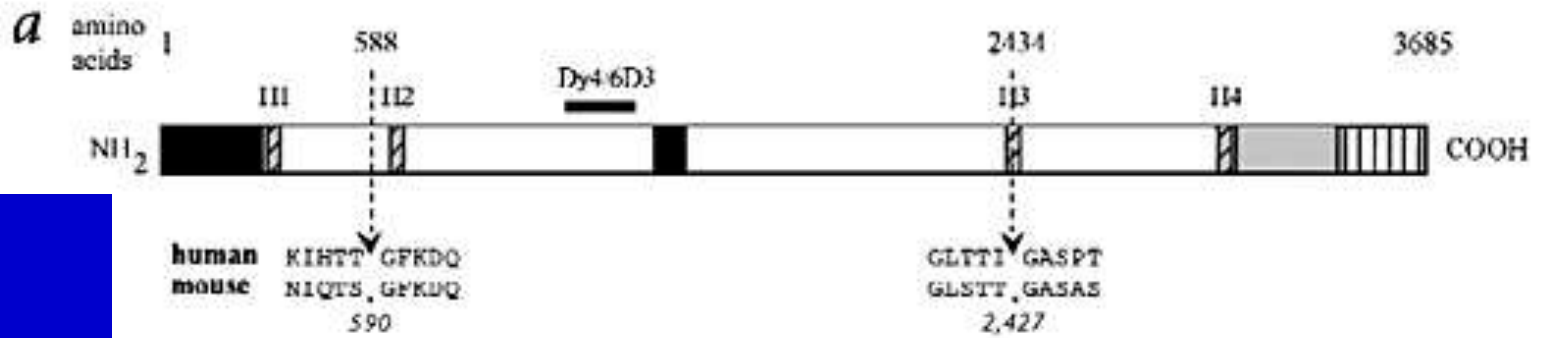


# Cytoskeletal Proteins Involved in DCM

MLP –  
muscle LIM  
protein



Nature Med  
1999;5:267



## Dystrophin

427 kDa

Black – actin-binding domains

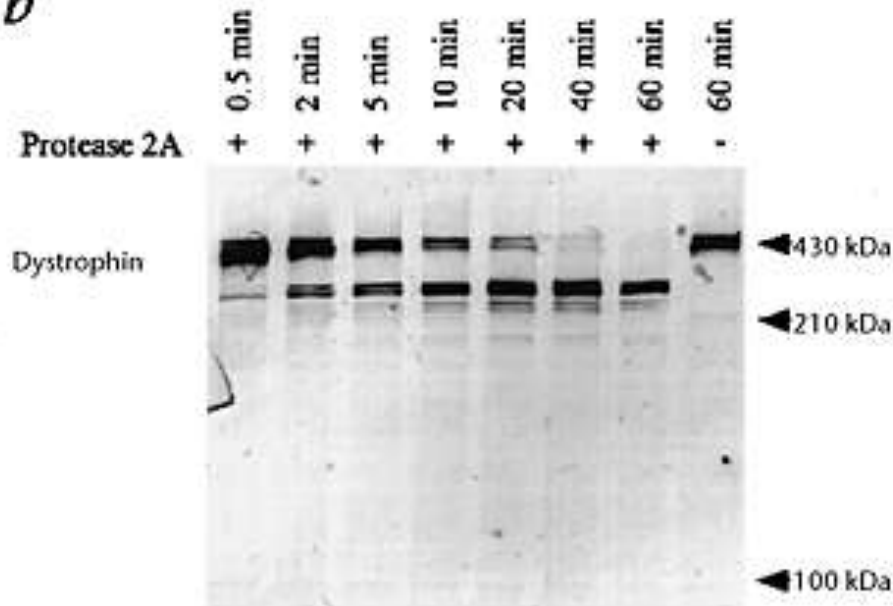
White – rod domain with spectrin-like repeats

Gray – Carboxy terminal domain bind dysglycogen, along with cysteine-rich

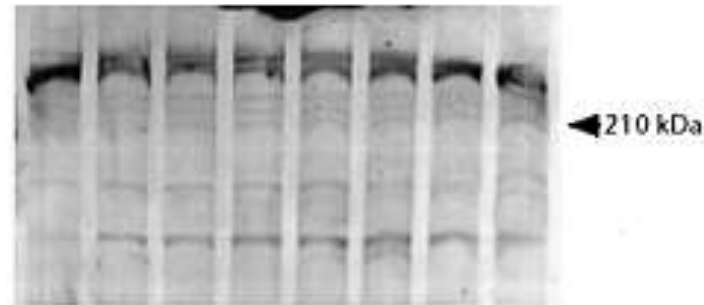
H1-H4 – hinge segments available to proteolytic cleavage

Badorff C et al.  
Nature Med  
1999;5:320

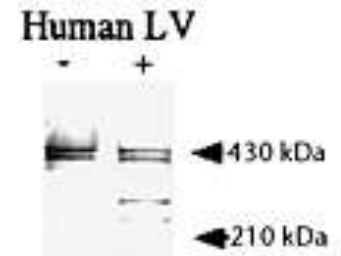
**b**

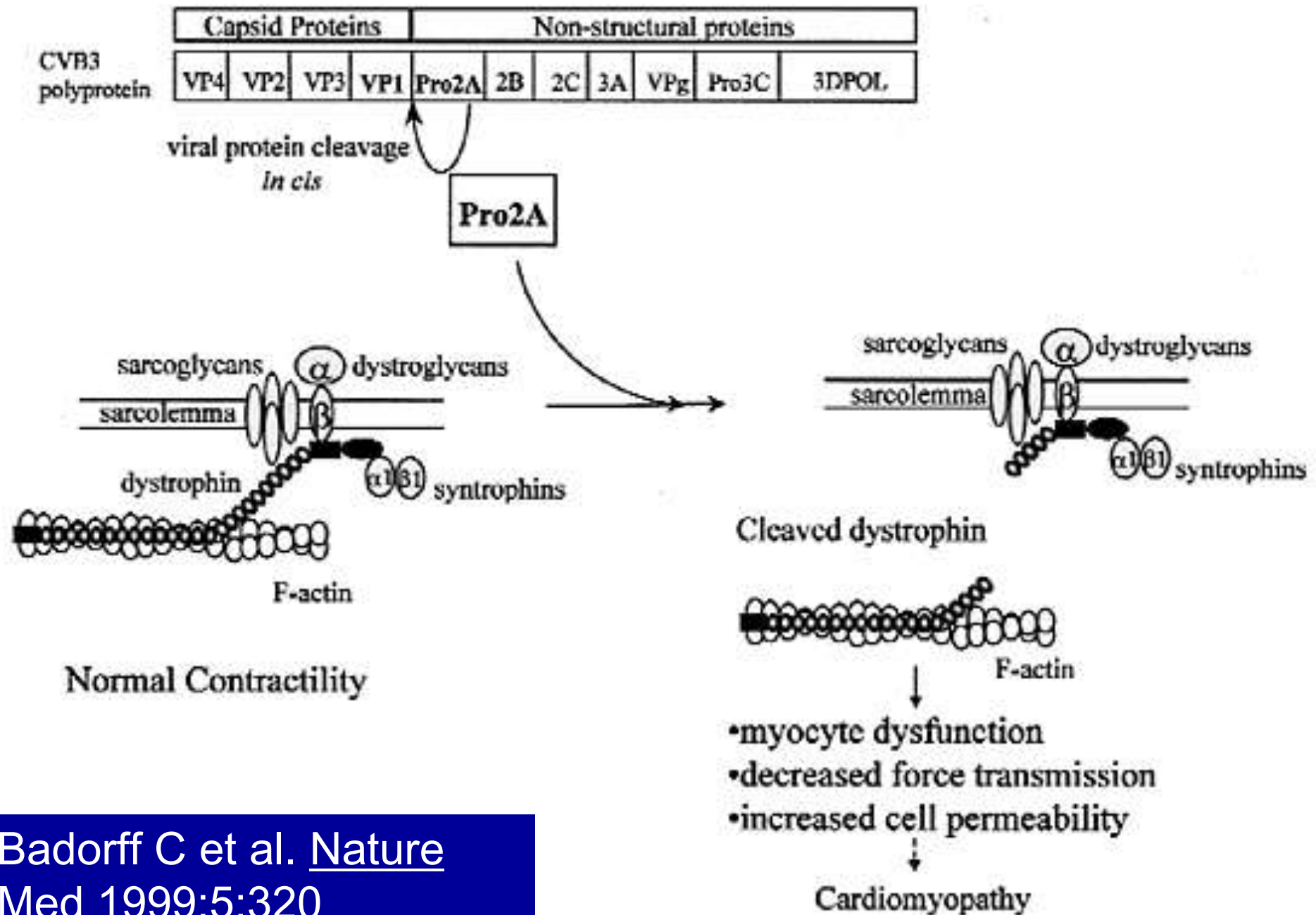


Utrophin



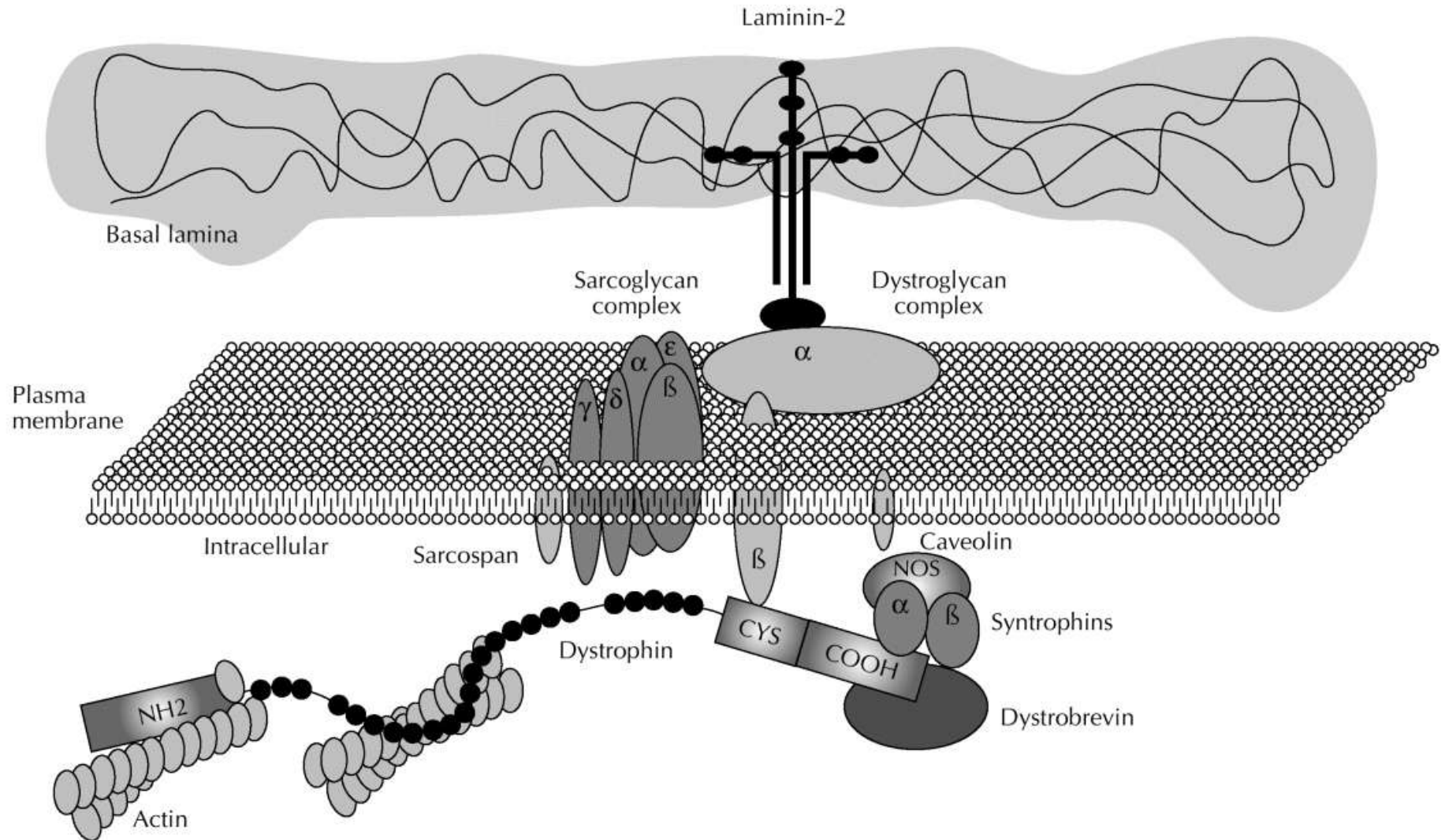
**c**





Badorff C et al. Nature Med 1999;5:320

Curr Opin Cardiol. May 2001;16:211-17



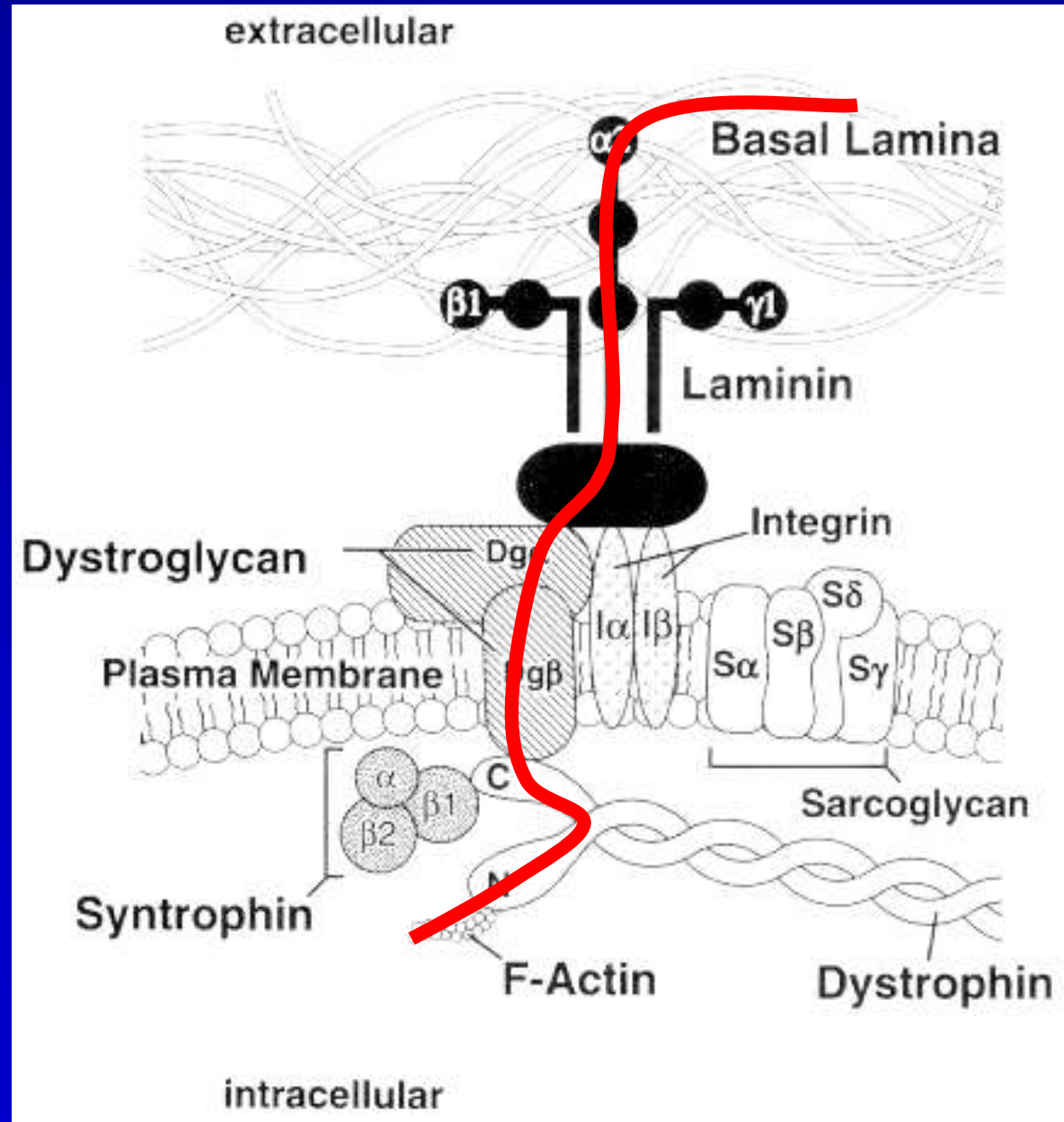


# Dystrophin Glycoprotein Complex

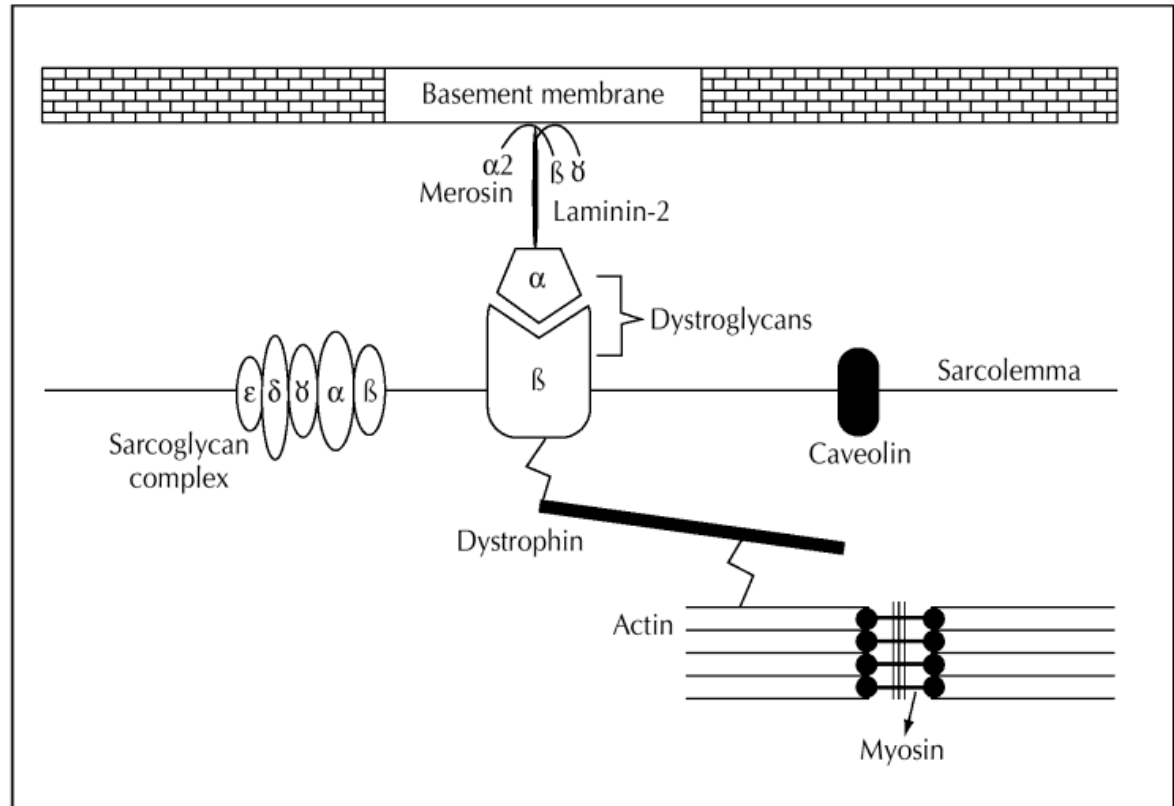
## Basal Lamina:

collagen types I and IV,  
heparin sulfate  
proteoglycan, entactin,  
fibronectin, and laminin.

*Laminin* is a heterotrimer composed of alpha, beta, and gamma chains held together by disulfide bonds. *Merosin* is the collective name for laminins that share a common alpha2 chain. alpha-Dystroglycan binds to laminin



# Dystrophin Glycoprotein Complex





# Familial DCM

- Accounts for 30% of idiopathic DCM
- Gene defects
  - Lamin A/C, esp A, on Chromosome 1 (like Emery-Dreyfuss muscular dystrophy), structural protein of nuclear membrane
  - Actin (located in domain that is immobilized and attached to the Z-band or intercalated disc, transmitting, not generating force)
  - Desmin (protein transmits force and other signals to the cytoplasm and nucleus from the sarcomere – it spans from Z-band to nuclear membrane and elsewhere)
  - Dystrophin (in Duchenne muscular dystrophy, intracellular)
  - Alpha dystroglycan on the extracellular surface
  - Alpha-sarcoglycan in the membrane

# Hereditary DCM

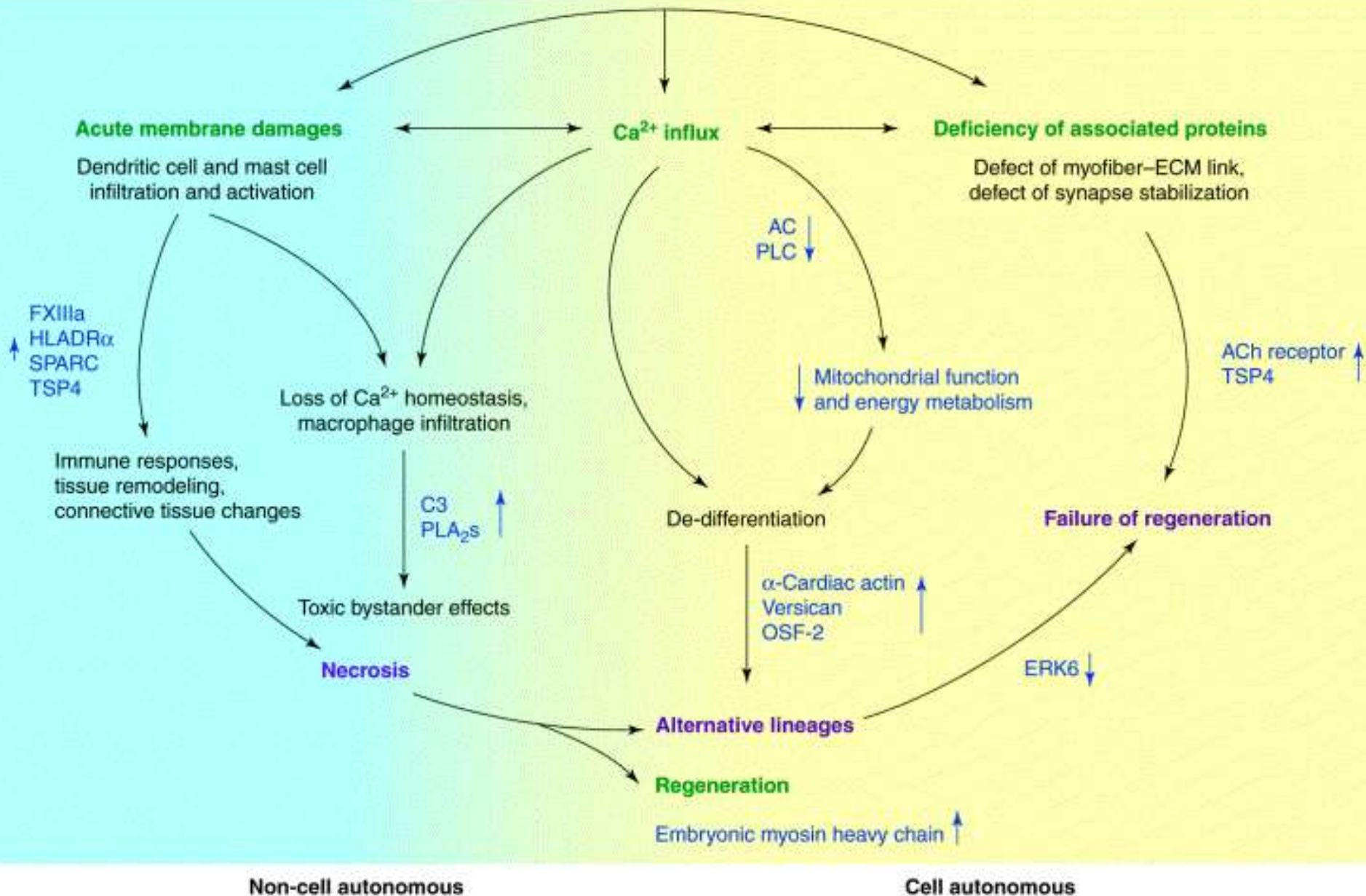
TABLE 64-5 List of Molecular Defects in Familial Dilated Cardiomyopathy (FDC)		
Gene	Protein	Function
<b>Autosomal Dominant FDC</b>		
<b>Phenotype</b>		
<i>ACTC</i>	Cardiac actin	sarcomeric protein; muscle contraction
<i>DES</i>	Desmin	dystrophin-associated glycoprotein complex; transduces contractile forces
<i>SGCD</i>	$\delta$ -Sarcoglycan	dystrophin-associated glycoprotein complex; transduces contractile forces
<i>MYH7</i>	$\beta$ -Myosin heavy chain	sarcomeric protein; muscle contraction
<i>TNNT2</i>	Cardiac troponin T	sarcomeric protein; muscle contraction
<i>TPM1</i>	$\alpha$ -Tropomyosin	sarcomeric protein; muscle contraction
<i>TTN</i>	Titin	sarcomere structure/extensible scaffold for other proteins
<i>VCL</i>	Metavinculin	sarcomere structure; intercalated discs
<i>MYBPC</i>	Myosin-binding protein C	sarcomeric protein; muscle contraction
<i>MLP/CSRP3</i>	Muscle LIM protein	sarcomere stretch; sensor/Z discs
<i>ACTN2</i>	$\alpha$ -Actinin-2	sarcomere structure; anchor for myofibrillar actin
<i>PLN</i>	Phospholamban	sarcoplasmic reticulum $\text{Ca}^{2+}$ regulator; inhibits SERCA2 pump
<i>ZASP/LBD3</i>	Cypher/LIM binding domain 3	cytoskeletal assembly; involved in targeting and clustering of membrane proteins
<i>MYH6</i>	$\alpha$ -Myosin heavy chain	sarcomeric protein; muscle contraction
<i>ABCC</i>	SUR2A	regulatory subunit of Kir6.2, an inwardly rectifying cardiac $\text{K}_{\text{ATP}}$ channel
<i>LMNA</i>	Lamin A/C	inner leaflet, nuclear membrane protein; confers stability to nuclear membrane; gene expression
<b>X-linked FDC</b>		
<i>DMD</i>	Dystrophin	primary component of dystrophin-associated glycoprotein complex; transduces contractile force
<i>TAZ/G4.5</i>	Tafazzin	unknown
<b>Recessive FDC</b>		
<i>TNNI3</i>	cardiac troponin I	sarcomeric protein, muscle contraction

Derived from Burkett EL, Hershberger RE: Clinical and genetic issues in familial dilated cardiomyopathy. J Am Coll Cardiol 45:969, 2005. Copyright 2005, American College of Cardiology.

(Derived from Burkett EL, Hershberger RE: Clinical and genetic issues in familial dilated cardiomyopathy. J Am Coll Cardiol 45:969, 2005. Copyright 2005, American College of Cardiology.)

Sep 2001

### Dystrophin deficiency and $\alpha$ -sarcoglycan deficiency



# Limb-Girdle Dystrophies

Type	Protein product	Genetic loci	Age at onset	Unique features
IA	Myotilin	5q31	18–35 y	Dysarthria
IB	?	1q11–21	4–38 y	Cardiac involvement
IC	Caveolin 3	3q25	~ 5 y	Cramping, calf hypertrophy
IIA	Calpain-3	15q15.1–15.3	2nd decade	Shoulder girdle atrophy
IIB	Dysferlin	2p13	Late teens	Markedly elevated CPK
IIC	γ-Sarcoglycan	13q13	3–15 y	Asymptomatic scapular winging, calf hypertrophy
IID	α-Sarcoglycan	17q12–21.33	3–15 y	Same as γ-sarcoglycan
IIE	β-Sarcoglycan	4q12	Mean, 7.6 y	Early loss of ambulation
IIF	δ-Sarcoglycan	5q33–34	4–10 y	Cardiomyopathy
IIG	Telethonin	17q11–12	2nd decade	Proximal upper extremities more involved, rimmed vacuoles
IIH	?	9q31–33	8–27 y	Facial muscle weakness

CPK, creatine phosphokinase.

# X-Linked DCM (XLCM)

- Worse in men, fibrosis worst in posterior wall
- Dystrophin locus at Xp21 (same gene as for Duchenne and Becker muscular dystrophy), with defect at N-terminal end and rod portion, and also alpha dystroglycan was reduced
- Destabilization of muscle membrane
- CHF, ventricular arrhythmias, transplant

# X-Linked Cardioskeletal Myopathy

- Barth syndrome
- Recessive: DCM with endocardial fibroelastosis, neutropenia, skeletal myopathy
- Males die in infancy, females unaffected
- Mitochondrial problems, locus Xq28, gene G4.5, protein tafazzin (function unclear), also causes isolated LV noncompaction and dilated HCM



# Familial Arrhythmogenic RV Dysplasia (ARVD)

- Often the first symptom is SCD
- There is no definitive diagnostic standard, RV biopsy often false negative (abnormality moves from epicardium to endocardium)
- No common gene (chromosomes 1, 2, 14, 17, 3, 10 implicated in different families)
- MRI and Echo and ECG (T inversion in V1-3, late potentials, ventricular arrhythmia with LBBB pattern) helpful in diagnosis

# Restrictive Cardiomyopathies

- Most common is amyloid, mutations in the transthyretin gene and protein
  - Mucopolysaccharidoses
    - 7 types
      - Hurler's Syndrome
      - Hunter's Syndrome
      - Morquio's Disease
      - Maroteaux-Lamy Disease
- Subsequent slides
- deficient in lysosomal enzymes that degrade glycosaminoglycans, leading to their accumulation
  - Multiple system involvement
  - Diagnose by culturing skin fibroblasts or leukocytes and assessing enzyme activity

# Amyloid Heart Disease

- An infiltrative disease, along with sarcoid and Gaucher's
- Group of diseases with beta-pleated sheet extracellular protein deposit (insoluble, impervious to proteolytic digestion)
  - Primary systemic (AL): monoclonal immunoglobulin spike in 80% (MM light chain)
  - Secondary (AA): nonimmunoglobulin (TB, Rheum Arth)
  - Senile
  - Familial (transthyretin, >50-80 mutants), homotetramer 55kDa,

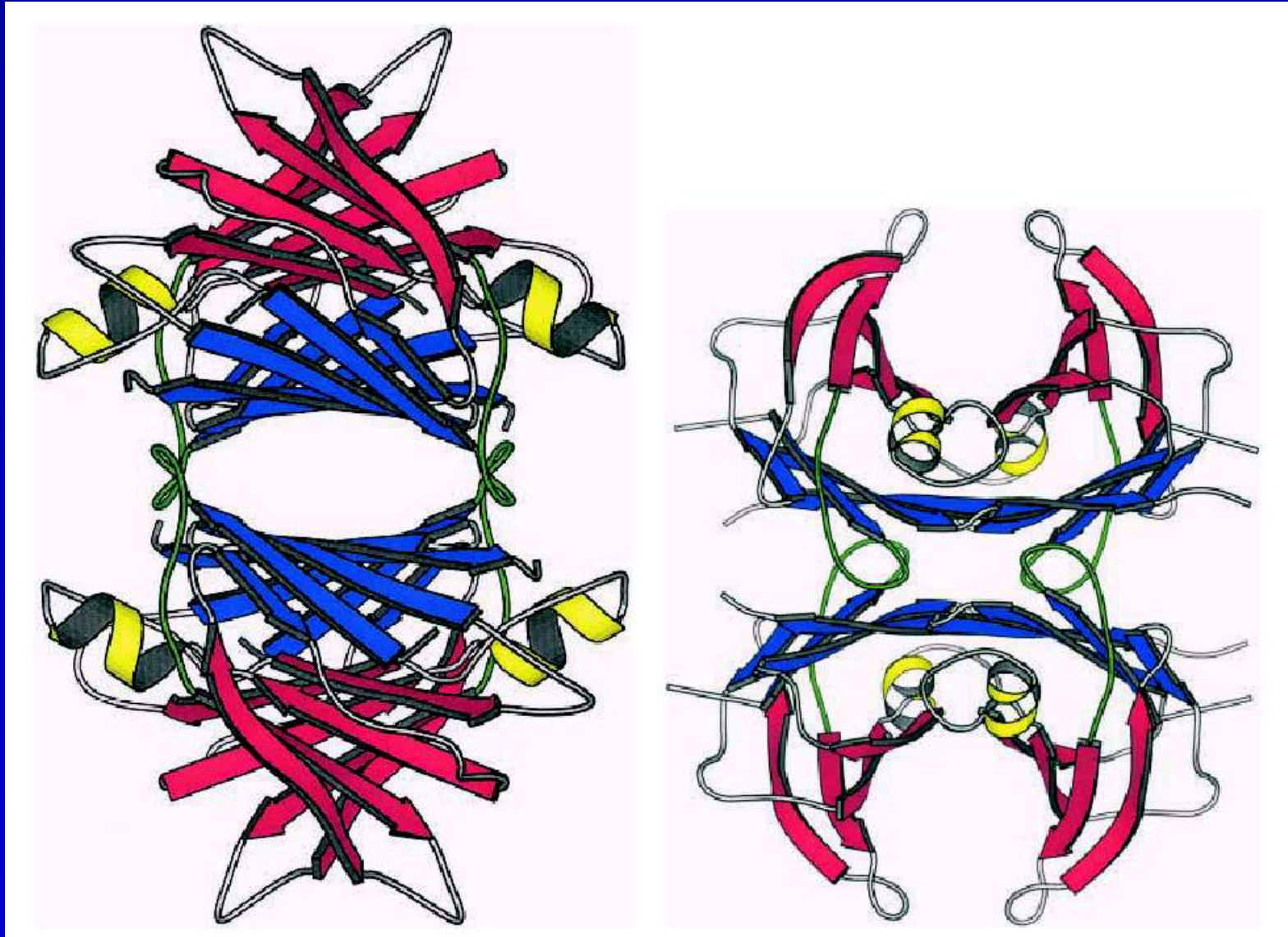
# Human Transthyretin Tetramer

Blue –  
extended  
inner beta  
sheet

Red –  
outer beta  
sheet

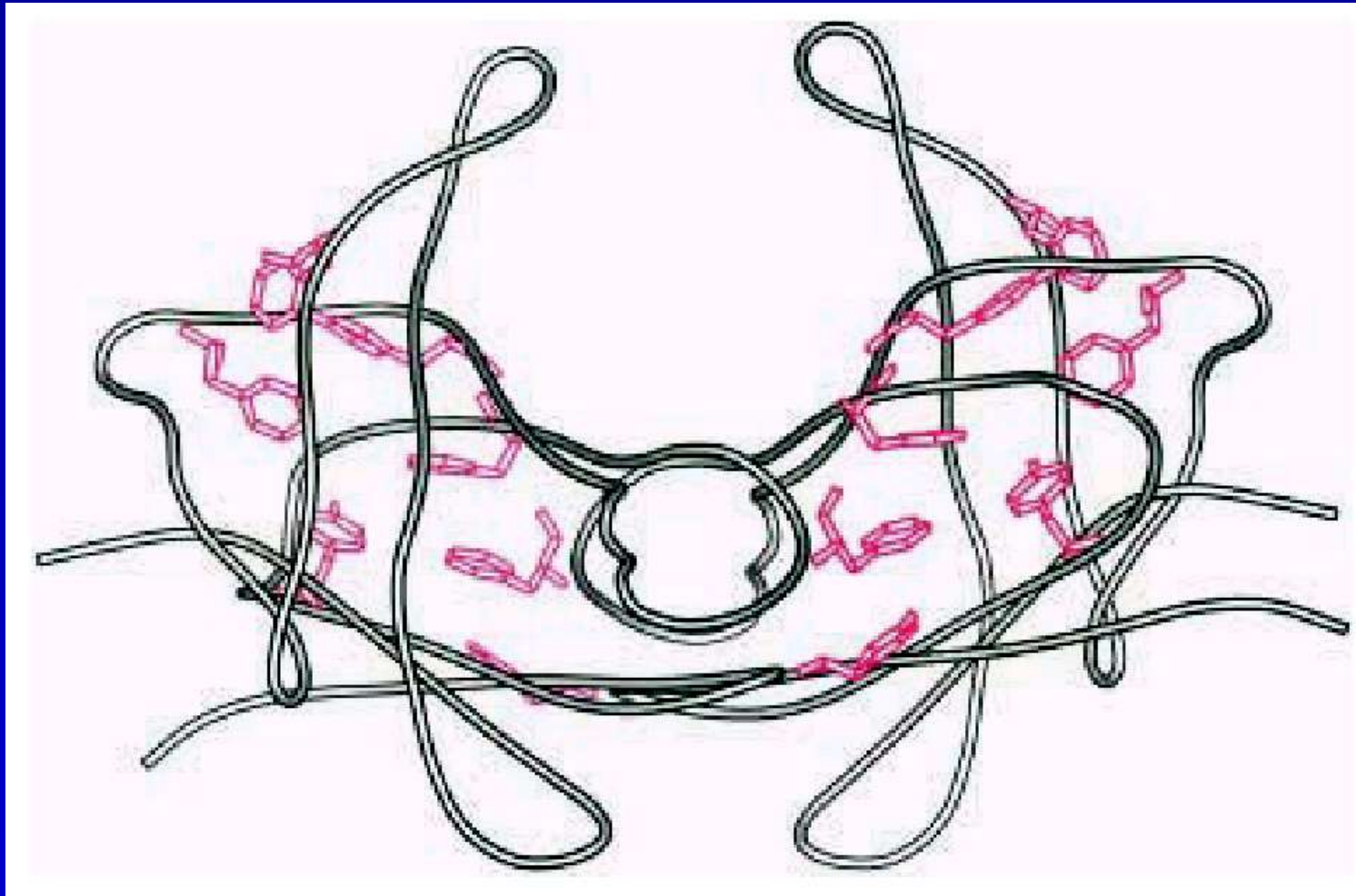
Yellow –  
lone helix

Green –  
loops, that  
contribute  
to the  
tetramer  
formation



# Transthyretin Dimer

Red –  
aromatic  
residues  
between the  
extended  
beta-sheets



# Hurler's Syndrome

- MPS-I, autosomal recessive, 22q11, 1:40,000, alpha-iduronidase (IDUA) deficiency – degrades heparan and dermatan sulfate, so these are elevated in urine (mucopolysacchariduria)
- Clinical subtypes:
  - severe (MPS-IH, Hurler, CAD, AS, MR/MS, HCM, EFE, death usually <10yo),
  - intermediate (MPS-IH-S, Hurler-Scheie, onset in teens),
  - mild (MPS-IS, Scheie, AR, nl lifespan)
- Treatment: allogeneic bone marrow transplant



# Hunter's Syndrome

- Xq26-Xq28, 1:30,000, iduronate sulfatase, excess dermatan and heparan sulfate in urine
- MI in childhood, most die before 20yo
- Wide clinical variability, depending on type of genetic mutation

# Morquio's Disease

- MPS-IVA, recessive, 16q24, deficient N-acetyl-galactosamine-6-sulfatase , excess urinary keratan sulfate and chondroitin 6-sulfate
- Prototypical chondroosteodystrophy, spondyloepiphyseal dysplasia, short-trunk dwarfism, normal intelligence
- Cardiac disease in 2<sup>nd</sup> decade, aortic valve disease, regurgitation

# Maroteaux-Lamy Disease

- Syndrome, 5q13-q14, deficient arylsulfatase B, degrades dermatan sulfate and chondroitin 4-sulfate
- DCM and aortic or mitral stenosis or insufficiency
- Variable manifestations, and cardiac manifestations are usually after neurologic problems, usually by adolescence
- Treatment: Bone marrow transplantation

# Muscular Dystrophies with Cardiac Involvement

- Duchenne Muscular Dystrophy (DMD)
- Becker's Muscular Dystrophy (BMD)
- Emery-Dreifuss Muscular Dystrophy (EDMD)
- Myotonic Dystrophy (Steinert's disease)
- Limb-girdle muscular dystrophy (DAG's)
- Fascioscapulohumeral Dystrophy
- Nemaline Myopathy
- Endocardial Fibroelastosis (EFE)

# Duchenne Muscular Dystrophy (DMD) - 1

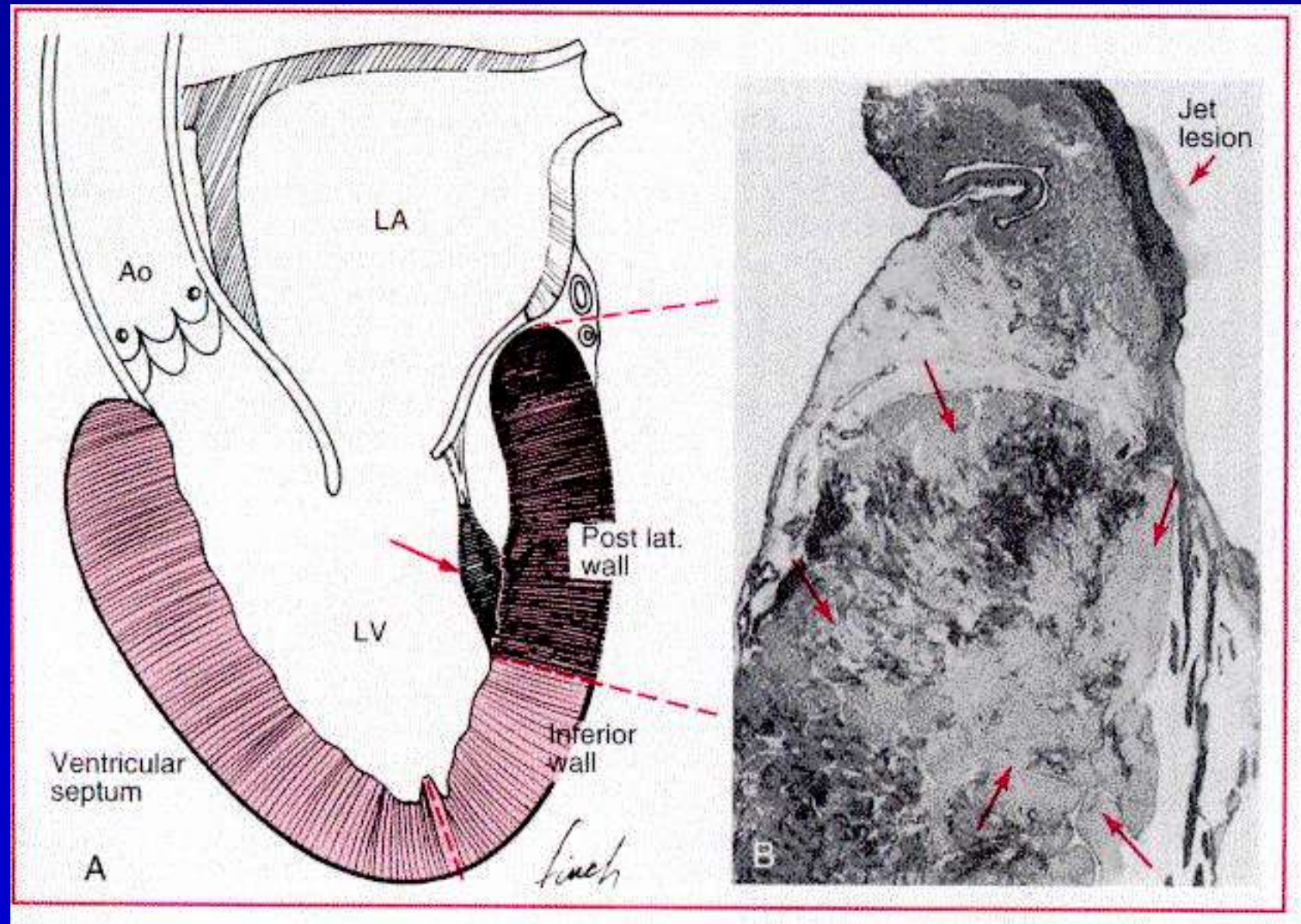
- 1:3,300 male births, 1/3 are spontaneous mutations, pseudohypertrophy calves
- Female carriers may (~8%) have mild or moderate slowly progressive myopathy



# Duchenne Muscular Dystrophy (DMD) - 2

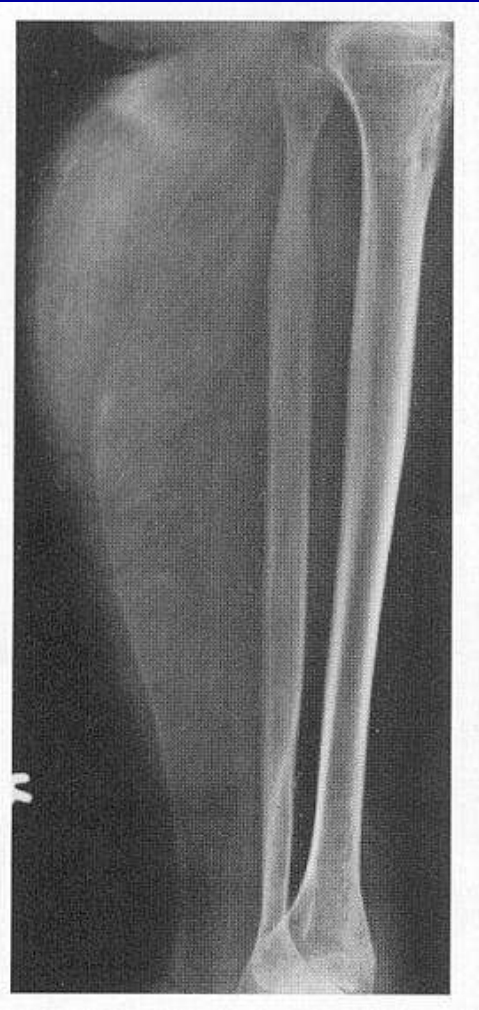
- Heart commonly involved: 25% of deaths are cardiac
  - DCM with fibrosis mainly in posterobasal and lateral walls, mitral prolapse (post-med pap musc dysfunction), and conduction abnormality, large R and R/S in V1, deep narrow Q in lateral leads
  - LAE on ECG may be conduction problem
  - AFB, PFB, atrial flutter, IVCD, pacing not usually necessary

# Duchenne Muscular Dystrophy

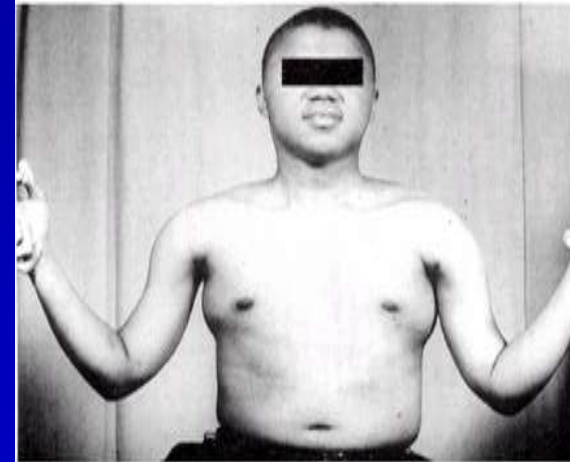
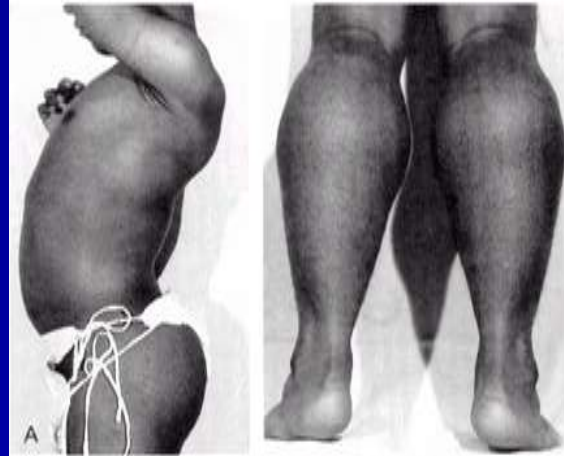


Braunwald fig 71-3, from Perloff. Posterobasal necrosis/fibrosis

# X-linked Duchenne Muscular Dystrophy



- Exaggerated lumbar lordosis
- Calf pseudohypertrophy (fat accum streaky Xray)
- Shortened Achilles tendon
- Hypertrophy/pseudohypertrophy of deltoid and pectoralis major
- Also trapezius

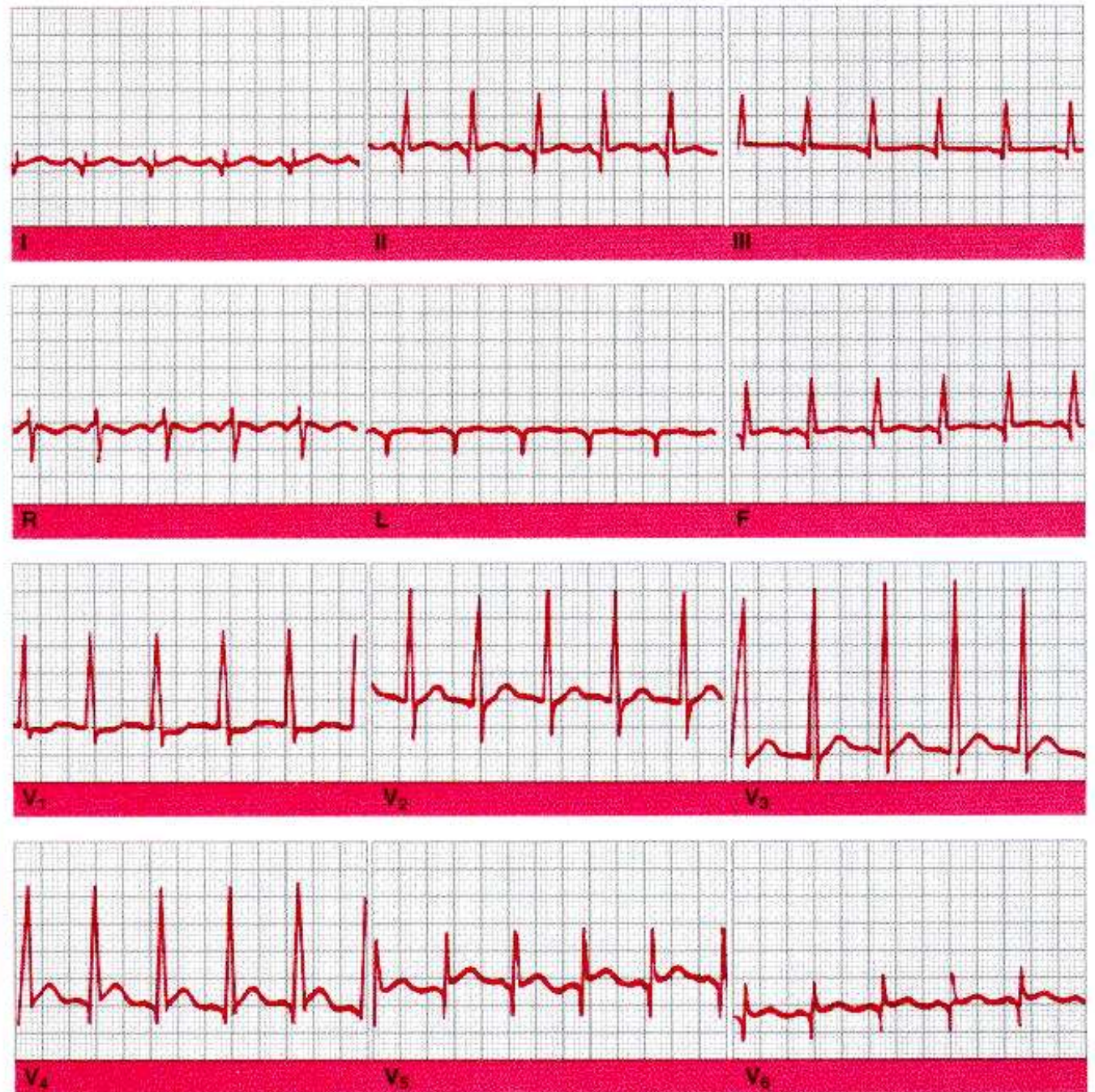




# ECG in DMD

Half of the cardiac deaths are sudden

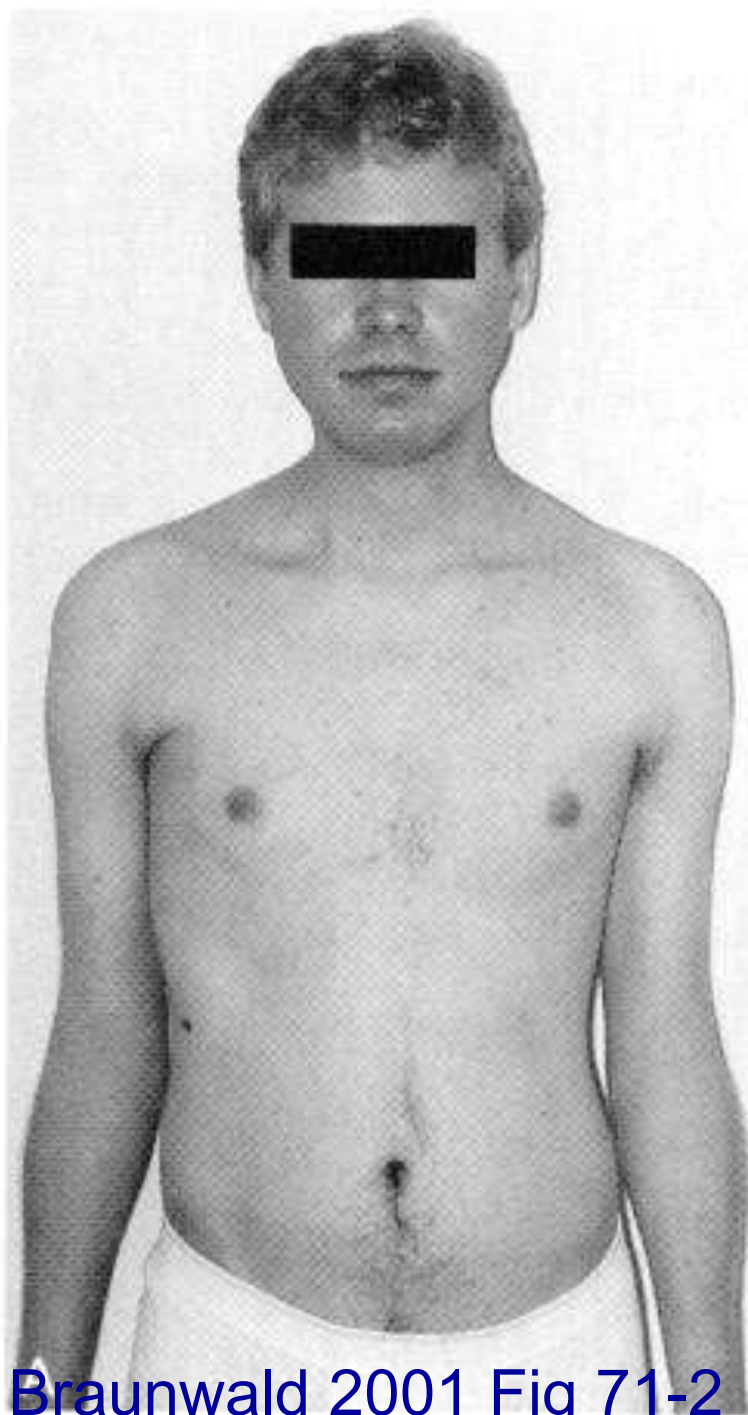
Braunwald 2001, fig 71-4 from Fisch C



# Becker's Muscular Dystrophy (BMD)

- 1:25,000, Dystrophin abnormality like DMD but less severe and later onset, with survival to middle age, muscle abnormality identical pattern to DMD
- Heart involved in 80%, DCM, CHF, conduction abnormalities, MR from annular dilation





Braunwald 2001 Fig 71-2



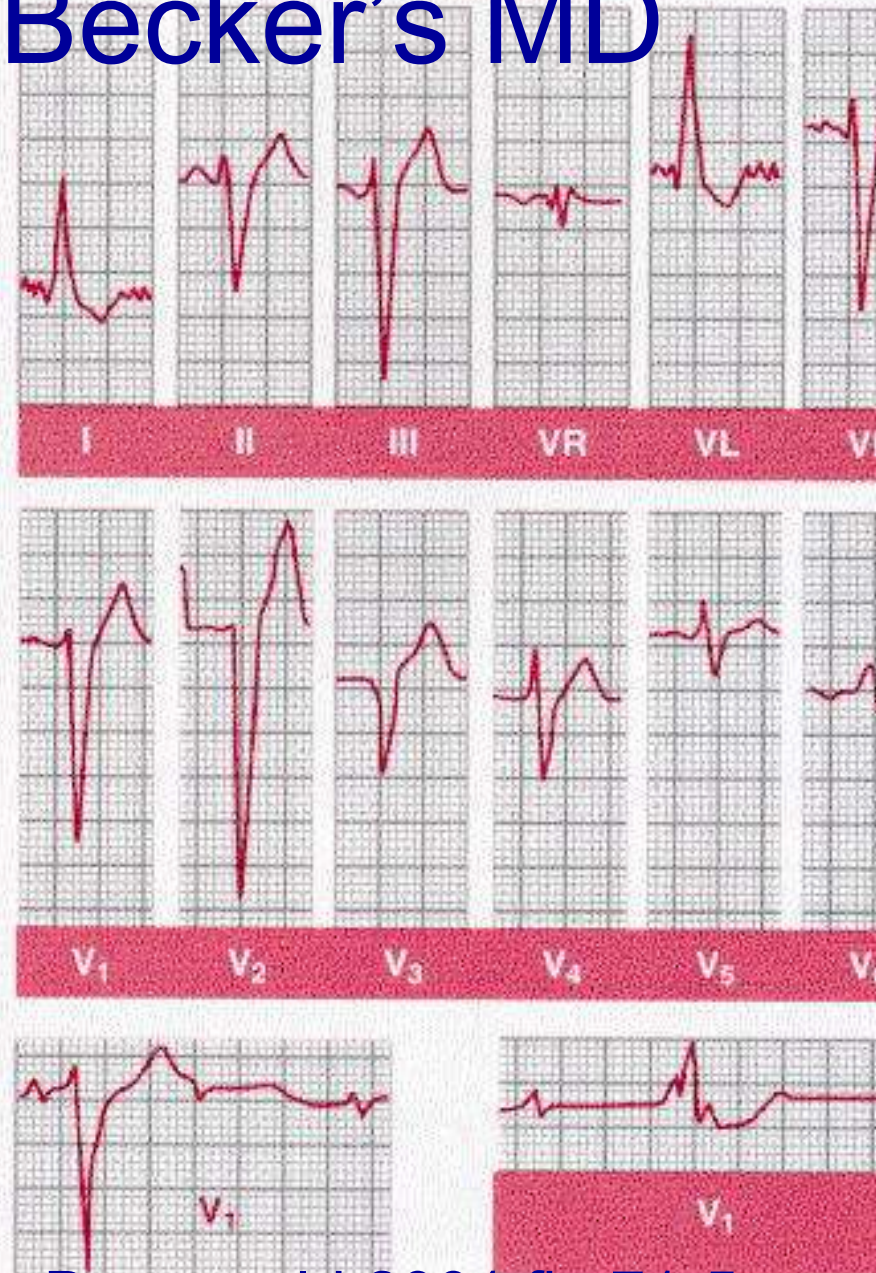
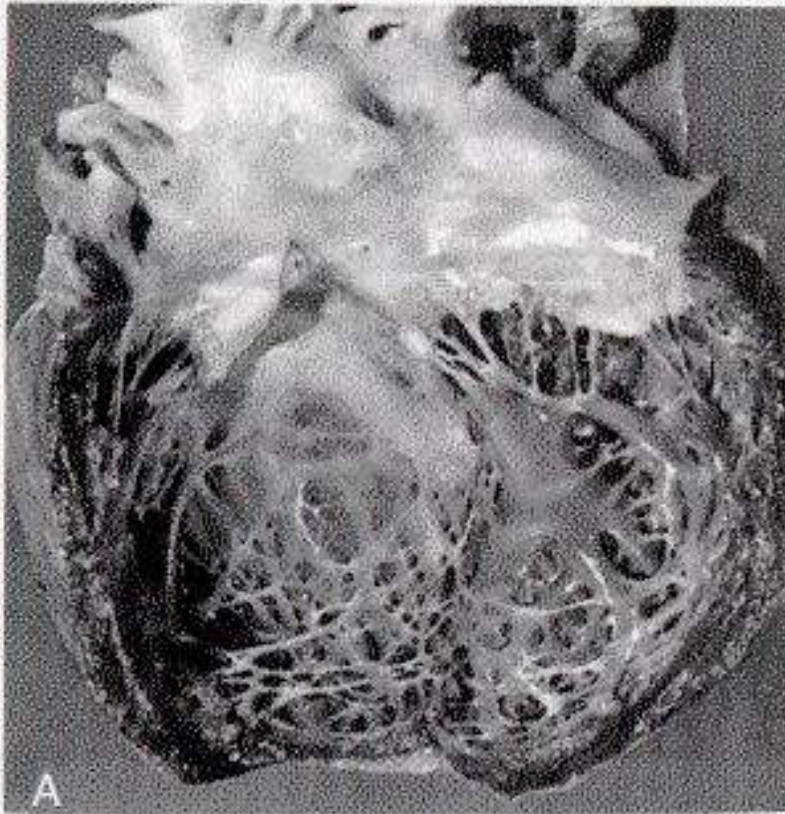
22 yo

**Becker's MD**

B



# Becker's MD



C Braunwald 2001 fig 71-5

# Emery-Dreifuss Muscular Dystrophy (EDMD)

- Xq28 gene that makes emerin, Chromosome 1 defect in lamin A/C; Relatively rare, no pseudohypertrophy, DCM is common, variable severity, AV block, commonly need pacemaker
- Some have DCM and no peripheral disease



# Myotonic Dystrophy (Steinert's Disease, DM) - 1

- 19q13.3 encoding myotonin protein kinase (DMPK), a serine-threonine protein kinase, excessive triplet repeats in the gene of CTG, usually with >100 repeats (CTG expansion size, nl <37) to produce disease
- Most common form of inherited muscular dystrophy in adults (1:8000, more in French Canadians, less in African blacks), autosomal dominant, ties up a CUG-binding protein (CUG-BP), has “anticipation”

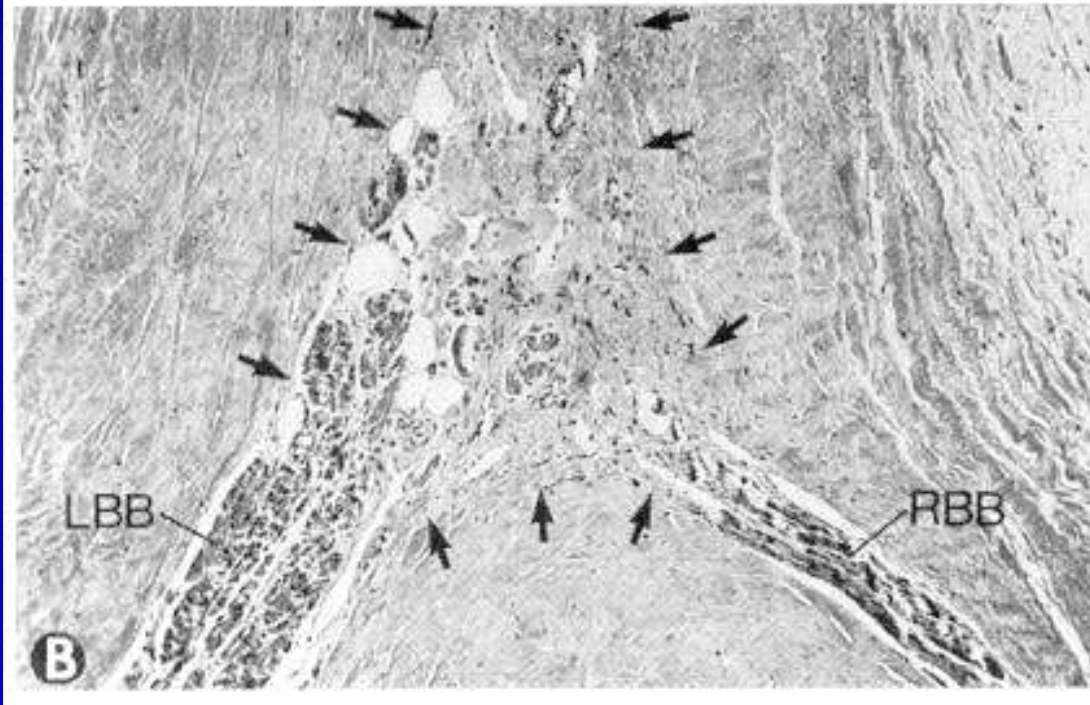
# Myotonic Dystrophy (Steinert's Disease, DM) - 1

- Serious cardiac complications: fibrosis and fatty infiltration, common conduction abnormalities, SCD, bradycardia, prolonged PR and progression to CHB, VD, DCM may occur, less than diastolic dysfunction



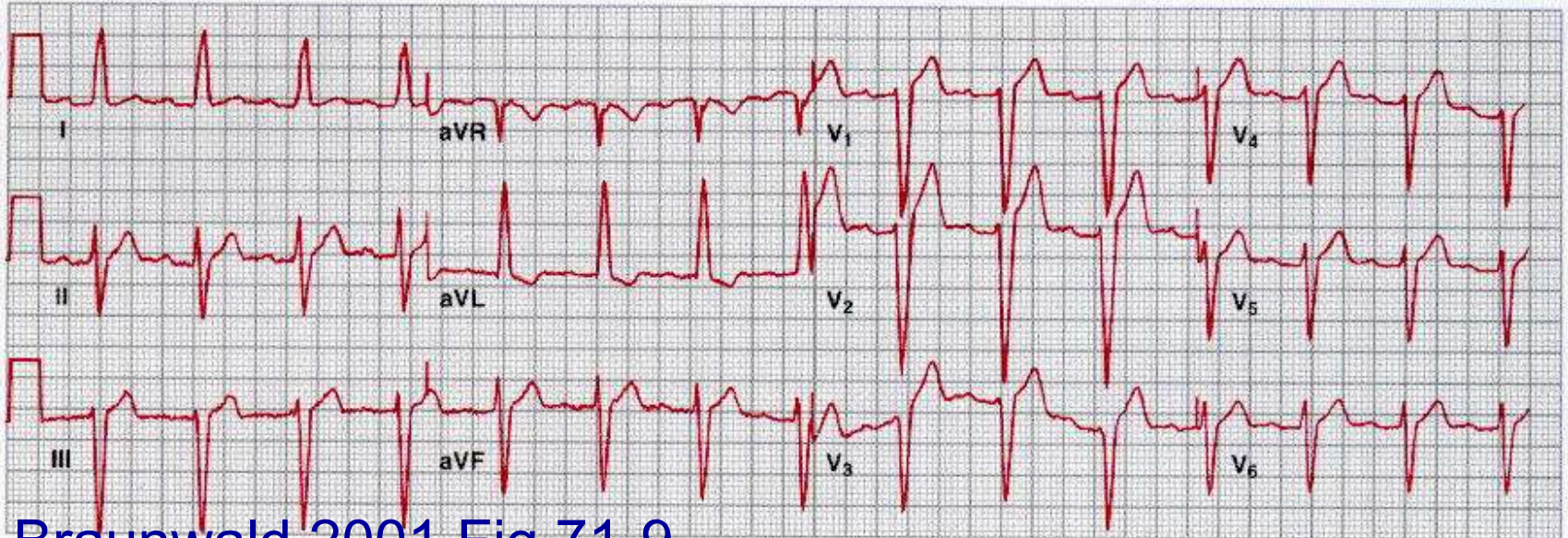
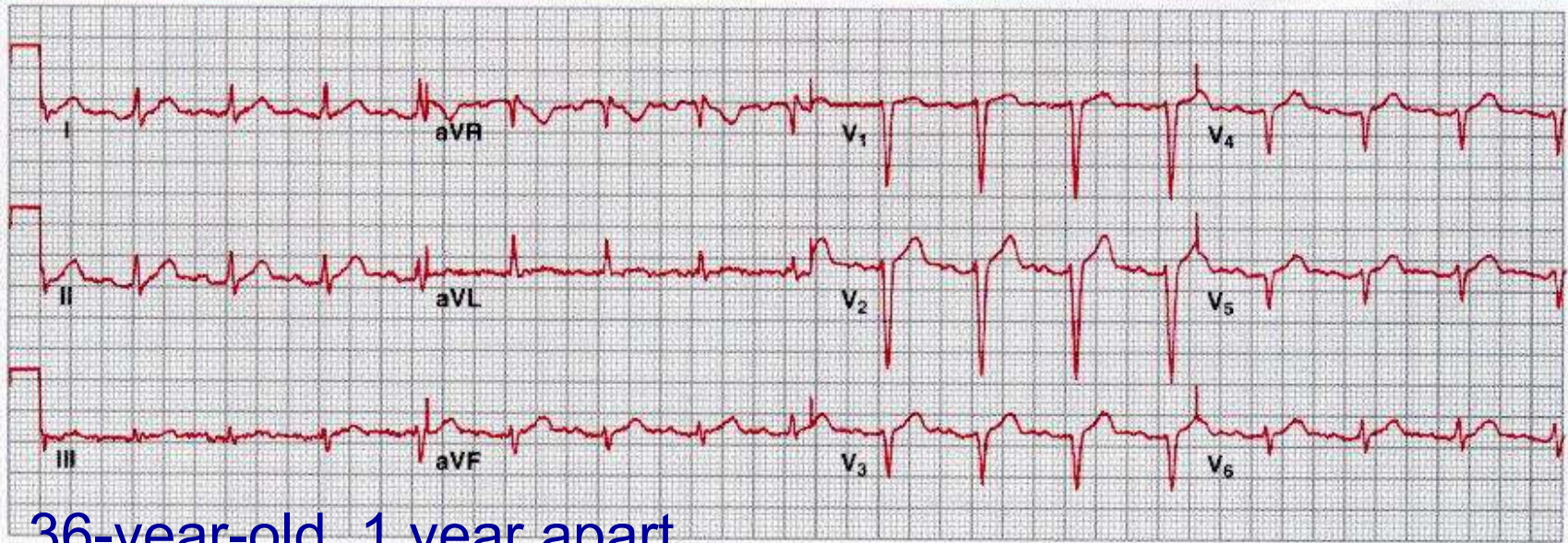
# Myotonic Dystrophy: Histology

- Fatty infiltration of AVN in 57 yo man
- Focal replacement fibrosis and atrophy in 48 yo woman
- Risk of progression of AV block with anesthesia is significant





# Myotonic Dystrophy ECG

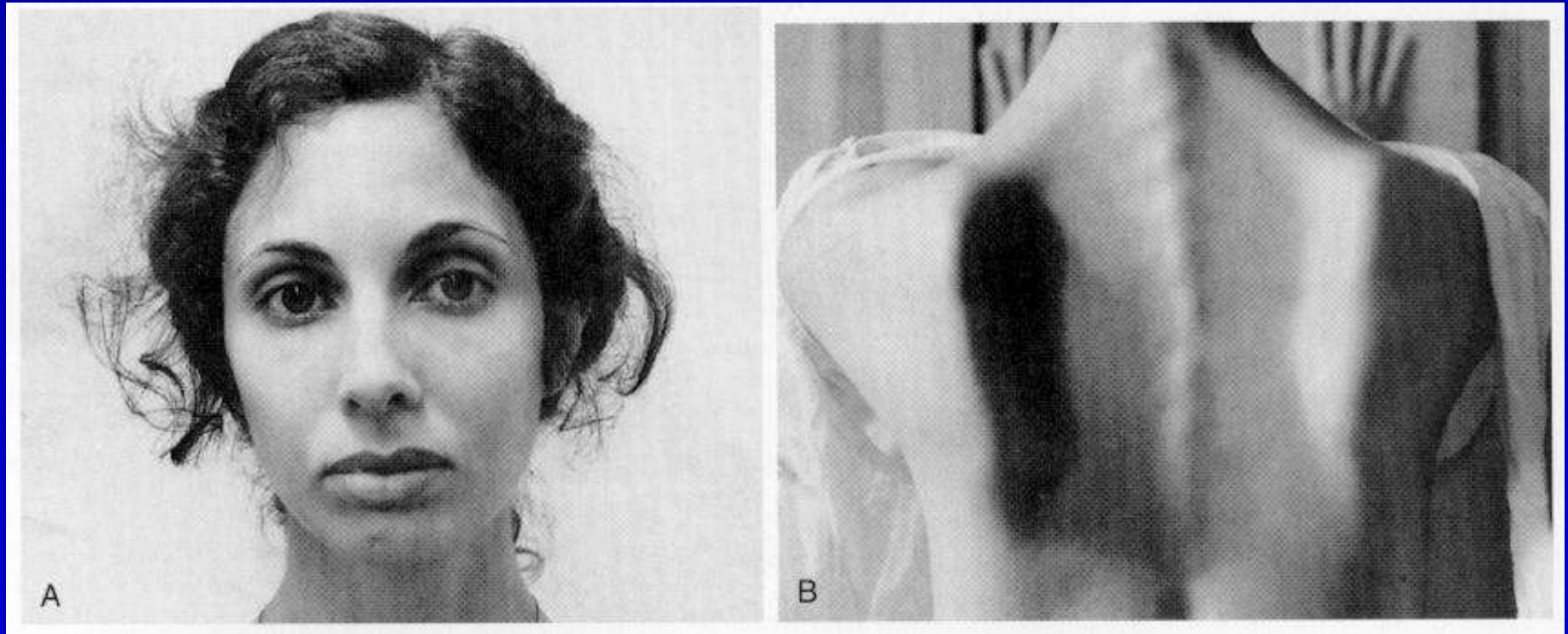


Braunwald 2001 Fig 71-9



# Fascioscapulohumeral Dystrophy

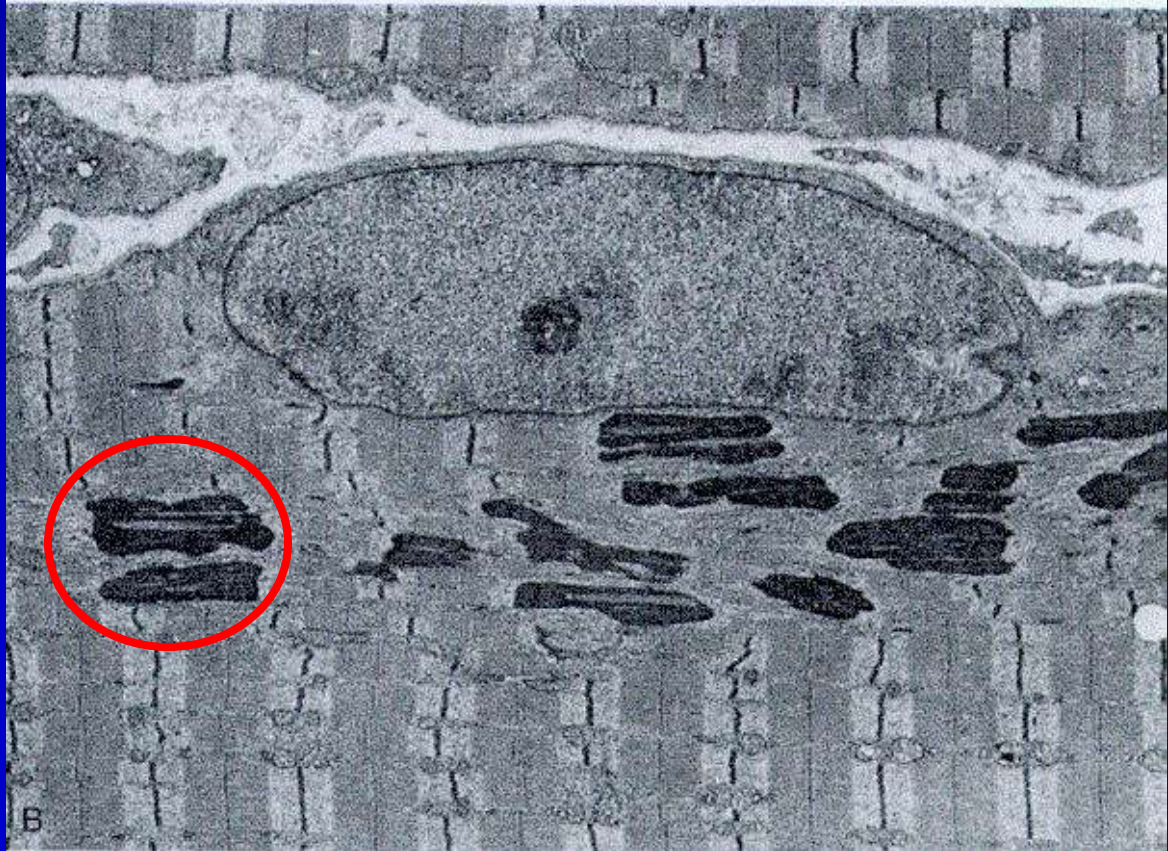
- 4q35, gene unknown, eponym Landouzy-Dejerine MD, 2 clinical types, one autosomal dominant around 10 yo, one is infantile
- Cardiac problems are generally mild. Progressive atrial dysfunction with atrial paralysis (?EDMD), sinus bradycardia, junctional escape rhythm, AV block, and atrium is unresponsive to electrical stimulation, also may have atrial flutter or atrial tachycardia





# Nemaline Myopathy

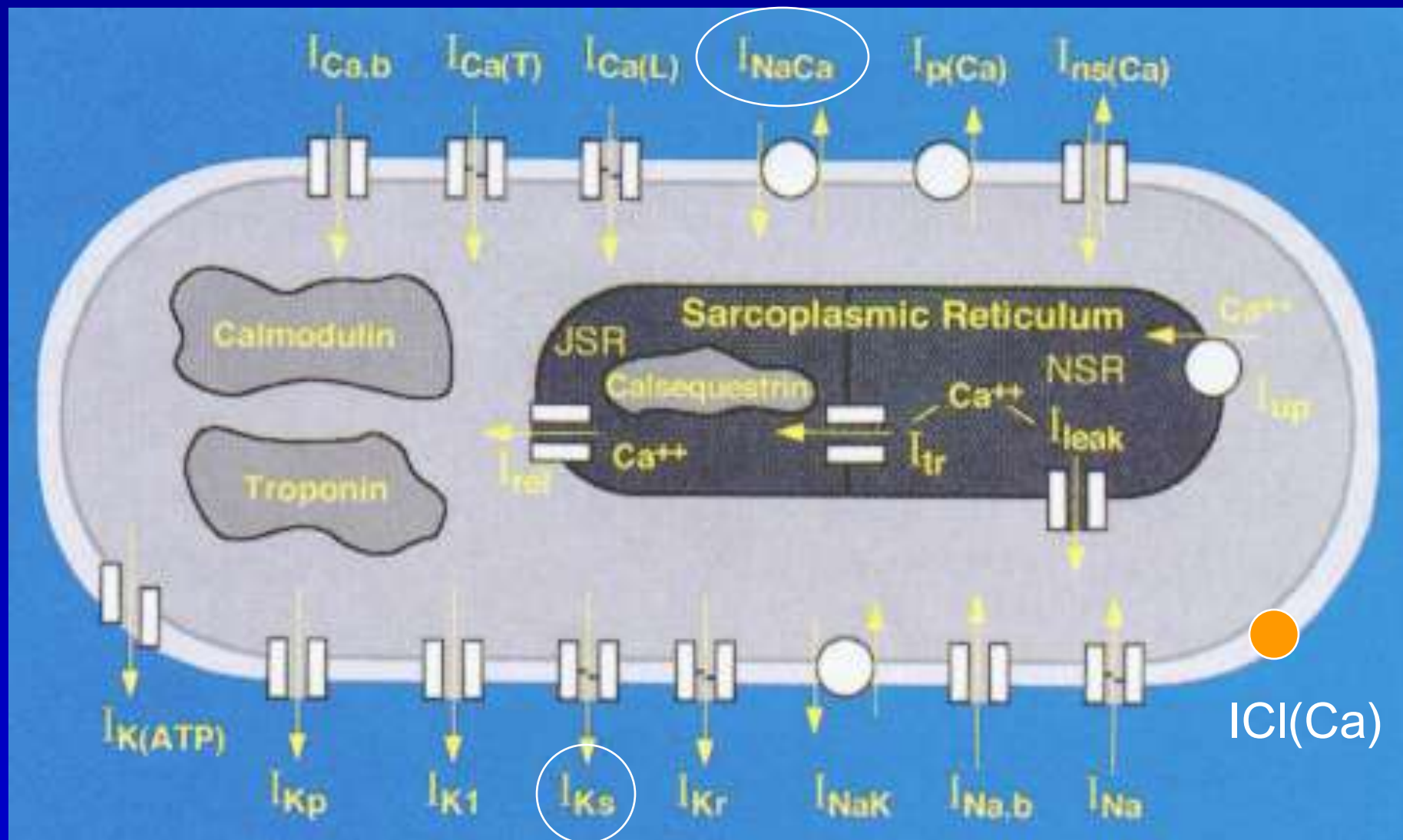
- Probably autosomal dominant, mutation in alpha-actin gene (ACTA1), or TPM3 encoding alpha-tropomyosin slow, or NEB encoding nebulin
- ACTA1 also causes actin myopathy with excessive thin filaments
- Conduction abnormalities and cardiac dilatation are unusual, with nemaline rods in the myocardium
- Z-band material – alpha actinin



# Endocardial Fibroelastosis

- Autosomal dominant or recessive or X-linked, now a rare disease, since MMR vaccination, may have been due to mumps intrauterine





Model of Cardiac Ventricular Cell, with Ion Channels and Pumps  
 Circles indicate beta adrenergic augmentation

Priori SG, et al. Circulation 1999;99:674-81.

## 18 Currents in a Cardiac Ventricular Cell:

$I_{Na}$  indicates fast sodium current;

$I_{Ca(L)}$ , calcium current through L-type calcium channels;

$I_{Ca(T)}$  calcium current through T-type calcium channels;

$I_{Kr}$ , fast component of delayed rectifier potassium current;

$I_{Ks}$ , slow component of delayed rectifier potassium current;

$I_{K1}$ , inward rectifier potassium current;

$I_{Kp}$ , plateau potassium current;

$I_{K(ATP)}$ , ATP-sensitive potassium current;

$I_{NaK}$ , sodium-potassium pump current;

$I_{NaCa}$ , sodium-calcium exchange current;

$I_p(Ca)$ , calcium pump in sarcolemma;

$I_{Na,b}$ , sodium background current;

$I_{Ca,b}$ , calcium background current;

$I_{ns(Ca)}$ , nonspecific calcium-activated current;

$I_{up}$ , calcium uptake from myoplasm to network sarcoplasmic reticulum (NSR);

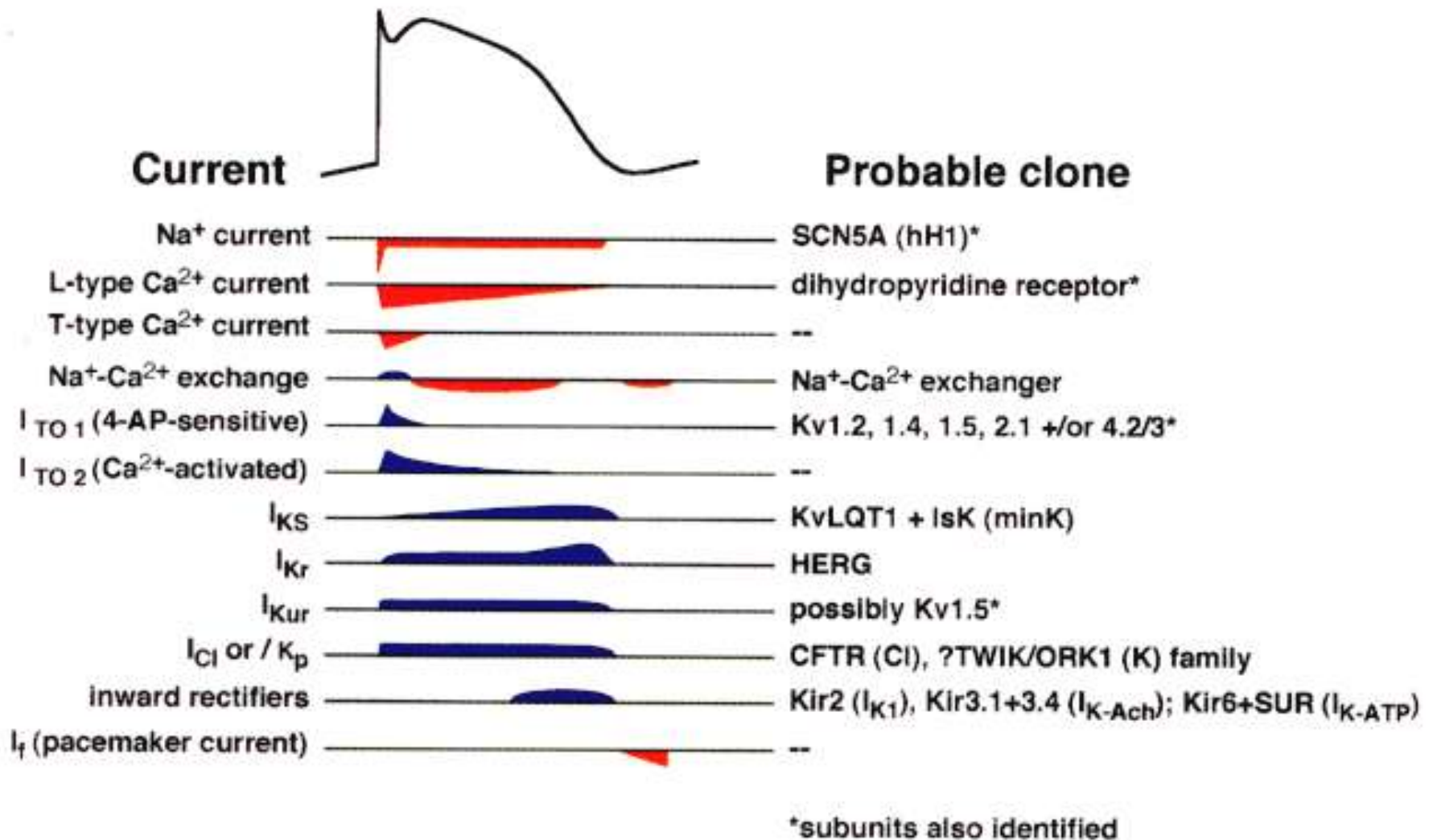
$I_{rel}$ , calcium release from junctional sarcoplasmic reticulum (JSR);

$I_{leak}$ , calcium leakage from NSR to myoplasm; and

$I_{tr}$ , calcium translocation from NSR to JSR.

Calmodulin, troponin, and calsequestrin are calcium buffers.

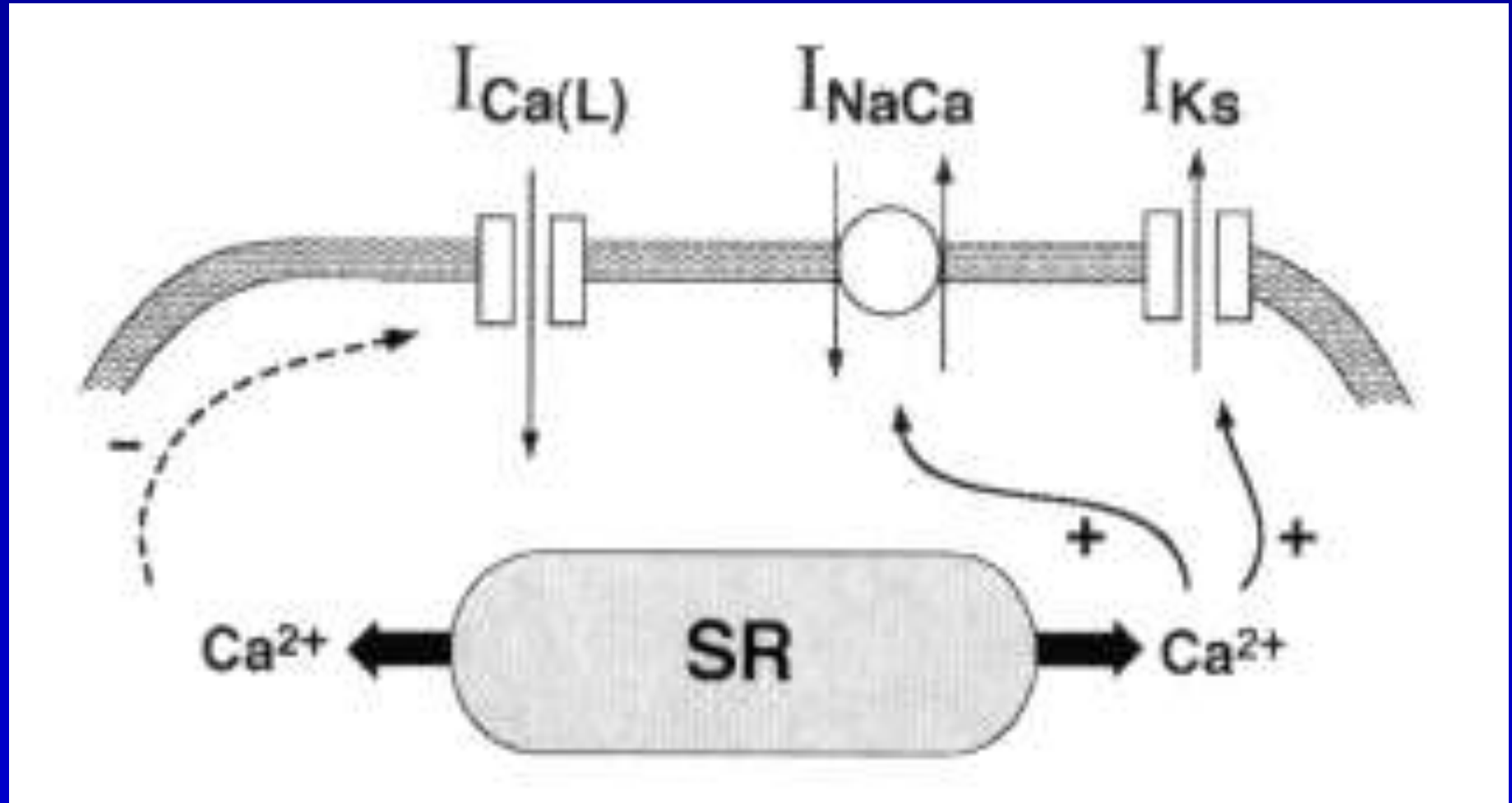
Priori SG, et al.  
Circulation  
1999;99:674-81.







# Interactive Processes in a Cell



# Congenital QT Prolongation

- Diagnostic Criteria:
  - Asymptomatic patient,  $QT_c > 470$  msec
  - OR: Male with  $QT_c > 440$  or female with  $QT_c > 460$  PLUS:
    - Stress-related syncope
    - Torsade de pointes
    - Family history of early (<35yo) SCD
  - These criteria are neither totally sensitive or specific



# Congenital QT Prolongation

- Romano-Ward: autosomal dominant, no deafness
- Jervell and Lange-Nielson: autosomal recessive, with deafness (KVLQT1 and minK also control inner ear endolymph homeostasis)
- These 2 syndromes are disturbances in the same genes and channels, except Jervell and Lange-Nielson patients are homozygous, and the Romano-Ward patients are heterozygous with variable penetrance

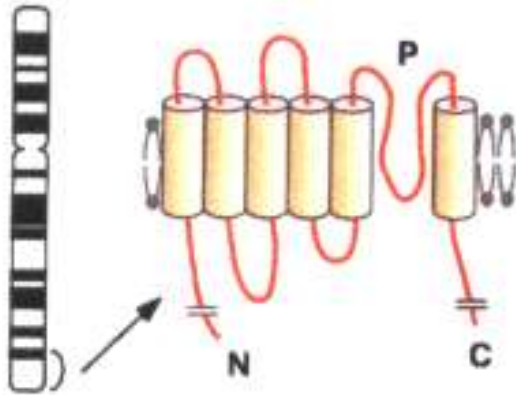
# Types of Congenital Prolonged QT interval

Syndrom	Gene	Chromosome	Current
LQTS1 (most common)*	KvLQT1	11p15.5	↓I <sub>ks</sub> (alpha subunit)
LQTS2	HERG	7q35-q36	↓I <sub>kr</sub>
LQTS3 (rare)	SCN5A	3p21-p23	↑late I <sub>Na</sub>
LQTS4	?	4q25-q27	?
LQTS5 (rare)*	minK (KCNE1)	21q22.1-q22	↓I <sub>ks</sub> (ancillary subunit)
LQTS6	MiRP1 (KCNE2)	21q22.1-q22	↓I <sub>kr</sub>

\* Jervell and Lange-Nielson as well as Romano-Ward

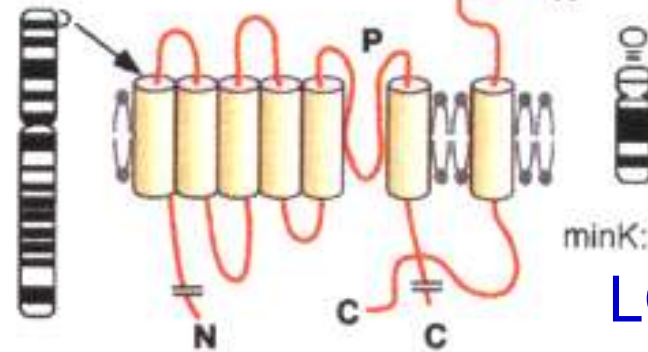
HERG: 7q35-36

LQTS2: I<sub>Kr</sub>



KvLQT1: 11p15.5

LQTS1



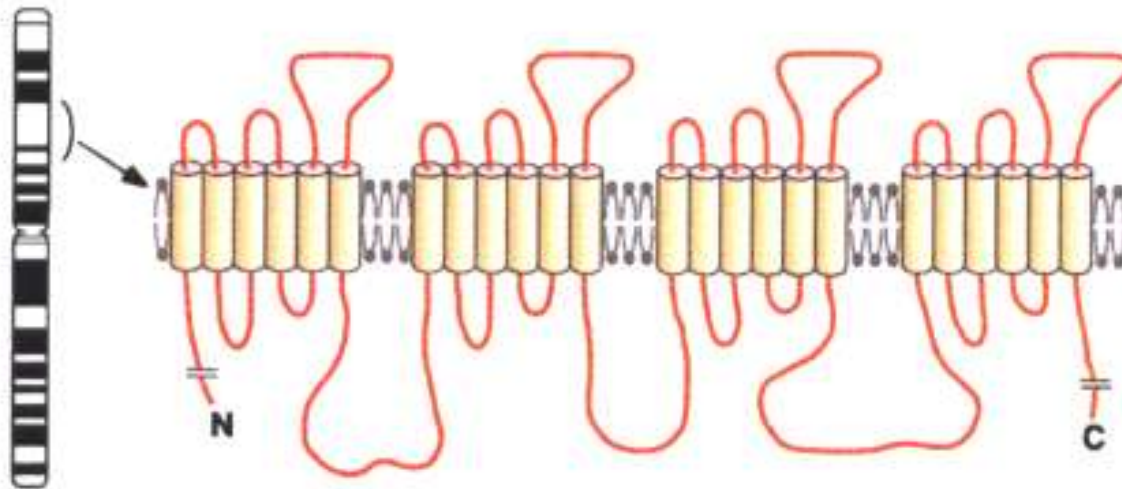
minK: 21q22.1-22.2

LQTS5

I<sub>Ks</sub>

SCN5A: 3p21-23

LQTS3: late I<sub>Na</sub>



# Adrenergic Effects in Congenital Prolonged QT interval

Syndrome	Pharm Mimic	↑QT/ ↑TDR	Isoproterenol, +Propranolol	Current
LQTS1	<u>chromanol 293B</u>	+/-	↑/↑, n/n	↓I <sub>ks</sub>
LQTS2	dofetilide, E-4031, <u>d-sotalol</u>	+/+	↑/↑↓, n/n	↓I <sub>kr</sub>
LQTS3	anthopleurin A, <u>ATX-II</u>	++/++	↓/↓, n/n	↑late I <sub>Na</sub>

Experimentally: beta-blockade totally suppresses Tdp in LQT1, partially suppresses TdP in LQT2, and may provoke TdP in LQT3

# Mutations in LQTS Genes

- Each gene has multiple types of abnormalities, some are hot spots
- Modifier genes?: identical gene defects have variability in clinical features
- Modification of channel function:
  - Related to specific amino acid defect
  - KvLQT1, KCNE1 and HERG lose function
  - SCN5A gains function (defective inactivation)



# Clinical Correlation in Congenital LQTS

- Manifestations
  - LQTS1: trigger of exercise
  - LQTS3: trigger with sleep or rest, shorten QT with exercise
  - LQTS2: both rest and exercise
- Management
  - Beta-blocker is first choice therapy
  - LQT3 usually improve with mexiletine
  - LQT2 may improve with mexiletine

# ECG manifestations of LQTS

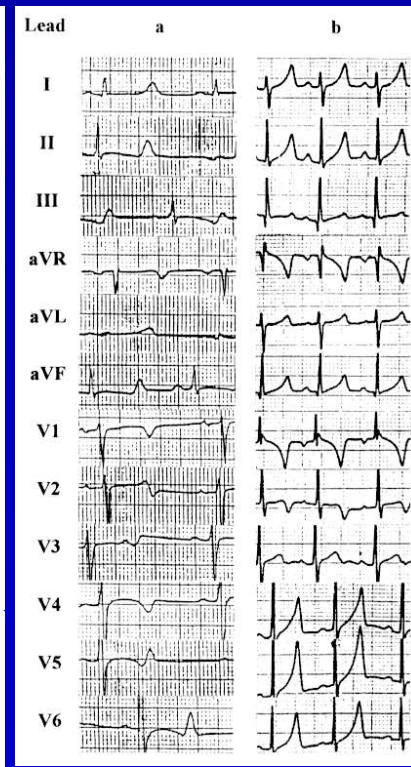
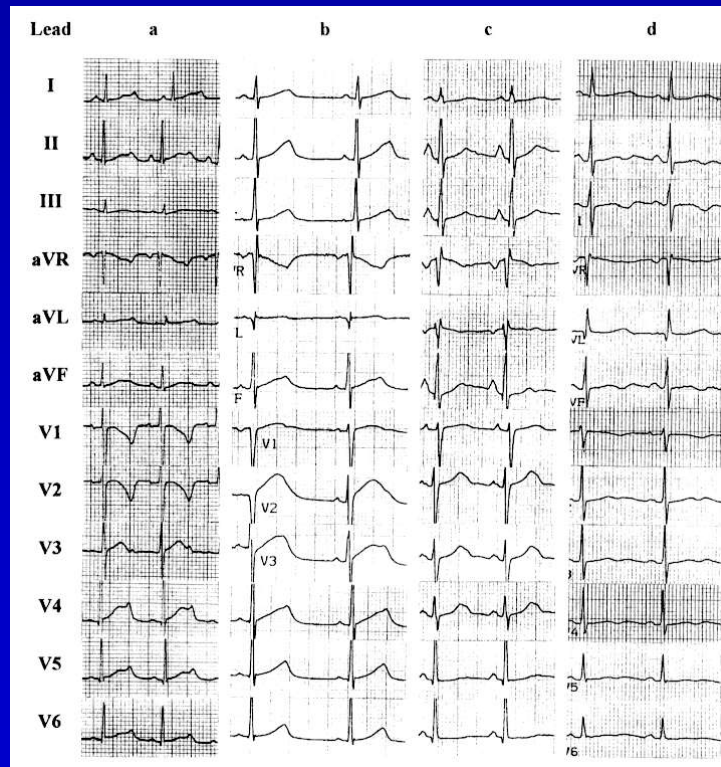
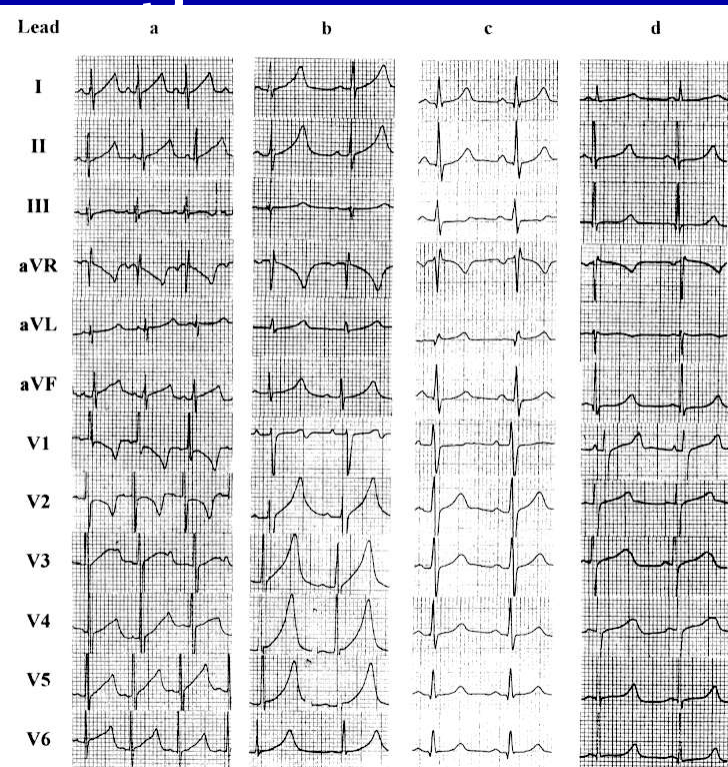
- Vary with genotype

Type 1

3

Type 2

Type





# Type 1

Circ, Dec 5,  
2000... Wilde  
and Roden p  
2797, Zhang et  
al, p.2849

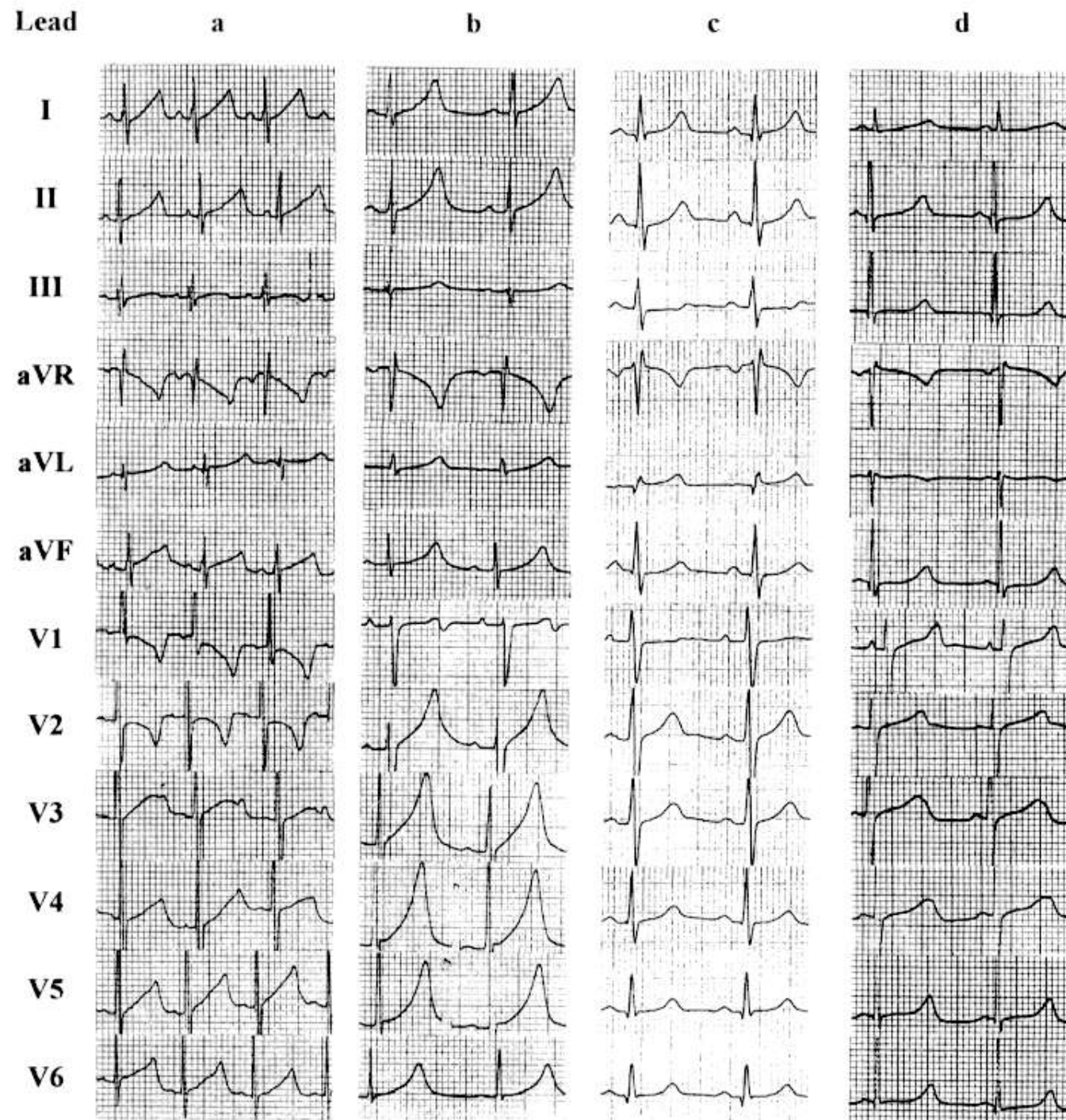
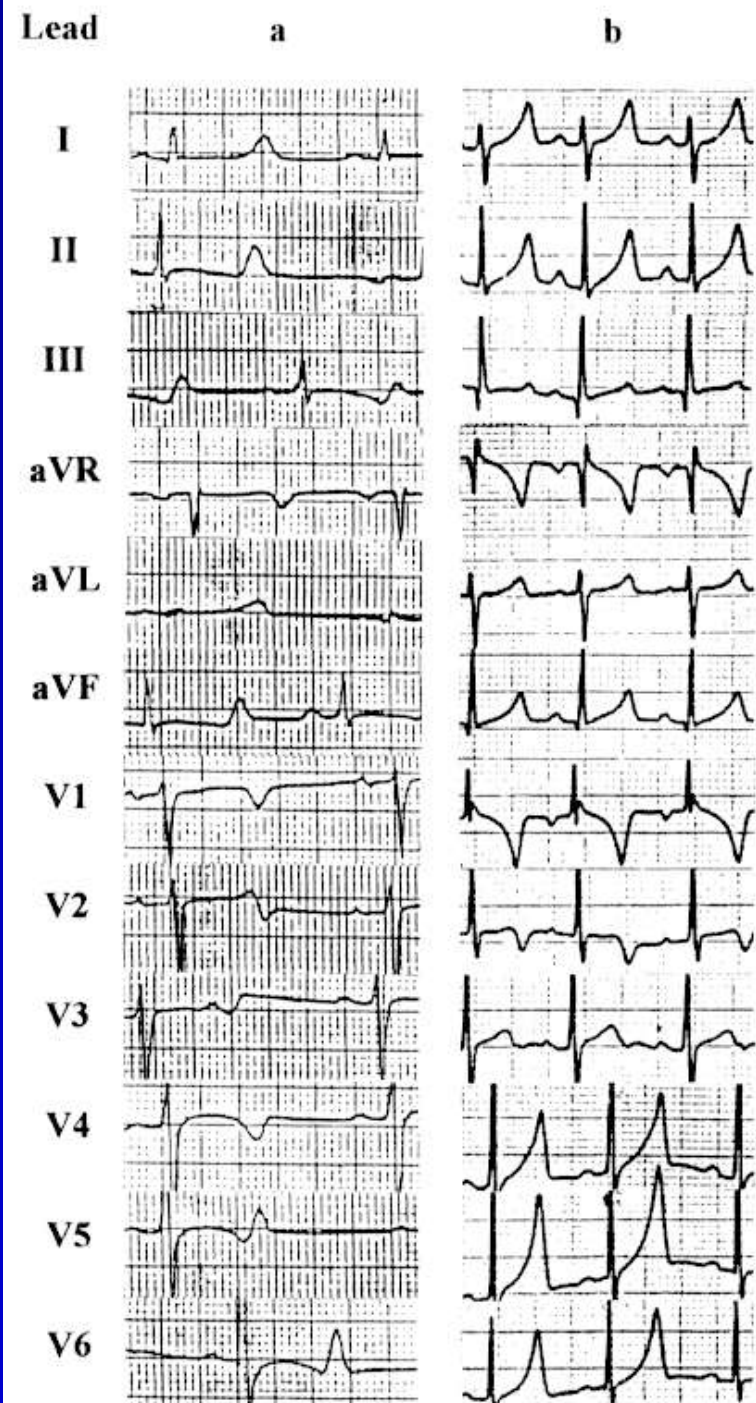


Figure 1 displays a 12-lead ECG recording. The leads are arranged in four columns (a, b, c, d) and six rows (I, II, III, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6). The ECG shows a normal sinus rhythm with a heart rate of approximately 75 bpm. The QRS complex is narrow and the T waves are upright in all leads.



# Type 3

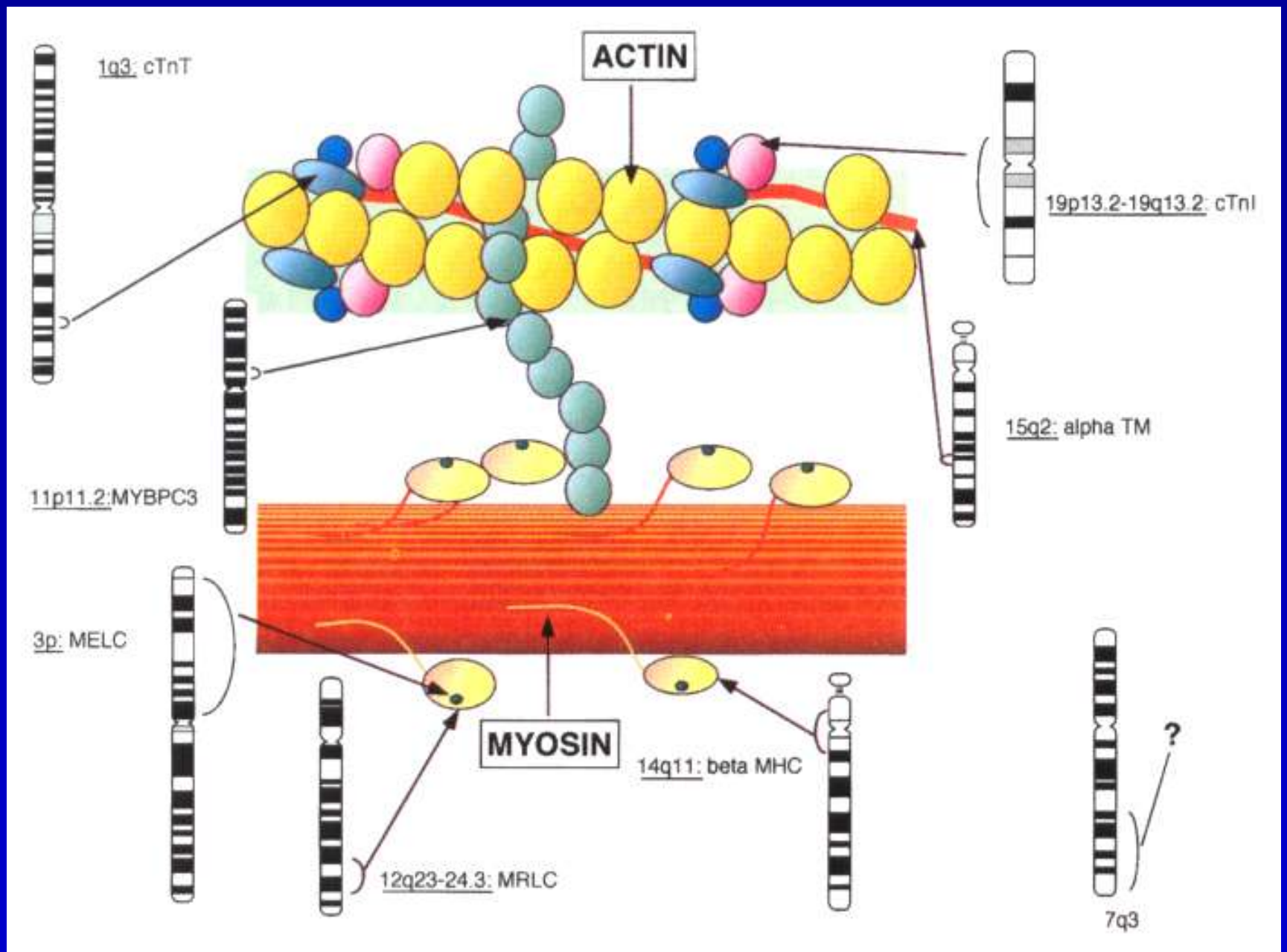
Circ, Dec 5, 2000... Wilde and Roden  
p 2797, Zhang et al, p.2849





# References:

- Priori SG et al. Genetic and molecular basis of cardiac arrhythmias: impact on clinical management Parts I and II. Circulation 1999;99:518-28.
- Priori SG et al. Genetic and molecular basis of cardiac arrhythmias: impact on clinical management Part III. Circulation 1999;99:674-81.
- Shimizu W, Antzevitch C. Differential effects of beta-adrenergic agonists and antagonists in LQT1, LQT2 and LQT3 models of the long QT syndrome. J Am Coll Cardiol 2000;35:778-86.
- Priori SG et al. Low penetrance in the long-QT syndrome. Circulation 1999;99:529-33.
- Sandoe, Sigurd, Arrhythmia - A guide to clinical electrocardiology Publishing Partners Verlags GmbH 1991
- Zhang et al. Circulation 2000;102:2849-55
- Wilde et al. Circulation 2000;102:2799-2801



# Defects of Metabolism Causing Cardiomyopathy

- Carnitine deficiency
- Medium chain Acyl-CoA Dehydrogenase (MCAD) deficiency
- Long/Very long chain Acyl-CoA Dehydrogenase (LCAD/VLCAD) deficiency
- Fabry's disease
- Homocysteinuria
- Mitochondrial cardiomyopathies
- Connective tissue disorders
- Primary rhythm/conduction disorders
- Congenital heart disease c/s genetic syndromes

# Homocystinuria

- Autosomal Recessive, 1:75,000, 21q22.3, cystathionine beta-synthase (CBS) deficient, elevated serum methionine and elevated urine homocystine
- Homozygous: marfanoid habitus, arterial and venous thrombosis (activation of factor V, inhibition of protein C and decreased AT-III), medial degeneration of the aorta and intimal hyperplasia and fibrosis
- 13-47% respond to pyridoxine
- May occur from Vit B6 or B12 or folate deficiency
- Mechanism: induction of cyclin A gene, inducing VSMC proliferation

Note: article on post PCI improved outcomes in folate admin; NEJM Nov 29, 200



# Mitochondrial DNA

Gray – 7 subunits of complex I (ND)

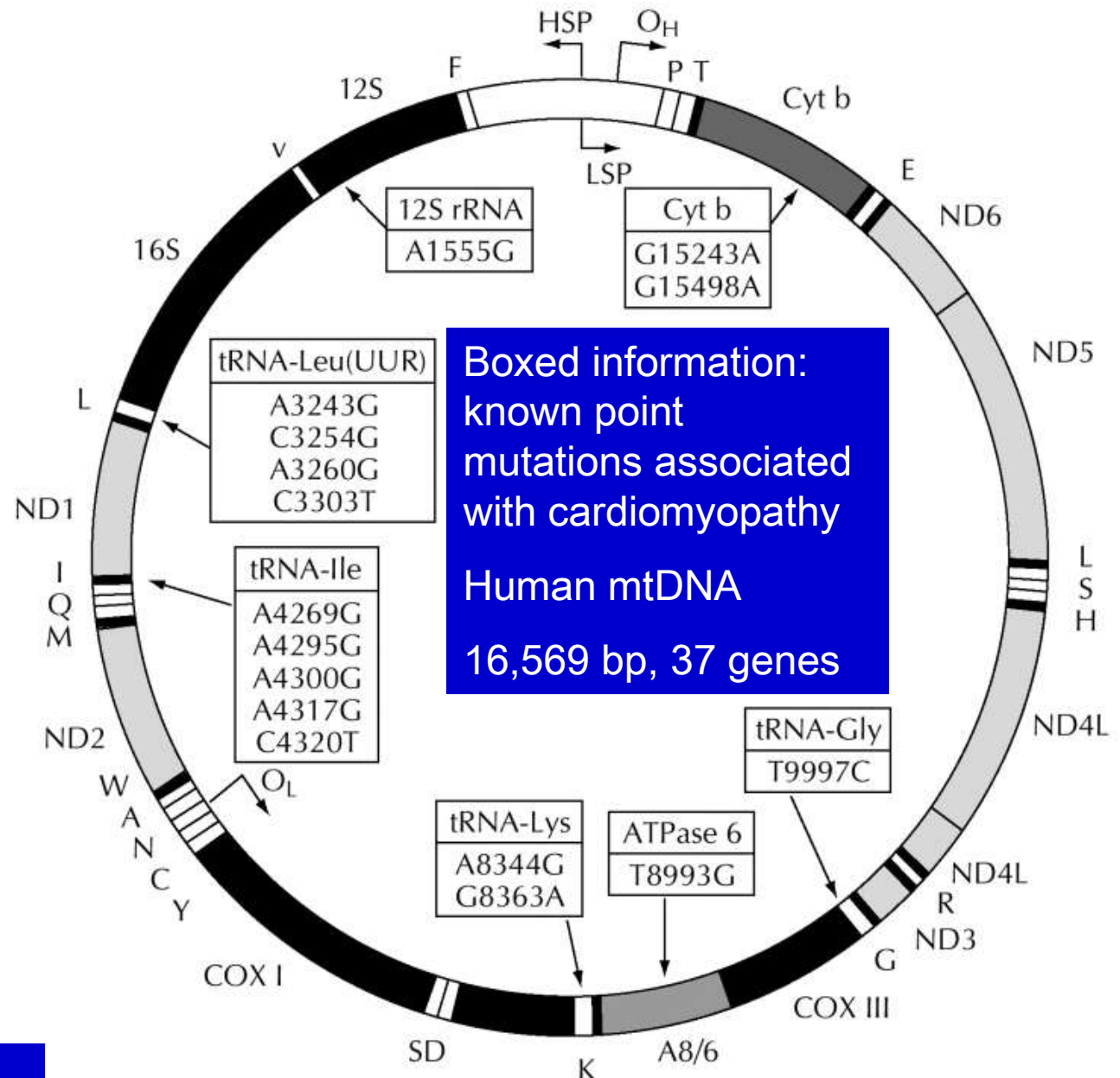
Black – 3 subunits of cytochrome c oxidase (COX), 12S and 16S ribosomal RNA (rRNA)

Dark gray – Cytochrome b

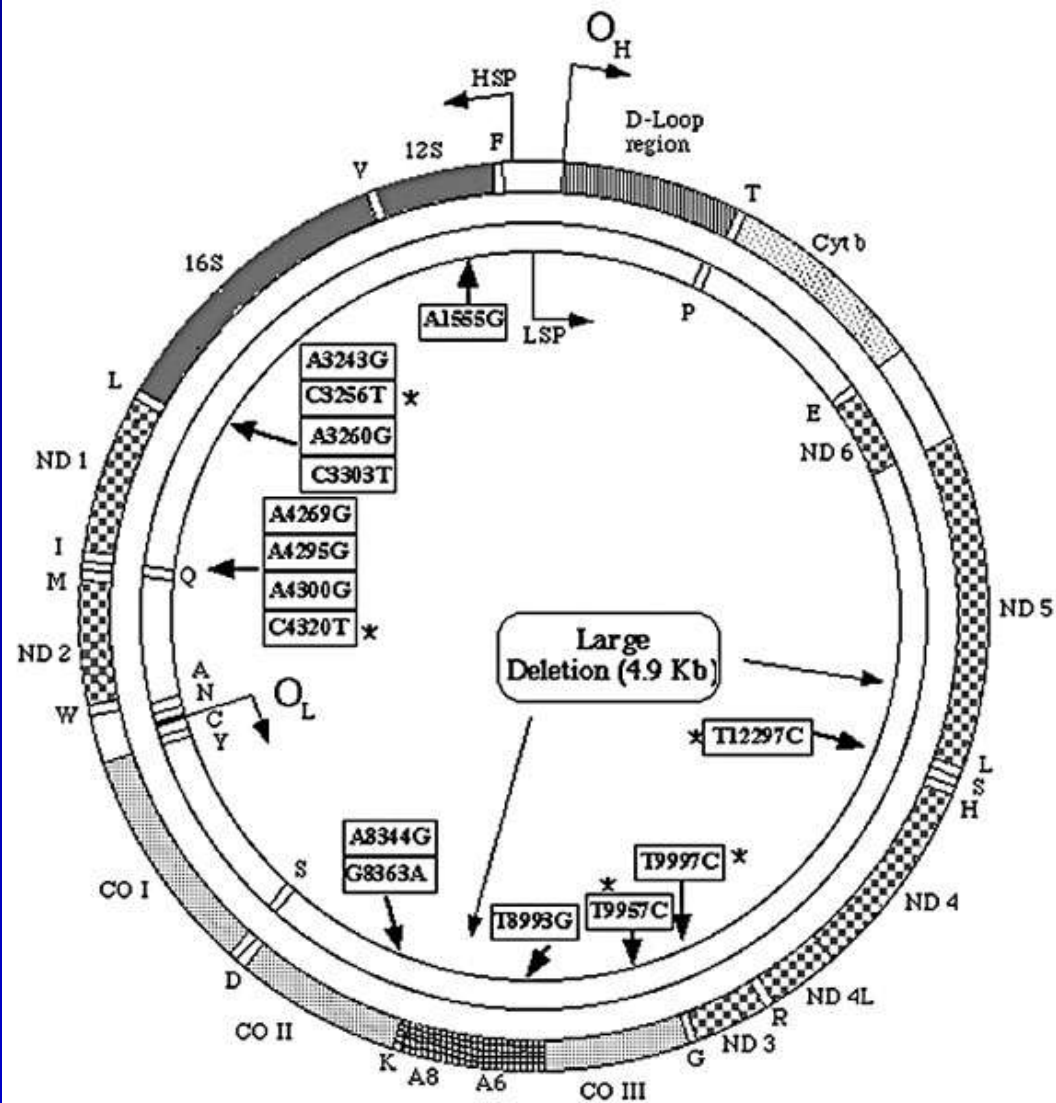
Gray – 2 subunits of ATP synthetase (ATPase 6 and 8)







White – 22 tRNA's

Hirano M et al. Curr Opin Cardiol 2001; 16:201



# Mitochondrial DNA

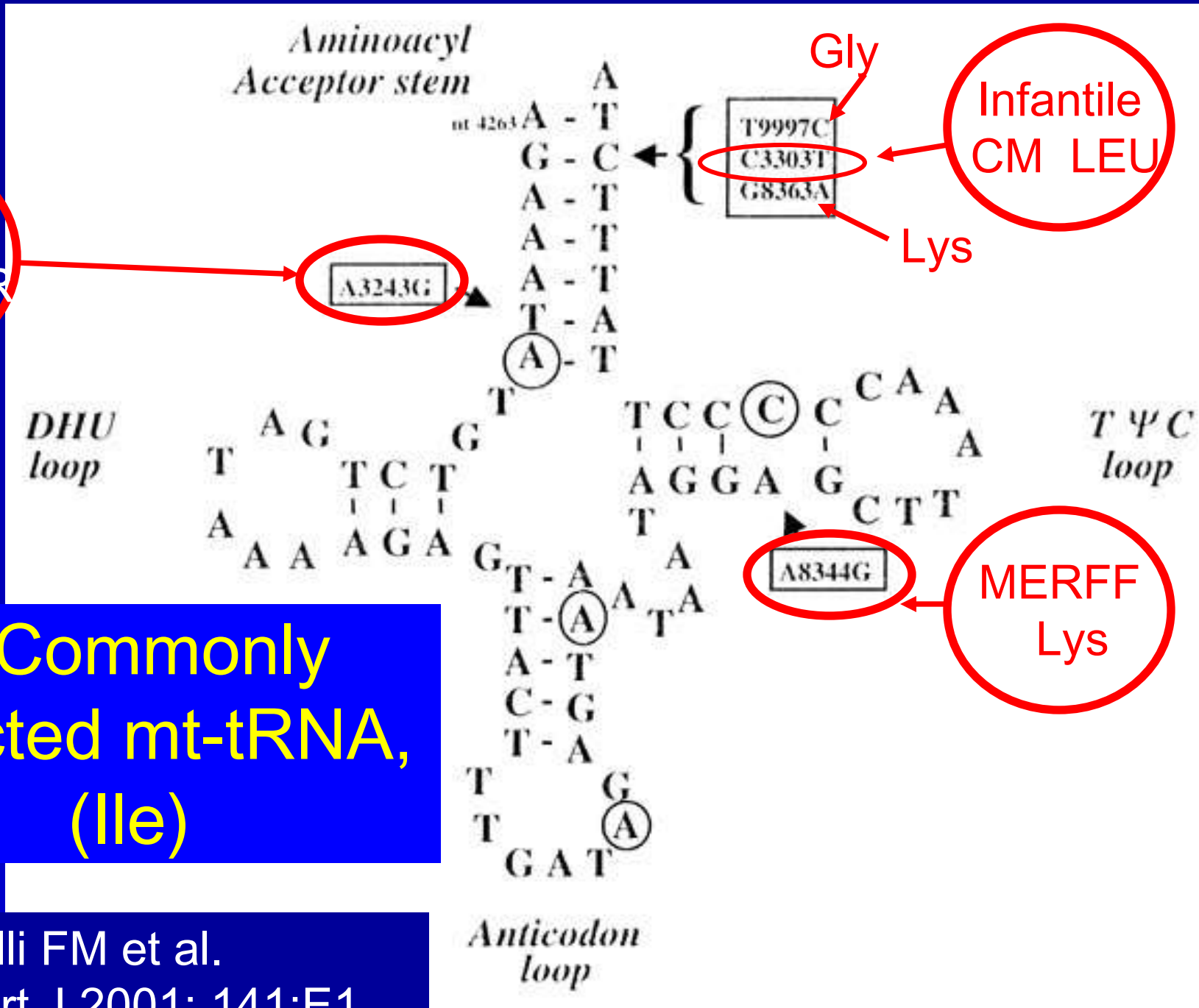


 tRNA genes  
 rRNA genes  
 Complex I subunits  
 Complex III subunit  
 Complex IV subunits  
 Complex V subunits

Santorelli FM et al. Am Heart J 2001; 141:E1

<http://www.gen.emory.edu/mitomap.html>

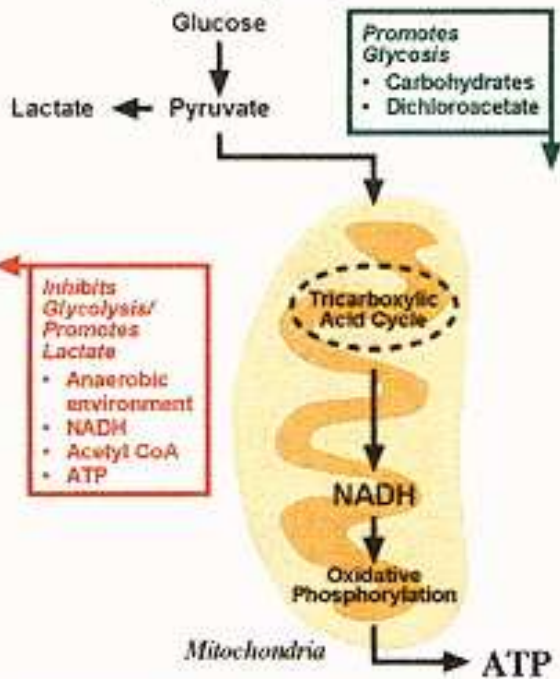
MELAS  
Leu UUR



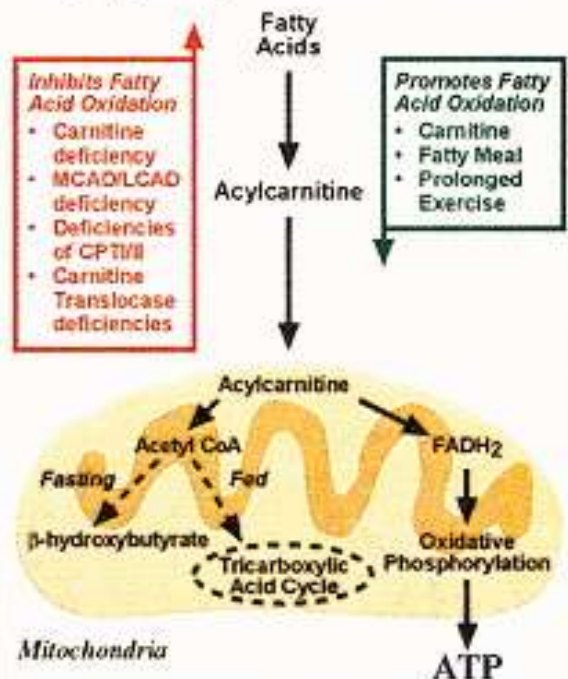
A Commonly  
Affected mt-tRNA,  
(Ile)

# Generation of ATP

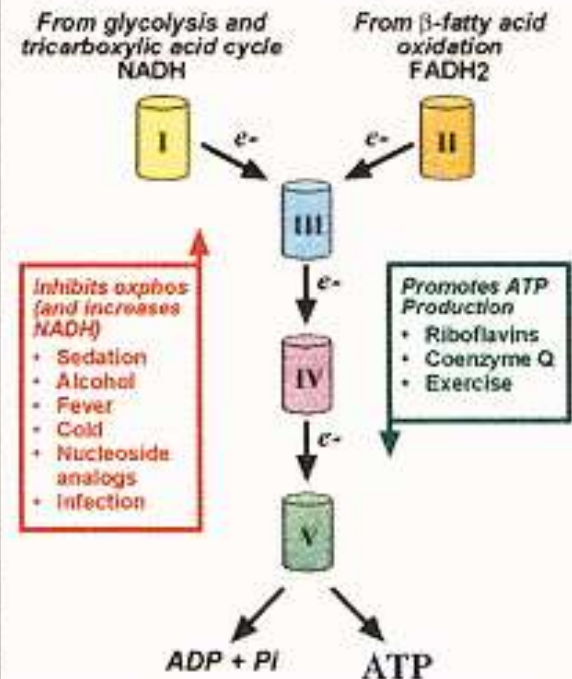
## (A.) Glycolysis



## (B.) Fatty Acid Oxidation

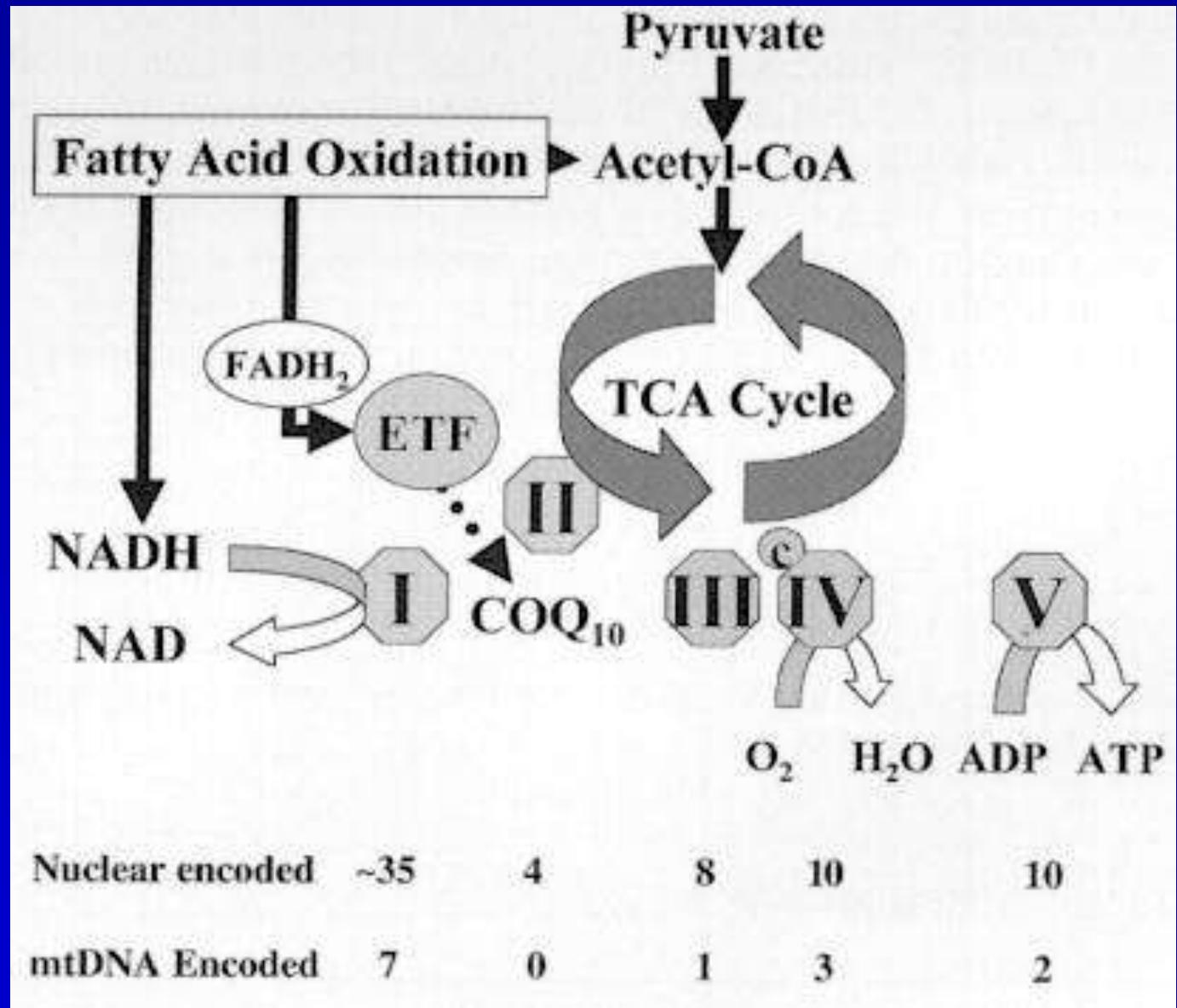


## (C.) Oxidative Phosphorylation





# Oxidative Metabolism

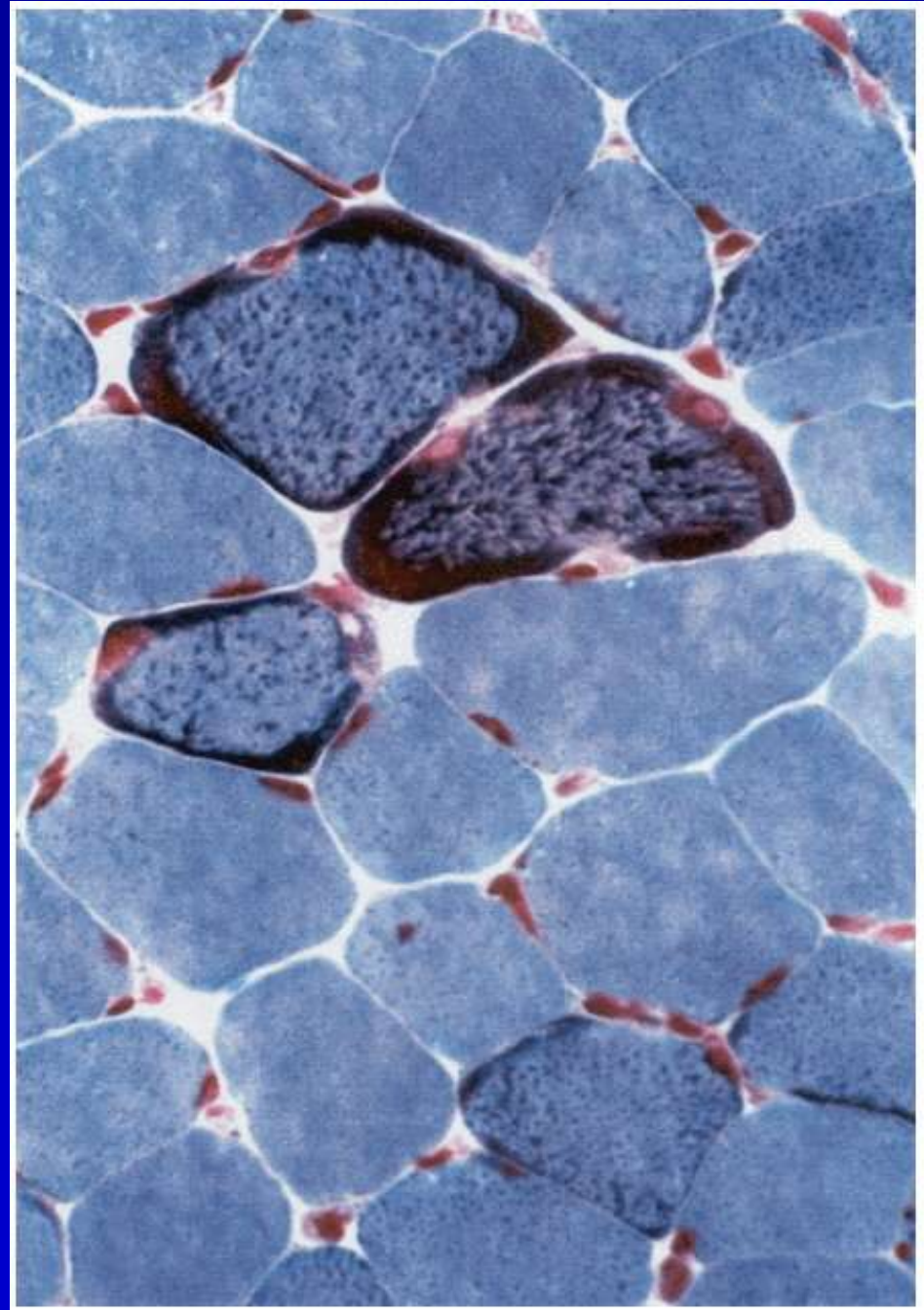


Shoffner JM  
Neurology  
Clinics Feb  
 2000;18:105

# Ragged Red Fibers in Mitochondrial Disease

Gomori's trichrome

Abnormal mitochondria  
give a blotchy red  
appearance to the fiber,  
initially  
subsarcolemmal, then  
throughout fiber



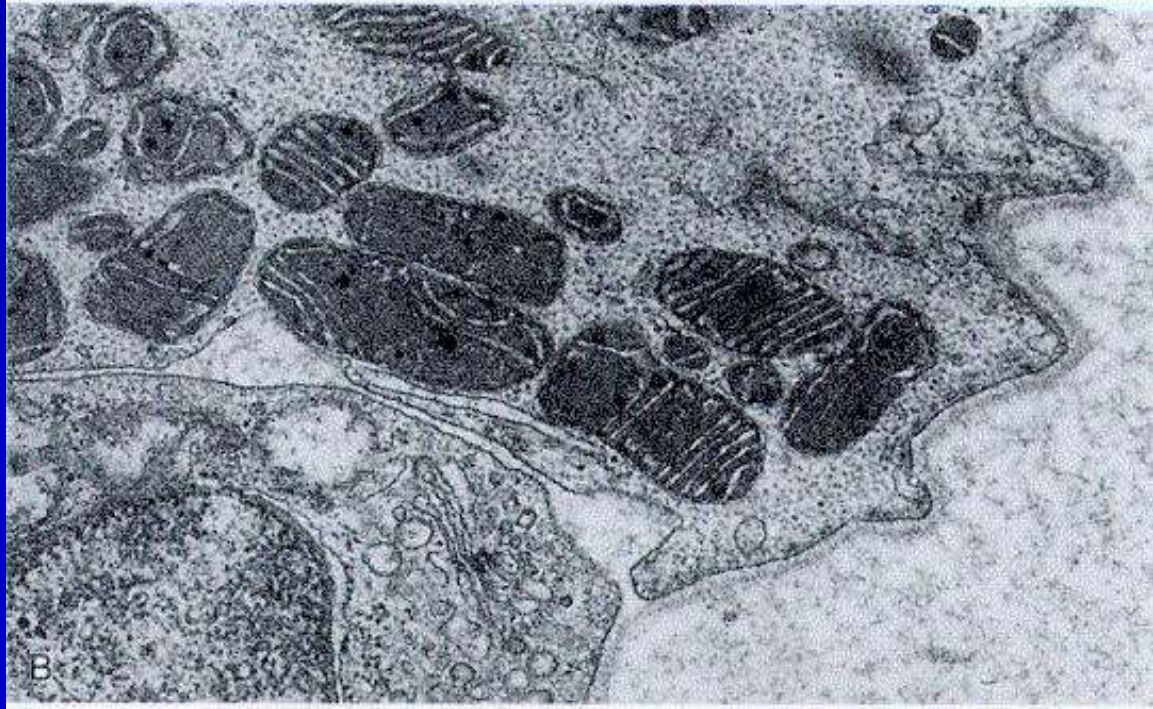
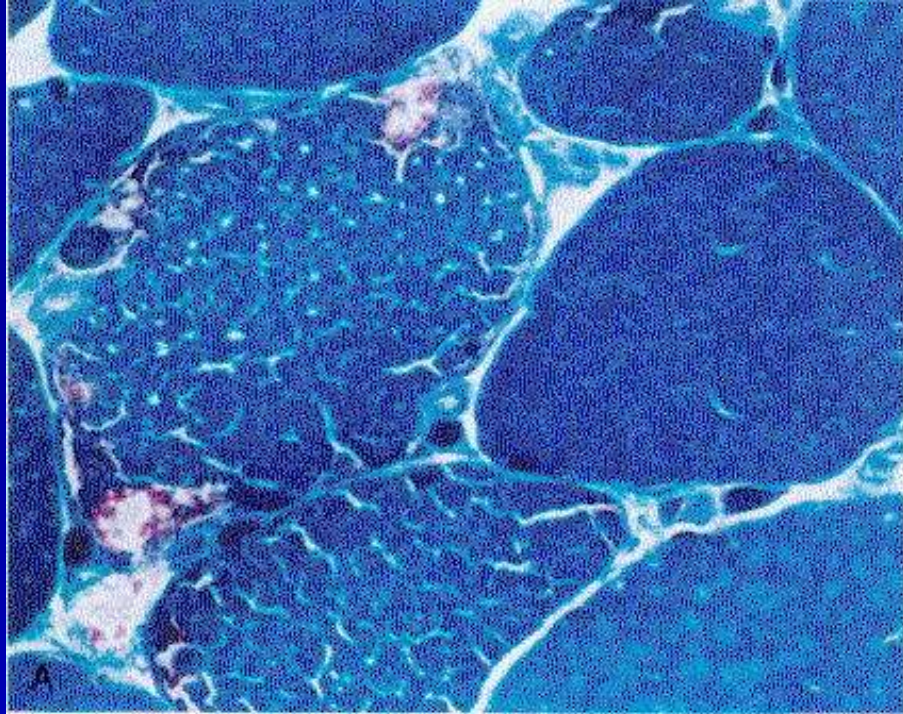


# Ragged Red Fibers in Mitochondrial Disease

Gomori's trichrome

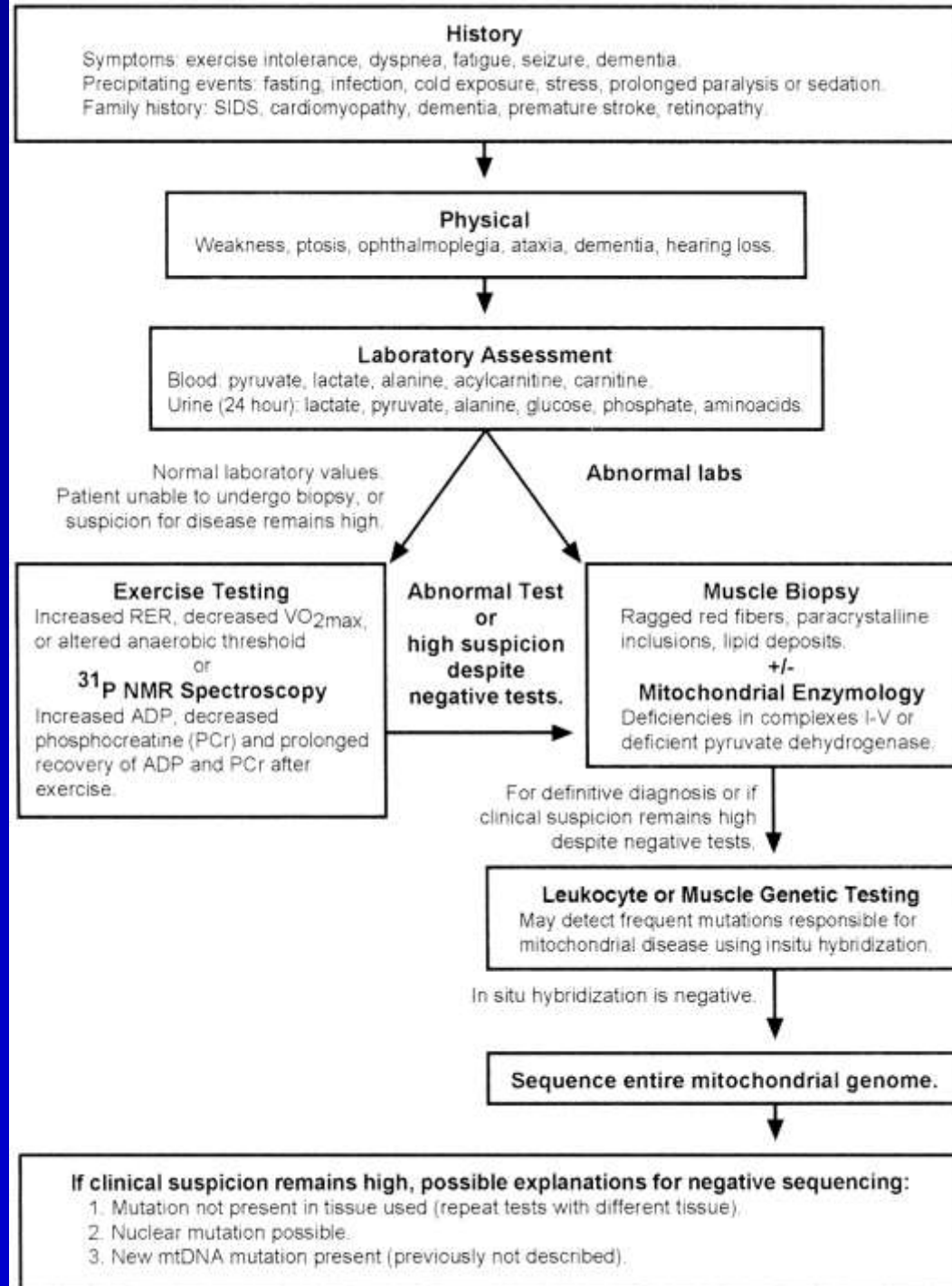
Abnormal mitochondria give  
a blotchy red appearance to  
the fiber, initially  
subsarcolemmal, then  
throughout fiber

EM: mitochondria show  
“parking lot” inclusions





# Diagnostic Workup in Suspected Mitochondrial Disease



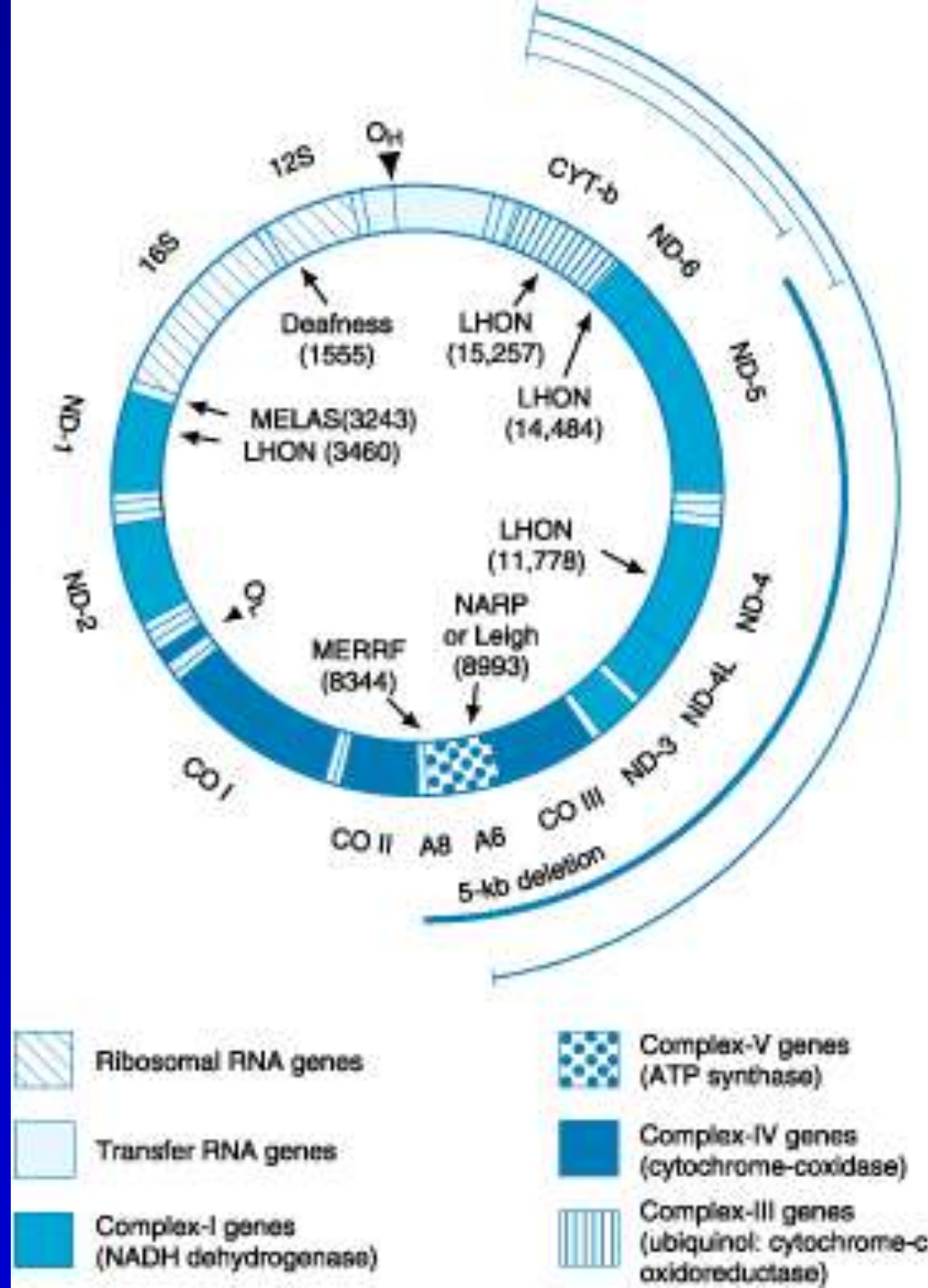


# Mitochondrial DNA Defects

- mtDNA is in 2-10 copies/organelle, and multiple organelles/cell, 200 mutations identified so far, maternal transmission
- Tissues with high oxidative phosphorylation demand are more affected by problems: kidney, retina, brain, muscle, heart
- Most have heteroplasmy, mix of mutant and normal mitochondria correlation with severity of phenotype, often brain and muscle disturbances
- Cardiac problems more with respiratory chain defects

# Mitochondrial DNA

Point mutations in structural and protein-coding genes are indicated inside the circle, with the clinical phenotype and the nucleotide position of the mutation. The thick arc indicates the position of the most common single deletion, which is 5 kb in length, and the thin arcs outside the circle indicate the multiple deletions. MERRF, myoclonic epilepsy with ragged red fibers; MELAS, the syndrome of mitochondrial encephalomyopathy, lactic acidosis, and strokelike episodes; LHON, Leber's hereditary optic neuropathy; NARP, neuropathy, ataxia, and retinitis pigmentosa; Leigh, maternally inherited Leigh's disease.



# Kearns-Sayre Syndrome (KSS)

- Ptosis, chronic progressive external ophthalmoplegia, retinal pigmentation, cardiac conduction defects (20% pts have cardiac involvement, prolonged H-V), DCM, hearing loss, limb weakness, DM, hypoparathyroid
- Deletion esp tRNA leu in mtDNA

Looking straight

Looking up



# MERRF Syndrome

- MERRF: myoclonic epilepsy with ragged-red muscle fibers, tRNA-Lys: seizures, ataxia, HCM, complex I and IV abnormality

# MELAS Syndrome

- MELAS: mitochondrial encephalopathy, lactic acidosis, stroke-like episodes, can have ragged-red fibers, exercise intolerance, HCM, DCM, usually complex I abnormality, tRNA-Leu



# CONTIGUOUS GENE SYNDROMES

REGION

LOCUS

CARDIOVASCULAR ABNORMALITIES

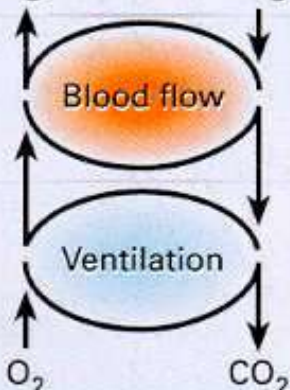
## Syndromes with Cardiovascular Involvement

Arteriohepatic dysplasia	AHD	del 20p11.23-p12.2	Peripheral pulmonic stenosis/hypoplasia
Cat-eye syndrome return	CES	dup22q11	Total anomalous pulmonary venous
DiGeorge sequence TOF,	DGS	del 22q11	Truncus arteriosus, right aortic arch, PDA
Miller-Dieker syndrome	MDS	del 17p13	PDA ± complex anomalies
Prader-Willi syndrome and	PWS/AS	del 15q12(pat)	Cor pulmonale (secondary to obesity central apnea)
WAGR syndrome tumor)		del 11p13	Hypertension (secondary to Wilms

## Syndromes Without Frequent Cardiovascular Involvement

Angelman syndrome	del 15q12 (mat)
Smith-Magenis syndrome	del 17p11.2

# Physiology of Sensation During Exercise

System	Process	Sensation
Brain	Motor command	Effort
Nerve	Excitation-contraction ( $\text{Na}^+ - \text{K}^+$ )	Weakness
Muscle	Cross-bridge formation ( $\text{Ca}^{2+}$ ) Power output ( $\text{ATP} \rightarrow \text{ADP}$ )	Tension
Metabolism	$\text{Glycogen} + \text{ADP} \rightarrow \text{ATP} + \text{Lactate} + \text{H}^+$ $\text{Glycogen} + \text{ADP} + \text{O}_2 \rightarrow \text{ATP} + \text{CO}_2$ $\text{FFA} + \text{ADP} + \text{O}_2 \rightarrow \text{ATP} + \text{CO}_2$	Fatigue
Circulation		
Lungs		

Jones NL et al.  
NEJM 2000; 343:632.

# Major Metabolic Pathways During Exercise

