Basic Interpretation of Electrocardiography

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Preliminary Considerations

- The syllabus has all the necessary textual information
- The lectures supply important visual information and most will be completed before the small group sessions
- Design of course is that the examples are to be studied <u>BEFORE</u> the small group sessions
- Exam: just read the tracings and answer the questions, open book limited time to 2 hours

- Description of ECG recording page
- Review of pertinent cardiac physiology
- Identification of waves and intervals
- 3 methods for calculation of rate
- Calculation of QRS electrical axis
- Steps in interpretation
- Diagnosing normal and abnormal findings

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Important Electrical Characteristics

- <u>Automaticity</u> the characteristic of a tissue with <u>spontaneous generation</u> of an action potential (due to phase 4 depolarization)
- <u>Conductivity</u> the characteristic of a tissue with <u>transmission</u> of an action potential through a tissue (related mainly to the steepness of phase 0 depolarization)

Cardiac Conduction System

- <u>Sinoatrial Node</u> (Sinus Node, SA node, not seen on the ECG)
 - Normal pacemaker
 - High Right Atrium, near SVC junction
 - Not seen, only inferred, from ECG



- <u>Atrioventricular Node</u> (AV Node, seen as the straight line after the P wave)
 - Slowest conduction velocity in heart
 - Long refractory period
 - Only electrical connection A to V







From Netter's Atlas, Volume 5, <u>The Heart</u> 1978

Cardiac Conduction System - 2

- <u>Bundle of His</u> (Common Bundle)
 - Beginning of His-Purkinje system
 - Length about 10 mm
 - Fastest conduction velocity, 1-4 m/sec
- <u>His-Purkinje system</u> (subendocardial)
 - Right Bundle Branch
 - Left Bundle Branch (ant and post fascicles)
- <u>Ventricular myocardium</u> (0.3-0.4 m/sec) makes the QRS complex and the T wave of the ECG







From Netter's Atlas, Volume 5, <u>The Heart</u> 1978



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ECG Machine



mV

- Machine creates graph of voltage vs time
- Voltage generated at skin surface (in mV) is the result of the sum of all instantaneous cellular electrical activity.
- <u>Standard Mark</u>: square pulse 1.0 mV amplitude and 0.2 sec duration
- Normal sensitivity is 10 mm/mV,
- Normal paper speed is 25 mm/sec
- ECG paper has a line every mm



Waves of the Cardiac Impulse



- P wave atrial <u>depolarization</u> (atrial <u>repolarization</u> is there, but usually is subtle)
- QRS complex ventricular <u>depolarization</u>
- J point end of the QRS complex
- T wave ventricular <u>repolarization</u>
- U wave more ventricular <u>repolarization</u> (often absent)

Naming the QRS Complex

- Name of the QRS complex in a given lead depends on its morphology in that lead
- Morphology is different among different leads
- If there is an initial downward deflection, it is called a Q wave
- If there is no initial downward deflection, there is no Q wave
- The first upward deflection is an R wave
- The first downward deflection after an R wave is an S wave

ECG Waves in Lead II



Naming Waves of the QRS Complex

Waves of the QRS complex are specific to individual leads. So it is proper to say, "pathologic Q waves in II, III, and aVF".



It is very important to understand the names of the waves properly, so that when someone talks about a

"tall R wave" or a

"wide deep S wave", or an

"RSR-prime" or a

"pathologic Q wave", it will be meaningful.

Naming Waves of the QRS Complex



FIG. 5-8 Nomenclature of the various QRS complexes. Capital letters are employed to designate large deflections, and letters in the lower case to indicate small deflections. Question: If Depolarization and Repolarization are Opposite in Sign, then Why is the T wave Normally Concordant?

 Answer: Because repolarization of the ventricular endocardium is slower than epicardium, so depolarization and repolarization are opposite in direction and sign



Wagner GS. <u>Marriott's Practical Electrocardiography</u> 1994, p.12

Intervals in the ECG



- <u>P duration</u> from beginning to end of P wave (Normal is 0.06-0.10 sec)
- <u>PR interval</u> from beginning of P to beginning of QRS (Normal is 0.12-0.20 sec)
- <u>QRS duration</u> from beginning of QRS to its end (Normal is 0.06-0.10 sec)
- <u>QT interval</u> from beginning of QRS to end of T wave (Normal varies with heart rate)

QT Interval

- From beginning of QRS to end of T wave – longest measurement in the 12 leads
- Varies with HR: Bazett's formula is QT_c = QT/SQRT(R-R)
- Normal QT_c is about 0.41 or less
- Significant prolongation is over 0.44 or maybe even over 0.46 sec.










What is the QRS duration?

What is the QRS duration? – 0.12 sec



What is the QRS duration?



What is the QRS duration? – **0.08 sec**



What is the QRS duration?



Measuring Intervals - 3 What is the QRS duration? –

0.08 sec



What is the PR interval?



What is the PR interval? – 0.20 sec



What is the QRS duration?



Measuring Intervals - 5 What is the QRS duration? – 0.14 sec



What is the QRS duration? – **0.14 sec**





What is the QRS duration? – 0.08 sec



What is the PR interval?



What is the PR interval? – **0.14 sec**



What is the PR interval?





What is the QRS duration?



What is the QRS duration? – **0.16 sec**





The 12-Lead ECG



The 12-Lead ECG

This is the usual display format, but many other display formats also exist, so check the labels and standardization marks



Normal Standard and Paper Speed

Different Standard Marks

Each marker is 0.1 mV tall and 0.2 sec wide



Limb leads full std Chest leads half std Normal speed





Limb leads qtr std Chest leads qtr std Double speed

Limb leads half std Chest leads half std Normal speed

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Calculation of Rate

- <u>Method 1</u> ("Six-second rule" useful for regular or irregular rhythms) - measure the waves of interest over 6 seconds and multiply by 10
- <u>Method 2</u> (requires regular rhythm) measure distance in mm between 2 waves of interest, and divide 1500 by that distance

25 mm/sec*60 sec/min = 1500 mm/min (Mm/min ÷ millimeters/beat = beat/min)

Calculation of Rate: Method 1

Six second rule:

6 seconds: 8 beats * 10 = 80 bpm



Corollary to six second rule is Ten second rule: 10 seconds: 13 beats * 6 = 78 bpm

Note: Using the ten second rule is an important skill for succeeding during examination time.

Calculation of Rate: Method 2



(Requires regular rhythm) R-R interval is 20 mm. 1500/20 = 75 bpm

Calculation of Rate - 2

- <u>Method 3</u> requires regular rhythm
 - Find wave beginning near a dark 5mm marker
 - Count subsequent 5-mm markers until the next wave of interest
 - Count, "300, 150, 100, 75, 60, 50"
 - When you pass the next wave of interest, you have bracketed the rate between 2 numbers
 - Interpolate between the bracketed numbers

Calculation of Rate: Method 3



Calculation of Rate: Examples





<u>Method 1: 6 second rule</u> – since 5 large blocks is one second, count 6 seconds or 30 large blocks (what a pain!), and then count the beats (18) and multiply by 10 (rate 180 bpm), Ouila! Cannot use methods 2 or 3 for irregular rhythm such as this.

<u>Corollary, 10 second rule</u> – if you have a full 10 second strip, then just count all the beats and multiply by 6. (30*6 = 180)

This method is good for any example that is at least 6 seconds long.

Calculation of Rate: Example 2



Method 1: 6 second rule: 11*10=110. 10 second rule: 18*6=108

Method 2: 1500/R-R interval: 1500/14=107

Method 3: "300, 150, 100. So, between 150 and 100, closer to 100, so guess about 110.

Method 2 and 3 apply ONLY because the intervals are regular

Calculation of Rate: Example 3



Method 1: 6 second rule 6*10=60. 10 second rule 11*6=66.

Method 2 and 3 cannot be used, because the interval is irregular.


Method 1: 6 second rule 6*10=60. 10 second rule 11*6=66.

Method 2 and 3 cannot be used, because the interval is irregular.



The last example is more challenging, it is tricky. First, look at the Standard mark, that is the key to interpreting any strip, because it explains the display speed and display voltage.







In this unusual example, the standard mark is 10 mm wide. That means the paper speed is 50 mm/sec or 3000 mm/min. That changes all the rules. The rate is twice what you'd normally calculate. The rate is about 76, using Method 3 and counting by 2-block



units.



In this unusual example, the standard mark is 10 mm wide. That means the paper speed is 50 mm/sec or 3000 mm/min.

- That changes all the rules. The rate is twice what you'd normally calculate.
- The rate is about 76, using Method 3 and counting by 2block units.





What is the rate? - 1 12*6 = 72



What is the rate? - $2_{12*6} = 72$



What is the rate? - 3 30*6 = 180



What is the rate? - 4 28*6 = 168



What is the rate? - 5 17*6 = 102



What is the rate? - 6 24*6 = 144



Outline

Note: Accurate assessment of the QRS axis is an important skill for succeeding during examination time.

- Description of ECG recording page
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Calculation of QRS electrical axis

- Steps in interpretation
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Twelve ECG Leads

- <u>Basic Principle</u>: Each lead records a voltage in one dimension, between 2 points on body surface
- Terminology: <u>Frontal</u> plane
 - 3 standard limb leads
 - 3 augmented (unipolar) limb leads
- Terminology: <u>Transverse</u> (horizontal) plane: 6 unipolar chest leads

Frontal Plane (from limb leads)

Twelve Leads



Horizontal (transverse) Plane (from chest leads)

The Standard Leads



Horizontal (transverse) Plane (from chest leads)













From Marriott, 1994, p. 22









6 Limb Leads – Frontal Plane

6 Limb leads, 3 standard and 3 augmented. Standard leads have solid lines, aV leads have dashed lines in the diagram







Background: Measuring the Axis -1

- The cardiac cell depolarizes and repolarizes in a wave across the heart first atrium, then ventricle
- The dipole created by the wave of depolarization and repolarization is varying in amplitude and direction in 3-dimensional space and time
- But each ECG lead only sees one dimension
 Direction (toward, away) and amplitude
- The frontal plane leads see two dimensions
- The chest plane leads see two dimensions
- So all twelve leads have 3-D information

The Vector Concept



Frontal Plane

- Magnitude
- Direction

The direction of the arrow is the direction of depolarization

Chou TC et al. <u>Clinical Vectorcardiography</u>, 2nd ed, 1974

Atrial Activation





Sequence of Activation Netter





Ventricular Activation

Netter



L. VENTRICULAR DEPOLARIZATION

APICAL DEPOLARIZATION





Netter

LATE L. VENTRICULAR DEPOLARIZATION

VENTRICLES DEPOLARIZED

Netter



VENTRICLES REPOLARIZED

×

×

×

×

×

×




Sequence of Ventricular Activation

SEQUENCE OF VENTRICULAR ACTIVATION





PHASE I

INITIAL SEPTAL ACTIVATION. (0.01 SEC)

- PHASE 2 CONTINUED ACTIVATION OF SEPTUM AND ACTIVATION OF APICO-ANTERIOR PORTIONS OF RIGHT AND LEFT VENTRICLES. (0.02 SEC)
- COMPLETION OF SEPTAL ACTIVATION PHASE 3 AND ACTIVATION OF MOST, IF NOT ALL. OF RIGHT VENTRICLE AND MOST OF LEFT VENTRICLE. (0.04-0.06 SEC) PHASE 4 ACTIVATION OF POSTEROBASAL **REGION OF LEFT VENTRICLE, BASE** OF SEPTUM AND BASE OF RIGHT VENTRICLE. (0.06-0.08 SEC)

Friedman HH, 1971

Sequence of Ventricular Activation





Friedman HH, 1971



Sequence of Ventricular Activation



Friedman HH, 1971

Sequence of Activation





Normal Frontal Plane QRS Loop



Mean maximal vector

Chou TC et al. <u>Clinical Vectorcardiography</u>, 2nd ed, 1974

Limb Lead ECG and VCG





- E point is the beginning of the P wave, the end of the T-P segment
- O point is the end of the PR segment, the beginning of the QRS



- E point is the beginning of the P wave, the end of the T-P segment
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- E point is the beginning of the P wave, the end of the T-P segment
- O point is the end of the PR segment, the beginning of the QRS





 The end of the QRS is not precisely at the same point as the beginning, so there is a normal ST segment, especially in the transverse plane.



 The end of the T loop is back to the E point





The Frontal Plane Axis



Patient's Left

Patient's Right

Background: Measuring the Axis - 2

- We can measure the axis of any wave or part of a wave of depolarization or repolarization
- Usually we focus on measuring only the mean QRS axis in the frontal plane
- Computers generally give a calculated mean axis of the QRS, and also the P wave and the T wave axes



Background: Measuring the Axis - 3

- Each of the 12 ECG leads has a consistent vantage point, mapped to a constant direction in space AND must be memorized
 - I is to left and is 0 degrees
 - Il is to left and inferior and is +60 degrees
 - III is to right and inferior and is +120 degrees
 - aVR is to right and superior and is +210 or -150 degrees
 - aVL is to left and superior and is -30 degrees
 - aVF is directly inferior and is +90 degrees



The Frontal Plane Axis



Patient's Left

Patient's Right

The Frontal Plane Axis



Background: Measuring the Axis - 4

- It is critical to know the meaning of "positive", <u>"negative</u>" and "isoelectric", and to know that these terms are applied to individual leads.
- If the QRS is **positive** in a given lead, that means that the QRS **upward** deflection is dominant
- If the QRS is negative in a given lead, that means that the QRS downward deflection is dominant
- If the QRS is isoelectric in a given lead, that means that the QRS upward and downward deflections are about the same

Background: Measuring the Axis - 4



- If the QRS is positive in a given lead, that means that the QRS upward deflection is dominant
- If the QRS is negative in a given lead, that means that the QRS downward deflection is dominant
- If the QRS is isoelectric in a given lead, that means that the QRS upward and downward deflections are about the same

Background: Measuring the Axis - 5



- If the QRS is <u>positive</u> in a given lead, that means that the QRS axis is <u>within 90 degrees</u> of that lead direction
- If the QRS is <u>negative</u> in a given lead, that means that the QRS axis is <u>not within 90 degrees</u> of that lead direction
- If the QRS is <u>isoelectric</u> in a given lead, that means that the QRS axis is <u>just about 90 degrees</u> from that lead direction

Measuring the Axis - 1

- <u>Assess leads I and aVF</u>; these are perpendicular leads
- Determine the quadrant from these 9 possibilities
 - Usually both I and aVF are positive, or upgoing, and the quadrant is left lower quadrant
 - If I is positive and aVF is negative, or downgoing, the quadrant is left upper
 - If I is negative and aVF is positive, the quadrant is right lower
 - If I and aVF are both negative, the quadrant is right upper
 - If I is isoelectric and aVF is positive, the axis is 90 degrees
 - If I is isoelectric and aVF is negative, the axis is -90 degrees
 - If I is positive and aVF is isoelectric, the axis is 0 degrees
 - If I is negative and aVF is isoelectric, the axis is 180 degrees
 - If both I and aVF are isoelectric, the axis is indeterminate!

Measuring the Axis - 1

- Assess leads I and aVF, perpendicular leads
- Determine the quadrant from these
 - Usually both I and aVF are positive, or upgoing, and the quadrant is left lower quadrant
 - If I is positive and aVF is negative, the quadrant is left upper
 - If I is negative and aVF is positive, the quadrant is right lower



Remember: Positive = upward deflection! Measuring the Axis - 1

- Assess leads I and aVF, perpendicular leads
- Determine the quadrant from these

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Measuring the Axis - 1

- Assess leads I and aVF, perpendicular leads
- Determine the quadrant from these
 - Usually both I and aVF are positive, or upgoing, and the quadrant is left lower quadrant
 - If I is positive and aVF is negative, the quadrant is left upper
 - If I is negative and aVF is positive, the quadrant is right lower



Remember: Positive = upward deflection!

Measuring the Axis - 2

- After determining the quadrant, seek an isoelectric lead (positive and negative deflections are equal in magnitude)
- Recall that the <u>axis will be perpendicular to</u> <u>an isoelectric lead</u>, so find which of the 2 perpendiculars to the isoelectric lead is in the correct quadrant determined before from I and aVF. Then you have succeeded.

Measuring the Axis - 3

- If there is no isoelectric lead, find the 2 leads with the smallest deflections (closest to isoelectric)
- The axis will be between the perpendiculars of those 2 leads
- Once again be sure the perpendiculars are in the proper quadrant determined by I and aVF. Then you have succeeded.

Measuring the QRS Axis



Limb Lead Information



Measuring the QRS Axis



Measuring the QRS Axis

Upright in 1 and F = left lower quadrant, between 0 and 90 degrees


Examples of calculating QRS axis

The Frontal Plane Axis



Process in Determining QRS Axis in Frontal Plane

- Step 1: Look at lead I. If it is positive, look at lead II. If it is negative, look at lead aVF.
- Step 2: If it is positive in lead I and positive in II, the axis is normal.
- Step 3: If it is positive in lead I and negative in lead II, there is left axis deviation
- Step 4: If it is negative in lead I and positive in lead aVF, there is right axis deviation.
- Step 5: If it is negative in lead I and negative in lead aVF, there is a northwest axis ("no-mans land")

The Frontal Plane Axis

Diagnosis	Axis (degrees)	Lead projections
Normal	-30 to 90	Up in I and II
Left Axis Deviation	-90 to -30	Up in I, down in II
Right Axis Deviation	90 to 180	Down in I, up in aVF
Northwest Axis	180 to 270	Down in I, down in aVF



















45 degrees Normal Axis



120 degrees - Right Axis Deviation





















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Steps in Reading a 12-Lead ECG



Steps in Reading a 12-Lead ECG



Steps in Reading a 12-Lead ECG Measure and explain vital 1. **QRS** Shape signs Assess QRS width and axis 2. Does it look normal? for conduction problem (BBB, Yes heart rate normal 1 IVCD, WPW, paced beat) or Normal LVH. 2. QRS's are regular and uniform •If so, diagnose conduction and rhythm 3. There is a normal P assess repolarization effects. wave beginning 3-5 mm •If not, assess for RVH, then for before each QRS MI. Assess repolarization (isch, etc.). No – Abnormal rhythm First, diagnose the atrial rate and activity **Final Checks:** Second, diagnose the Assess P wave (LAE, RAE, ventricular rate and activity ectopic origin) Compare rates and patterns Double check for extra, or to assess AV conduction hidden P waves (ante- and retrograde)

Assess the ECG

- Rate and regularity
- P wave
- PR interval
- QRS complex
- ST segment
- T wave
- U wave

- QTc interval
- Rhythm
 - rate and regularity
 - P wave morphology
 - PR interval
 - QRS morphology
 - Repolarization morphology

Rate and Regularity



- •Rate: 60-100 beats/min by definition is normal
- •Regularity should be fairly consistent
- •Bradycardia: rate less than 60

•Bradycardia may be normal in well-conditioned individuals or with sleep or from medications

P wave



- Configuration normally uniform from beat to beat
- Axis from 0 (some say 30) to 70 degrees
- Duration 0.06-0.10 sec
- Height less than 2.5 mm
- In V1, initially positive and terminally negative

PR Interval



- Constant from beat to beat
- Duration 0.12-0.20 sec (3-5 mm if normal paper speed)
- PR segment should be isoelectric (same horizontal level) with T-P segment

QRS Complex



•Axis normally -30 to +90 degrees

•Duration normally 0.06-0.10 sec

•Q waves

- -0.03 in I, II, III, L, F, and V5-V6
- -0.02 in V4
- -Absent in V1-V3

•R waves

- -increase V1 to V4
- -R>S usually by V4

-R<S usually in V1

- -all limb leads <20mm & all chest leads <30 mm
- -at least one limb lead >5 mm and

-chest lead >10 mm (R+S)

ST Segment



•During plateau phase of ventricular cellular action potential

•Begins horizontally, at level of PR and T-P segments

•May be displaced 1 mm in the direction of the following T wave ("early repolarization")

F wave



•Smooth, rounded monophasic or diphasic, more gradual onset and more sudden offset

•Amplitude usually

-<5mm in limb and <10 mm in chest leads</p>

-<3mm in III and aVL and <5mm in V1 and V6</p>

Direction

-Similar to QRS, <45 degrees in frontal plane

-In transverse plane: Variable in V1, + in rest

U wave

- May be absent
- Usually more prominent in bradycardia
- Same direction as T wave, but smaller, only 10% of T amplitude


U wave



HR 72 QT 0.36 RR 0.84 QTc 0.39

Calculation: SQRT 0.84=0.917 0.36/0.917=0.39 normal

> QTc Interval



- Duration of activation & recovery of ventricles
- Varies directly with RR interval, inversely with rate
- QTc is QT corrected for rate
- In msec, QTc = QT/(SQRT RR interval)
- Normal QTc is 0.41 seconds

Rhythm Analysis

- Rate and regularity
- P wave morphology
 - Upright in I and aVF?
- PR interval
 - Normal?
 - Constant?
- QRS complex morphology wide?
- Repolarization (look for P in T)

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 Diagnosing normal and abnormal findings

MorphologicabnormalitiesArrhythmias

Normal ECG



Morphologic Abnormalities

- <u>Chamber hypertrophy</u>
- Conduction abnormalities
- Ischemia, injury, infarction
- Repolarization abnormalities

Atrial Enlargement or Hypertrophy

 Atrial abnormalities are usually with enlargement of one or both ventricles



- LAE
 - Notch in P wave with 0.04 sec between peaks, P duration increased ≥0.12 sec
 - P terminal force more than 1 mm deep and wide in V1
- RAE
 - 2.5 mm tall P wave in II, prominent initial force in V1

Atrial Enlargement







Wagner GS. Marriott's Practical Electrocardiography 1994, p.58









2.5 mm tall P wave in II, prominent initial force in V1



Left Ventricular Hypertrophy

- The LV normally dominates the QRS, since it is about 10 mm thick and the RV is only a few mm thick.
- When the LV mass increases, the ECG forces directed <u>leftward</u> <u>and inferiorly and</u> <u>posteriorly</u> increase.



Left Ventricular Hypertrophy Point Score System

- 3 points: <u>Voltage</u> 20 mm in limb lead, 30 mm in chest lead (or Cornell voltage criteria, next slide)
- 3 points: Left <u>atrial</u> abnormality in V1
- 3 points: <u>Repolarization</u> abnormal off dig.
- 1 point: Repolarization abnormal on dig.
- Intrinsicoid deflection in V5-V6 >0.05 sec
- QRS duration 0.09-0.10 sec

Left Ventricular Hypertrophy

- Cornell Voltage Criteria
 - R wave in aVL + S wave in lead V3!
 - Women: >2.0 mV (20 mm)
 - Men: >2.8 mV (28 mm)
- Sokolow-Lyon Criteria
 - R in lead I plus S in lead III >25 mm

ECG LVH







ECG LVH



ECG LVH



Right Ventricular Hypertrophy

- Tougher than LVH, because RV forces must increase more to overcome the normally dominant LV forces
- RV forces are rightward and anterior and inferior

- Criteria
 - Right axis >110 degrees
 - R/S in V1 or V3R >1
 - R in V1 >7mm
 - S in V1 <2mm</p>
 - qR pattern in V1 or V3R
 - rSRprime in V1 with Rprime >10mm
 - also, ST depression and T inversion in V1-V2





–Right axis >110 degrees***

-R/S in V1 or V3R >1***

ECG - RVH

- -R in V1 >7mm***
- -S in V1 <2mm***
- -qR pattern in V1 or V3R
- -rSRprime in V1 with Rprime >10mm
- -ST depression and T inversion in V1-V2***

ECG - RVH

-Right axis >110 degrees***

- -R/S in V1 or V3R >1***
- -R in V1 >7mm***
- -S in V1 <2mm
- -qR pattern in V1 or V3R
- -rSRprime in V1 with Rprime >10mm
- –also, ST depression and T inversion in V1-V2***



ECG - RVH





-R/S in V1 or V3R >1***

–R in V1 >7mm

-S in V1 <2mm***

-qR pattern in V1 or V3R

–rSRprime in V1 with Rprime >10mm

–also, ST depression and T inversion in V1-V2***

ECG - RVH



Morphologic Abnormalities

- Chamber hypertrophy
- <u>Conduction abnormalities</u>
- Ischemia, injury, infarction
- Repolarization abnormalities

Conduction Abnormalities (Causes of <u>wide QRS</u> complexes, QRS duration at least 0.12 sec)

- Left bundle branch block (LBBB)
- Right bundle branch block (RBBB)
- Hemiblocks (not as wide) Optional
- Wolff-Parkinson-White (WPW)
- Intraventricular conduction delay
- Ventricular Origin QRS complexes
- Hyperkalemia

Left Bundle Branch Block

- QRS duration >= 0.12 sec
- Broad (usually notched) R in I, V5, and V6
- Absent Q waves in I, V5, and V6
- Delay in R peak time in V5 and V6
- Broad Deep S wave or QS complex in V1
- Repolarization: ST segment and T wave directed opposite to mean QRS

LBBB Implications

- The entire QRS is distorted by the bundle branch block
- Therefore it is not possible to diagnose pathologic Q waves of MI or high voltage of LVH in the setting of LBBB



•QRS duration >= 0.12 sec***

Discordant T wave

ECG - LBBB

- •Broad (usually notched) R in I, V5, and V6***
- Absent Q waves in I, V5, and V6***
- •Delay in R peak time in V5 and V6***
- Broad Deep S wave or QS complex in V1***

•Repolarization: ST segment and T wave directed opposite to mean QRS***

- •QRS duration >= 0.12 sec
- •Broad (usually notched) R in I, V5, and V6
- •Absent Q waves in I, V5, and V6
- ECG LBBB •Delay in R peak time in V5 and V6
- Broad Deep S wave or QS complex in V1
- Repolarization: ST segment and T wave directed opposite to mean QRS **Discordant T wave**





ECG - LBBB Discordant T wave



ECG - LBBB

QRS duration - 0.12 sec

Discordant T wave



ECG - LBBB



Right Bundle Branch Block

- QRS duration >= 0.12 sec
- R prime in V1 or V2 larger than R wave
- R prime in V1 usually 0.06 sec wide
- Wide (slurred) S wave in I, V5 and V6, often distinct onset
- Preserved initial forces
- Repolarization: T wave opposite the terminal delay

RBBB - Implications

- In a RBBB, the initial 0.06 seconds of the QRS complex are unchanged by the bundle branch (different from the case with LBBB)
- Therefore, it is possible to read pathologic Q waves of myocardial infarction the in setting of RBBB
- In an ECG with prior anteroseptal MI and RBBB, there will be no RSRprime pattern in V1. Rather there will be a QR pattern.

ECG - RBBB V4 aVR Vi I V5 aVL V2п ш

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- R prime in V1 or V2 larger than R wave
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ECG - RBBB

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ECG - RBBB



ECG - RBBB QRS duration - 0.12 sec



ECG - RBBB QRS duration - 0.12 sec





Hemiblocks

- Left anterior
 hemiblock
 - Axis -45 to -90 degrees
 - qR complex or R wave in I and aVL
 - rS complex in II, III, and aVF
 - normal or slightly long QRS duration
 - T wave usually tall in II, III, and aVF

Left axis deviation

- Left posterior hemiblock
 - Axis +90 to +180, degrees
 - S in I and often aVL
 - Q in III and often II and aVF
 - normal or slightly long QRS duration
 - T wave usually inverted in II, III, and aVF

Right axis deviation

ECG - LAFB





•Axis -45 to -90 degrees

- •qR complex or R wave in I and aVL
- •rS complex in II, III, and aVF
- normal or slightly long QRS duration
- •T wave usually tall in II, III, and aVF

Combinations of Conduction Abnormalities Optional

- LBBB doesn't really combine
- RBBB plus anterior hemiblock
 - intuitive criteria
- RBBB plus posterior
 hemiblock
 - intuitive criteria

- RBBB with anterior or posterior hemiblock is called <u>Bifascicular block</u>
- Bifascicular block with first or second degree AV block is called <u>Trifascicular</u> block

Other Conduction Optional Abnormalities

- <u>IVCD</u> Intraventricular conduction delay or defect - QRS duration of 0.11 or more without RBBB or LBBB criteria, also called nonspecific or diffuse IVCD
- <u>Peri-infarction block</u> mild terminal delay in conduction directed toward infarcted area, slurred downstroke of the R wave in a lead with pathologic Q wave

Wolff-Parkinson-White Pattern (WPW)

- Short PR interval (<0.12 sec)
- Wide QRS complex (>= 0.11 sec)
- Slurred initial forces of QRS <u>Delta wave</u> (the delta wave is included in the measurement of the QRS duration)
- Secondary ST segment and T wave abnormality
- A frequent association of paroxysmal tachycardia, usually supraventricular is WPW syndrome (rather than just pattern)

Wolff-Parkinson-White Syndrome (WPW) - 2

- Every beat is a fusion beat
 - Part of QRS from AV node and normal His-Purkinje system
 - Part of QRS from conduction through the accessory AV connection ("Bundle of Kent") from atrial muscle to ventricular muscle
 - Variable conduction depends on how much of the ventricle is excited from the normal versus the accessory pathway

Anatomy of Pre-excitation



From Chou, 1996, p. 473





From Chou, 1996, p. 473

- •Short PR interval (<0.12 sec)
- •Wide QRS complex (>= 0.11 sec)
- •Slurred initial forces of QRS <u>Delta wave</u>
- Secondary ST segment and T wave abnormality





- •Short PR interval (<0.12 sec)
- •Wide QRS complex (>= 0.11 sec)
- •Slurred initial forces of QRS <u>Delta wave</u>
- •Secondary ST segment and T wave abnormality



Different locations of Kent bundle cause different delta wave location and shape





Wolff-Parkinson-White Syndrome (WPW) - 3

- Tachycardia is often due to electrical activity travelling in a circular pathway
- One Possible Pathway
 - AV node
 - Ventricular muscle
 - Accessory pathway
 - Atrial muscle

- "Circus movement"
- Atrioventricular reentrant tachycardia (AVRT)



Retrograde Kent conduction resulting in atrial tachycardia



Retrograde AVB conduction resulting in atrial (supraventricular) tachycardia and antegrade conduction in Kent

Morphologic Abnormalities

- Chamber hypertrophy
- Conduction abnormalities
- Ischemia, injury, infarction
- Repolarization abnormalities

Ischemia, Injury, Infarction - 1 Physiology of Infarction

- Coronary blood <u>supply</u> must meet <u>demand</u>
- Coronary oxygen extraction is near max at rest
- More oxygen supply requires more coronary blood flow, reserve is about 4-fold
- <u>Demand</u> is increased by higher heart rate, contractility, chamber size, and systolic pressure
- <u>Supply</u> decreased by coronary obstruction or impaired oxygen delivery of blood

Supply/Demand!

Ischemia, Injury, Infarction - 2

- Ischemia and Injury
 - generally a severe imbalance
 - <u>ST elevation</u> is transmural or subepicardial injury - this localizes (STEMI – need to move quickly to PCI or lytics)
 - <u>ST depression</u> is subendocardial injury this doesn't localize





ECG Injury ST segment displacement

ST <u>depression</u>: subendocardial injury pattern





ECG Injury

ST elevation – transmural injury – often indicates acute infarction – should trigger immediate revascularization attempts



ECG Injury

ST elevation – transmural injury – often indicates acute infarction – should trigger immediate revascularization attempts

ECGST elevation – transmural injury – often
indicates acute infarction – should trigger
immediate revascularization attempts



Ischemia, Injury, Infarction - 3

- Infarction irreversible loss of myocardium, replaced eventually by electrically silent collagen
 - ECG initial forces directed away from area of infarction, with abnormal Q wave in affected leads
 - Abnormal Q (Pathologic Q) 0.04 sec wide and depth of 25% of height of R wave in that lead.

Infarction Q waves

- In addition to the classic definition of pathologic Q waves (25% of the height of the R wave and 0.04 sec duration), there are 2 other additional facts
- In diagnosing anterior MI, true Q waves anteriorly are not always needed – anterior MI also shows as R wave decrement rather than R wave progression
- In diagnosing posterior MI, since there is no ECG lead in the back, the infarction is seen as a very tall and broad initial R wave in V1 and V2 ("upside-down Q waves")

Ischemia, Injury, Infarction - 4

- Infarction irreversible loss of myocardium, replaced eventually by electrically silent collagen
 - ECG initial forces directed away from area of infarction, with abnormal Q wave in affected leads
 - Abnormal Q (Pathologic Q) 0.04 sec wide and depth of 25% of height of R wave in that lead



Ischemia, Injury, Infarction - 5

- Infarction irreversible loss of myocardium, replaced eventually by electrically silent collagen
 - ECG initial forces directed away from area of infarction, with abnormal Q wave in affected leads
 - Abnormal Q (Pathologic Q) 0.04 sec wide and depth of 25% of height of R wave in that lead



Localization of Infarction

Inferior	II, III, aVF	Extensive Anterior	Nearly all of V1-V6, I and
			aVL
Inferolateral	II, III, aVF, and V5-V6	High lateral	I, aVL
Anteroseptal	V1-V3, or V4	True posterior	Upside-down V1-V2
Anterior	V2-V4	Inferoposterior	Inferior and posterior
Anterolateral	V5-V6, or V4, I, aVL	Posterolateral	Posterior and anterolateral

Infarction Location



Mid Precordial, Anterior, Localized Anterior

Inferior Infarction



Inferior Infarction



Anterior MI



Anterior MI


Time Course of Infarction - 1

- <u>Hyperacute T waves</u> peaked positive T waves directed toward infarction, only a few minutes
- <u>ST depression</u> any time in infarction, doesn't localize, may mean "Non-Q MI", or Non-ST elevation MI – NSTEMI.
- <u>ST elevation</u> begins in minutes, greatest in 7-12 hr, BEST criterion for urgent intervention (PCI or thrombolysis)

Time Course of Infarction - 2

- <u>Q wave formation</u> begins at 6-12 hours, usually permanent
- <u>T wave inversion</u> begins after a day or a few days, lasts often months to years
- <u>ST segment elevation usually resolved</u> by 2 to 8 weeks; afterwards indicates LV aneurysm

Recent Anterolateral MI



Hyperacute Anteroseptal MI

V

V2

V3

V۵

V5

V6

aVR

aVL

aVF

T

Π

Ш

V

Π

Peaked T waves in V2-3, ST elevation in V2-V5 and I and aVL, reciprocal ST depression in III

Acute Anterolateral MI



Acute Inferolateral MI



Prior Inferior Wall MI

Pathologic Q waves in II, III, and aVF, persistent T inversion, not deep, no ST segment elevation



Prior Anterior Wall MI

Pathologic Q waves in V2-V3, T inversion in V3, not deep, no ST segment elevation



Acute or Recent Inferior Wall MI

Pathologic Q waves and ST segment elevation in II, III, and aVF, (incidentally note tracing is at double standard)



Prior Anterior Wall MI

Pathologic Q waves and mild persistent ST segment elevation and T wave inversion in left and mid precordial leads



Morphologic Abnormalities

- Chamber hypertrophy
- Conduction abnormalities
- Ischemia, injury, infarction
- <u>Repolarization abnormalities</u>

Other (Besides Ischemia or Injury) Repolarization Abnormalities

- Pericarditis
 - PR segment depression
 - ST segment elevation
 - later T inversion
 - No change in QRS complex

- Electrolyte abnormalities
 - Hypokalemia low T and large U wave and arrhythmia
 - Hyperkalemia peaked T wave, QRS prolongation
 - Hypercalcemia short ST segment
 - Hypocalcemia long ST segment



ECG -Pericarditis

= Diffuse ST elevation

= PR segment depression

= No reciprocal changes except aVR



Pericarditis vs STEMI

- May be impossible to distinguish totally
- In pericarditis, the ST elevation is generally less dramatic than in STEMI
- In pericarditis, the ST elevation is generally more diffuse, in particular may involve inferior, anterior and lateral leads, but is not necessary to involve all leads
- In pericarditis, the ST elevation is more likely to be concave up, whereas in STEMI, the ST elevation is more likely to be concave down.

ST Segment Concavity

Concave UP



Concave DOWN





Other Repolarization Abnormalities - 2

- CNS disturbances diffuse T inversion and striking QT prolongation
- Early repolarization normal, stable ST elevation and small terminal delay in V5-V6
- Persistent juvenile pattern normal, stable T inversion in V1-V3

Other Repolarization Abnormalities - 3

- Congenital prolongation of the QT interval
 - Risk of sudden death
 - Several different varieties, from abnormal channel proteins
 - Cleft or alternating T waves
- Acquired prolongation of the QT interval frequently due to pharmacologic agents such as antimicrobial or antiarrhythmic agents



QT Prolongation from IV Quinidine



Normal and Abnormal Rhythms

- Sinus rhythms
- Atrial rhythms
- Rhythms of the AV Junction or AV node
- Ventricular rhythms

Sinus Rhythms - 1

- Normal sinus rhythm (NSR)
 - Rate 60-100 beats/min
 - P wave axis 0 to 70 degrees
 - PR interval 0.12-0.20 sec
 - P wave uniformity
 - P-P interval uniformity (regularity)

ECG - NSR



- Rate 60-100 beats/min
- P wave axis 0 to 70 degrees

- PR interval 0.12-0.20 sec
- P wave uniformity
- P-P interval uniformity (regularity)

ECG - NSR



Sinus Rhythms - 2

- Sinus Arrhythmia
 - P-P interval varies by 0.16 sec
 - Respiratory-phasic
 - rate increases with inspiration
 - <u>Non-respiratory-phasic</u>
 - often elderly or heart disease
 - <u>Ventriculophasic</u> only in AV block
 - P-P interval with intervening QRS is shorter

ECG - Sinus Arrhythmia

P-P interval varies by 0.16 sec





Sinus Rhythms - 3

- Sinus tachycardia rate >100 beats/min
- Sinus bradycardia rate <60 beats/min
- Sinus arrest or pause, or SA arrest or pause
 - pause with no P wave
 - not multiple of intrinsic intervals
- Sinus exit block, or SA exit block
 - like sinus pause, but IS multiple of intrinsic intervals

Sinus Bradycardia



Sinus Bradycardia



Sinus Tachycardia



Sinus Tachycardia





Sinus pause after tachycardia

ALARM HISTORY *PAUSE* .05-120Hz 06-JUN 10:29:42 HR 69 @25 MM/S



Atrial Rhythms

- PAC early different P wave... look for it! ... It disturbs the regularity of the rhythm
 - Normal, aberrant, or no QRS complex
- Ectopic atrial rhythm like NSR, but abnormal P wave axis and shape
- Atrial tachycardia like atrial rhythm, but >100 beats/min
- Wandering atrial pacemaker gradual

Atrial Rhythms

Early different P wave, may hide in ST segment or T wave (only a small distortion of the wave from baseline)






Premature atrial complexes (PACs)

PAC – early different P wave!



Premature atrial complexes (PACs)

PAC – early different P wave; here atrial trigeminy, The early P wave distorts the T wave





- Organized reentry in the atrium at rate of 250-350 waves/min, consistent
- Waves best in II, III, and aVF, sawtooth
- Ventricular response
 - may be 2:1 AV conduction, regular at 150 beats/min
 - may be variable
 - may alternate 2:1 and 4:1 conduction



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 - may be variable
 - may alternate 2:1 and 4:1 conduction



Classic sawtooth in II, III, and aVF

Atrial rate about 310, ventricular rate about 78, 4:1 conduction



Classic sawtooth in II, III, and aVF



Classic sawtooth in II, III, and aVF

Here, atrial flutter with 4:1 conduction and RBBB too



- Disorganized atrial rhythm, faster than 350
- Usually best in V1
- Moderate ventricular response is 70-110
 beats/min
- Irregularly irregular (no pattern) RR interval
- If regular RR interval, then the ventricle is beating on its own



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Atrial Flutter vs. Fibrillation

	Atrial Flutter	Atrial Fibrillation
Best leads	II, III, aVF	V ₁
Atrial rhythm	Regular	Irregular
Atrial rate	220-340	Faster
Ventricular Response	Often a pattern of 2:1 or 4:1 or alternating or 3:1, occasionally irregular	Always irregularly irregular unless complete AV block





Atrial fibrillation and RBBB



Atrial fibrillation can occur in patients with bundle branch block





Afib and rapid ventricular response (RVR) is less irregular than with slower response



Multifocal Atrial Tachycardia

- Variable P morphology and PR interval and P-P interval, not gradual or progressive
- Rate over 100 beats/min
- Often indicates severe end-stage cardiac or pulmonary disease

Multifocal Atrial Tachycardia



Multifocal atrial tachycardia (MAT) is usually irregularly irregular, similar to Afib, but there are real and distinct P waves

AV Junctional Beats

- P wave, if seen, left axis deviation
 - inverted in II, III, and aVF
 - called "retrograde P wave"
- PR interval is short
 - <0.11 sec
 - P may be in the QRS complex
 - P may occur immediately after QRS (R-P interval <0.20 sec)

Where in the AV Junction?

- No matter where, the PR interval will be short and the P wave if seen will be inverted
- <u>High</u> in the AV junction P precedes QRS, PR interval short
- <u>Middle</u> of AV junction P within QRS, not seen
- Low in the AV junction P follows QRS

AV Junctional Beats

High

Middle

Low







Junctional Rhythms

- <u>Junctional escape rhythm</u> very regular, rate 40-50 beats/min
- <u>Accelerated junctional rhythm</u> rate usually about 70-130 beats/min
- <u>Junctional escape complex</u> junctional beat which occurs after a pause
- <u>Junctional premature complex</u> junctional beat which occurs early (before next expected beat)



Junctional Rhythms



The P wave FOLLOWS the QRS. Potassium 2.6. Also long QT interval.

Accelerated Junctional Rhythm



The P wave is not seen. ICU patient with OD.

Junctional Rhythms



Supraventricular Tachycardia

Rate 140 to 220

- Regular rhythm, normal QRS, same as baseline
- No sinus P wave present

Often unable to determine specific mechanism of tachycardia

AVNRT-

A-V Nodal Reentrant Tachycardia

- Most common form of paroxysmal supraventricular tachycardia
- Onset and termination are abrupt
- Rate usually 140-220 beats/min
- P waves retrograde
- Common type slow antegrade short RP
- Uncommon type fast antegrade long RP

Supraventricular Tachycardia





RATE 150, RP interval 0.12 sec, P axis -90 degrees

Supraventricular Tachycardia

RATE 168, RP interval ???, P wave axis ???


AVRT - Atrioventricular Reciprocating Tachycardia

- Accessory pathway of WPW (Kent bundle) always required
- rates 140-250 beats/min

Orthodromic

- antegrade down AV node
- *retrograde* up the Kent bundle
- *narrow*, normal QRS
- *common* occurrence

Antidromic retrograde antegrade wide uncommon

Ventricular Rhythms

- Ventricular beat
 - No preceding premature P wave
 - QRS complex wide and different, >0.12 sec
 - May have a following P wave
- PVC premature ventricular complex early different QRS
- Ventricular escape rhythm series of ventricular beats at rate of 30-40 beats/min

The PVC Premature Ventricular Complex

- Compensatory pause
 - usual
 - retrograde conduction through AV node doesn't reset SA node
- No pause or interruption: "interpolated" PVC
- Couplet 2 PVC's in a row

- Quadrigeminy every 4th beat a PVC
- Trigeminy every 3rd beat a PVC
- Bigeminy every 2nd beat a PVC
- Unifocal all alike
- Multifocal all not alike

PVC's

VI

п

Г









PVC's

V1

ĥ







PVC's









Unifocal Ventricular Quadrigeminy



PVCs



PVCs



Ventricular Rhythms

- 3 PVC's in a row triplet or short burst of Ventricular tachycardia
- Nonsustained ventricular tachycardia less than 30 sec
- Sustained ventricular tachycardia more than 30 sec
- Rate usually 140-200

Ventricular Tachycardia

- Rate < 110 = accelerated idioventricular rhythm
- Abrupt onset and termination
- Monomorphic all beats look alike
- Polymorphic all beats don't look alike, no gradual change
- Torsades de pointes turning of the points, gradual change from beat to beat

Nonsustained Ventricular Tachycardia



Nonsustained Ventricular Tachycardia



Nonsustained Ventricular Tachycardia



Sustained Ventricular Tachycardia



41 year-old man with DCM and normal coronary arteries

Wide Complex Tachycardia



Patient with Tetralogy of Fallot, received ICD



Ventricular Tachycardia Torsade



50

Ventricular fibrillation

- Ventricular flutter regular, like ventricular tachycardia, but cannot distinguish individual QRS complex
- Ventricular fibrillation irregular, chaotic, deflections vary in amplitude and contour, without distinct P or QRS or T wave, with rate of undulations from 150-500/min

Ventricular Fibrillation



Ventricular Fibrillation



Ventricular Fibrillation

- upu -

ALARM HISTORY *V TACH* .05-120Hz 23-MAY 01:47:14 HR 125 @25 MM/S



Ventricular escape rhythm



Agonal Rhythms



Summary of Beat Morphology

Type of Beat	P wave	PR interval	QRS complex
Sinus	Normal	Normal	Normal
Atrial	Abnormal	Normal	Usually normal
Junctional	Retrograde	Short	Usually normal
Ventricular	None	None	Wide

Degrees of AV Block

Degree	Which Conduct	<u>PR interval</u>	<u>RR interval</u>
First	All	Constant and long	Regular
Second (Wenckebach) (Mobitz I)	Some	Variable, pattern	Grouped beats
Second (2:1)	Some	Constant	Regular
Second (Mobitz II)	Some	Constant	Irregular, multiples
Third (Complete)	None	Variable, random	Regular



First Degree AV Block



PR interval Constant and Long

First Degree AV BlockPR 0.24PR interval Constant and Long



PR 0.24 First Degree AV Block

PR interval Constant and Long



Second Degree AV Block, Wenckebach (Mobitz I)

- Some beats don't conduct, so more P's than QRS's
- Progressive Prolongation of the PR interval for the conducted beats
 - increment of prolongation actually decreases
 - progressive shortening of the RR interval
- After pause is shortest PR interval
 - may be a junctional or ventricular escape beat



Second Degree AV Block, Wenckebach (Mobitz I)



Non-simultaneous

Second Degree AV Block, Wenckebach (Mobitz I)



Second Degree AV Block, Mobitz II

PR interval constant for conducted beats



Second Degree AV Block, Mobitz II

PR interval constant for conducted beats


- Can be either mechanism of Wenckebach or mechanism of Mobitz II, can't tell
 - if QRS is wide, could be either
 - if QRS is narrow, usually is Wenckebach
- Can be tricky to diagnose, must find the nonconducted P waves (otherwise the mistaken diagnosis will be mere bradycardia)









Not so easy... could misdiagnose as NSR rate 64.
But actually is sinus tachycardia at rate of 128 (patient is likely sick) with 2:1 block.

The extra P waves are best seen at the 3 red arrows, and are same shape and axis as the sinus P waves.
Wide QRS indicates disease below the bundle of His: IVCD

- No atrial activity conducts to the ventricle
- Atrial rate faster than ventricular rate
- No relationship between P and QRS
 - PR interval is random
 - PR interval may at first glance seem to have a pattern
- Ventricular rhythm is independent, either junctional or ventricular escape rhythm
 - Regular ventricular rhythm, even in AFib













Wide QRS (LBBB pattern) - ventricular escape. Acute inferior injury pattern!

Sinus tachycardia, rate 100



Acute inferior injury pattern! ST elevation in II, III, and aVF When atrial fibrillation has a regular ventricular response, the AV node is not conducting





- Artificial Pacemakers generate an electric voltage of generally less than 1 msec - ECG appears unnaturally short and spikey
- Pacer <u>spike</u> can be in atrium or ventricle or both. (Spike indicates the pacemaker fires)
- <u>Capture</u>: pacer spike precedes a P or a QRS
- <u>Sense</u>: no pacer spike shortly after a P or a QRS





LBBB and left axis deviation is typical pattern for transvenous pacemaker tip at RV apex





Note: Spike before each QRS No P before any QRS Hidden P at end of QRS, best seen in II Ventricular pacemaker, 100% capture, with 1:1 retrograde conduction (VA conduction)





Note: All QRS initiated by large pacer spike except the last. Last paced beat is a fusion beat. Blue arrows show P waves











- Pacer spike followed by P wave Atrial pacemaker
- Atrial pacer rate is fast at 100 bpm
- Prolonged constant PR interval First degree AV block
- •ST elevation in II, III and F, inferior transmural injury
- Reciprocal change in I and L
- ST depression in V2, posterior injury





A pace, noncapture V pace, capture retrograde A wave





VI

II

Nonconducted atrial spikes due to refractory atrium



Red arrow - conducted atrial spikes Blue arrow - native P waves



A pace, V sense



PacemakerECGV pace (retrograde P wave)

