#### ECG WPW

With 15 patients from San Antonio

December 19, 2005 Joe M. Moody, Jr, MD UTHSCSA and STVAHCS

#### Topics in WPW

- Terminology and Location
- Dysrhythmias
  - AVRT, orthodromic and antidromic
  - Atrial fibrillation
- Prognostic assessment

### History of WPW

- 1893: Kent described muscular AV connections, considered them to provide normal AV conduction
- 1914: Mines suggested that Bundle of Kent might mediate reentry
- 1930: Leon Wolff and Paul Dudley White in Boston and Sir John Parkinson in London published 11 cases with bizarre ventricular conduction and short PR intervals "Bundle Branch Block with Short PR Interval in Healthy Young People Prone to Paroxysmal Tachycardia" <u>Am</u> <u>Heart J.</u> 1930;<u>5</u>:685-704.
- 1944: Segers connected short PR interval, wide QRS and prolonged upstroke and arrhythmias into a syndrome

Wolff L. Circulation 1954;10:282; Marriott 9th ed, Ch. 6; Podrid and Kowey, Ch 17, 2001.

#### Paul Dudley White













## The Three Original Authors



#### **Original Article**

#### The American Heart Journal

Vol. V

August, 1930

No. 6

#### **Original Communications**

#### BUNDLE-BRANCH BLOCK WITH SHORT P-R INTERVAL IN HEALTHY YOUNG PEOPLE PRONE TO PAROXYSMAL TACHYCARDIA

Louis Wolff, M.D., Boston, Mass., John Parkinson, M.D., London, Eng., and Paul D. White, M.D., Boston, Mass.

#### WPW Exercise, Atropine



Fig. 1.—(Case I) Right bundle-branch block. The P-R interval is 0.1 second. The rate is 72. Time intervals for this and succeeding figures = 0.2 second. Horizontal lines cut off intervals of  $10^{-4}$  volt.

Fig. 2.—(Case I) Immediately after exercise (running up and down four flights of stairs). Sino-auricular tachycardia, rate 140 to 120. The ventricular complexes are normal, the P-waves are better marked, and the P-R interval is 0.16 second.

Fig. 3.—(Case I) One hour after the subcutaneous injection of  $\frac{1}{20}$  grain of atropine sulphate. The rate is 140, the ventricular complexes are normal, and the P-R interval is 0.15 to 0.16 second.



Fig. 5.—(Case II) Immediately after exercise. The ventricular complexes are normal except for deformity of the S wave and S-T interval by artefact (high resistance, resulting in over-shooting). The T-wave is upright. The P-R interval is 0.15 second Rate 96.



Fig. 6.—(Case III) Bight bundle-branch block. The P-R interval is well under 0.1 second. The rate varies between 60 and 70.



Fig. & .-- (Case III) Two years after Fig. 6 was taken. Normal physiological curves.



Fig. 7.—(Case III) After a paroxysm of tachycardia lasting seven hours. The ventricular complexes are normal, but occasionally there is reversion to the abnormal form. The P-R interval is almost 0.2 second. The P-wayes are notched, and identical in Figs. 6 and 7.

Original Article, Case III, Intermittent Pre-excitation

#### Original Article, Case IV, Intermittent



Fig. 9.—(Case IV) Spontaneous reversion from bundle-branch block curves to normal ones. The form of the P-wave remains unaltered, but the P-R interval changes from 0.09 second to 0.15 second.









Fig. 12.--(Case IV) Simultaneous electrocardiogram and jugular and radial tracings. Bundle-branch block curves are present. The a. c. v. h. sequence is normal.

#### Original Article, Cases V and VI







Fig. 14.—(Case VI) Intraventricular block. The P-waves are normal and upright in all leads. The P-R interval is well under 0.1 second.

#### **Original Article**



Fig. 15,--(Case VII) Left bundle-branch block. The P-waves are normal and upright in all leads. The P-R interval is well under 0.1 second.



Fig. 18.—(Case IX) Intravent ricular block. The P-R interval is 0.1 second. Time intervals = 0.2 and 0.04 seconds,







Fig. 17.--(Case VIII) Three years later. Normal physical curves. The P-R interval is 0.16 second. The P-waves are identical in Figs. 16 and 17.

# Original Article





### Original Article

NOTE: In this paper bundle-branch block when mentioned is referred to according to the old nomenclature of right bundle-branch block for upright widened Q-R-S waves in Lead I and inverted widened Q-R-S waves in Lead III, and left bundle-branch block for inverted widened Q-R-S waves in Lead I, and upright widened Q-R-S waves in Lead III according to the newly revised nomenclature, which is probably correct, these designations would be changed, so that one should read "left bundle-branch block" for "right" and "right bundle-branch block" for "left" in this paper.

#### REFERENCES

- 1. Carter, E. P.: Clinical Observations on Defective Conduction in the Branches of the Auriculo-Ventricular Bundle. Arch. Int. Med., 13, 803, 1914.
- 2. Cohn, A. E., and Lewis, T.: The Pathology of Bundle-Branch Lesions of the Heart. Proc. N. Y. Path. Soc., 14, 207, 1914.
- 3. Eppinger, H., und Rothberger, J.: Zur Analyse des Elektrokardiogramms. Wien Klin. Wchnschr., 22, 1091, 1909.
- Eppinger, H., und Rothberger, J.: Ueber die Folgen der Durchschneidung der Tawaraschen Schenkel des Reizleitungssystems. Ztschr. f. klin. Med., 70, 1, 1910.
- 5. Eppinger, H., und Stoerk, O.: Zur Klinik des Elektrokardiogramms. Ztschr. f. klin. Med., 71, 157, 1910.
- 6. Wedd, A. M.: Paroxysmal Tachycardia. Arch. Int. Med., 27, 571, 1921.
- 7. Wilson, F. N.: A Case in Which the Vagus Influenced the Form of the Ventricular Complex of the Electrocardiogram. Arch. Int. Med., 16, 1008, 1915.

#### Ventricular Pre-excitation

- Residual tissue left after segmentation of the embryonic cardiac tube into atrial and ventricular chambers
- Fibers usually resemble ordinary myocardium\*
- Conduction is usually rateindependent, but rate-dependent (decremental conduction) conduction to some degree has been found in about 7%
  - Antegrade decremental conduction more in right side
  - Retrograde decremental conduction anywhere



Zipes and Jalife, 4<sup>th</sup> ed, 2004, p. 869-878; Braunwald, 2005, p. 754. \*Peters NS et al. <u>Eur Heart J</u>. 1994;<u>15</u>:981.



Lerman BB et al. <u>NEJM</u>. 2003;<u>349</u>:1787.

#### **Fibrous Skeleton** of the Heart



Arch of aorta

AV Node Landmarks



• Anatomical landmarks of the triangle of Koch. This triangle is delimited by the tendon of Todaro superiorly, which is the fibrous commissure of the flap guarding the openings of the inferior vena cava and coronary sinus, by the attachment of the septal leaflet of the tricuspid valve inferiorly, and by the mouth of the coronary sinus at the base.

Braunwald, 2005, p.656; Hurst, 2004, p.83.

Tendon of Todaro is absent in about 2/3 of hearts; it originates in the central fibrous body and passes through the atrial septum to continue with the eustachian valve .. Braunwald 2005 p. 655

# AV Node Landmarks



- The compact portion of the AVN becomes the penetrating portion of the His bundle at the point where it enters the central fibrous body
  - In 85-90% of human hearts the arterial supply to the AVN is from the RCA originating at the posterior intersection of the AV and interventricular grooves (crux)
- The Bundle of His (penetrating portion of the AV bundle) continues from the central fibrous body through the annulus fibrosis and penetrates the membranous septum
- Braunwald, 2005, p.656; Hurst, 2004, p.83.

AV Node Landmarks



• Anatomical landmarks of the triangle of Koch. This triangle is delimited by the tendon of Todaro superiorly, which is the fibrous commissure of the flap guarding the openings of the inferior vena cava and coronary sinus, by the attachment of the septal leaflet of the tricuspid valve inferiorly, and by the mouth of the coronary sinus at the base. <u>Stippled area</u> adjacent to the central fibrous body is the approximate site of the compact atrioventricular node. Braunwald, 2005, p.656.



• Sections through the atrioventricular (AV) junction show the position of the AV node (arrowhead) within the triangle of Koch (A) and the penetrating AV bundle of His (arrowheads) within the central fibrous body (B).

#### Braunwald, 2005, p.657.

#### Names of Fibers

- <u>Kent</u>: AV connection
- <u>James</u>: atrium to distal or compact AVN
- <u>Brechenmacher</u>: atrium to His bundle

"Wolff-Parkinson-White Syndrome;" by Prystowsky E et al, p. 869ff.

• <u>Mahaim</u>: His to ventricle (commonly used for atriofascicular fiber, original description was nodofascicular connection which is much less common than atriofascicular, e.g., atrium to right bundle branch along the lateral tricuspid annulus only capable of anterograde connection)

Podrid and Kowey. <u>Cardiac Arrhythmias: Mechanisms, diagnosis, and therapy</u>. 2001. Ch. 17 "Tachycardias in WPW;" by Marinchak RA and Rials SJ, p. 517. Zipes DP and Jalife J. <u>Cardiac Electrophysiology: From Cell to Bedside</u>; 2004. Ch. 58, "Atrioventricular Reentry and Variants" by Knight BP and Morady F, p. 528ff. And Ch. 94,



#### Site of prior successful ablation of AVNRT

#### Hurst, 11<sup>th</sup> ed. P. 856.

# **Types of Fibers**



FIGURE 30-1 Structure of the AV node. A. Heart specimen from patient with AVNRT. Koch's triangle is formed by tendon of Todaro, coronary sinus (CS), ostium, and septal attachment of tricuspid valve (TV). Arrow represents site of successful ablation. IAS = interatrial septum, RV = right ventricle, FO = fossa ovalis, RAA = right atrial appendage. (From Olgin et al.<sup>36</sup> With permission) *B.* Schematic drawing depicting the three zones of the AV node and various types of perinodal and atrioventricular bypass tracts. (From McManus BM, Harji S, Wood SM. Morphologic features of normal and abnormal conductions systems. In: Singer I, ed. *Interventional Electrophysiology*, 2d ed. New York: Lippincott Williams & Wilkins; 2001:23. With permission.)

### Types of Ventricular Pre-Excitation

- Atrioventricular pathway (Kent bundle) most common
- Mahaim fibers
  - Atriofascicular (Brechenmacher tract is to His bundle), antegrade only and decremental so reciprocating tachycardia is LBBB
  - \*Nodoventricular (and nodofascicular) – clinical significance is controversial, reciprocating tachycardia does not require atrium (so can dissociate)
  - Fasciculoventricular has not been demonstrated to cause reciprocating tachycardia



HIS

RB

# Types of Ventricular Pre-Excitation

- A. Atrioventricular pathway (Kent bundle) most common
- B. Atriohisian is very uncommon, might give LGL, unproved (but atriofascicular does exist and gives preexcitation)
- C. Nodoventricular, original concept
- D. Fasciculoventricular, not thought to be important in genesis of arrhythmia
- E. Current concept of nodoventricular – accessory pathway with AV nodal properties



Braunwald, Ch. 32, "Specific Arrhythmias: Diagnosis and Treatment", Olgin JE and Zipes DP. p. 830, 2005

## Locations of Accessory Pathways

(Finer subdivisions are also used)

- Right anteroseptal (less common)
- Right free wall (third most common, 10-20%)
- Posteroseptal (second most common, 20-30%)
- Mid-septal (between His bundle and coronary sinus, less common)
- Left free wall (most common, 50-60%)
- Multiple in 5-20% of patients
  - Particularly posteroseptal and right free wall: consider Ebstein's
  - More in patients resuscitated from VF

Zipes and Jalife, 4<sup>th</sup> ed, 2004, p. 869-878

# Pathway Locations



Caveat: different authors use different orientations of the mitral and tricuspid orifices in their illustrations

Surawicz, Chou, 2001, p. 478 Braunwald, 2005, p. 740



Figure 20-19. The heart as viewed in the left anterior oblique projection. Nomenclature used to describe accessory pathway locations. RA = right anterior; RAL = right anterolateral; RL = right lateral; RPL = right posterolateral; RP = right posterior; PSTA = posteroseptal tricuspid annulus; CSOs = coronary sinus ostium; MSTA = midseptal tricuspid annulus; AS = anteroseptal; RAPS = right anterior paraseptal; MCV = middle cardiac vein (coronary vein); CS = coronary sinus venous anomaly (coronary sinus diverticulum); PSMA = posteroseptal mitral annulus; LP = left posterior; LPL = left posterolateral; LL = left lateral; LAL = left anterolateral; HB = His bundle. (From Arruda MS, McClelland JH, Wang X, et al: Development and validation of an ECG algorithm for identifying accessory pathway ablation site in Wolff-Parkinson-White syndrome. J Cardiovasc Electrophysiol 9:2, 1998, by permission.)

#### Localizing the Accessory Pathway (To be sure, must do EP study)

- 1. Left free wall: negative delta wave in I, aVL, or V6 and "pseudo-RBBB" with Rs in V1
  - Right anteroseptal (early ventricular activation near His bundle): positive delta wave in 2, 3, aVF, and low R/S in V1-V3 and late R wave transition
- 2. Posteroseptal: negative or isoelectric delta waves in 2, 3, aVF and rapid R wave transition V1-V2
- 3. Right free wall: positive delta wave in I and pseudo-LBBB
  - Generally loss of a positive delta wave from leads 3 to aVF to 2 as the pathway location moves from anterior septal to posterior septal site around either AV ring
  - For right-sided pathways, a positive delta wave occurs sequentially in V1 to V4 as the pathway location moves from anterior to posterior around the TV ring

Zipes and Jalife, 4<sup>th</sup> ed, 2004, p. 869-878

### Localization of Bypass Tract



Braunwald, Ch. 32, "Specific Arrhythmias: Diagnosis and Treatment", Olgin JE and Zipes DP. p. 830, 2005

#### Localization of Bypass Tract



**FIG. 10-42.** Schema of bypass tract locations used for ECG analysis. On the left the heart is opened at the midatrial level, and on the right the atria have been removed. The regions we find useful for ECG classification of bypass tracts are shown on the left. Region 1 is left lateral, region 2 is left posterior free wall, region 3 is posterior septal, region 4 is right free wall, and region 5 is anterior septal. The area between 3 and 5 along the tricuspid valve incorporates what are now referred to as mid-septal pathways. See text for discussion.

#### Josephson ME. 2002, p. 356

## Preexcitation Syndromes



Fig. 1. Types of accessory pathways. The electrocardiogram, His bundle electrogram, and schematic of the conducting pathways associated with a normal conduction system (A), an atrioventricular node "bypass" (B), a Mahaim fiber (C), and a complete atrioventricular bypass (D) are shown. A, atrial electrogram; H, His bundle electrogram; V, ventricular electrogram; d, delta wave. (Reproduced by permission.<sup>19</sup>)

#### Table 1. Spectrum of Preexcitation Syndromes

Syndrome	No. Patients		
Accessory atrioventricular connections (WPW)	163		
With associated EAVN*	20		
AP conducts only retrograde	12		
EAVN (LGL or variant) alone	11		
Nodoventricular fibers	2		
Fasciculoventricular fibers	6		
EAVN plus fasciculoventricular fiber			
(mimicking WPW)	4		

\* EAVN, enhanced atrioventricular node conduction.

#### Table 2. Proposed Terminology for Anatomic Substrates of the Preexcitation Syndromes

Proposed Terminology	Previous Terminology				
Accessory AV connection	Kent bundle (in septum also called Paladino tract)				
Atriofascicular bypass tract	Atrio-Hisian fiber				
Intranodal bypass tract*	James fiber				
Nodoventricular connection	Mahaim fiber				
Fasciculoventricular connection	Mahaim fiber				

\*Enhanced AV conduction through the AV node may be equally well explained by an AV nodal malformation or functional states of conduction unaccompanied by abnormal anatomic substrates.

Gallagher JJ, Pritchett ELC, Sealy WC, Kasell J, Wallace AG. "The preexcitation syndromes," <u>Prog Cardiovasc Dis</u>. 1978;20(4):285-327.

#### Localization of Bypass Tract



DELTA WAVE POLARITY

	I	I	ш	AVR	AVL	AVF	VI	V2	Vэ	Vá	V5	Võ
D	+	+	$_{+}(^{+}_{-})$	-	<u>+</u> (+)	+	÷	<u>+</u>	$_{+}(^{+}_{-})$	+	+	+
2	+	+	$-(^+)$	-	$_{+}(^{+}_{-})$	±(-)	<u>+</u>	+(+)	+(*)	+	+	+
3	+	±(-)	<u></u>	-	+	-(+)	ŧ	ţ	±	+	+	+
•	+		-		+		±(+)	<u>+</u>	+	+	+	+
9	+	-	-	- (+)	+	-	ŧ	+	+	+	+	+
٥	+		-	-	+	-	+	+	+	+	+	+
Ð	+			±(+)	+	-	+	+	+	+	+	-(+)
D	-(±)	ŧ	÷	±(+)	-(±)	÷	+	+	+	+	-(±)	- (±)
۲	_(±)	+	+	-	_(±)	+	+	+	+	+	+	+
0	+	+	+(±)	-	±	+	+(+)	+	+	+	+	+

+ = Initial 40 msec delta wave positive

- = Initial 40 msec delta wave negative

Fig. 12. Electrocardiographic classification of the Wolff-Parkinson-White syndrome. Ten representatives sites of epicardial preexcitation are depicted on a schematic cross-section of the ventricles at the level of the atrioventricular rings. The expected polarity of the delta wave resulting from preexcitation at these sites is indicated for each of the 12 standard ECG leads, based on analysis of the mean initial forces (40 msec) of ventricular depolarization in documented cases of single accessory pathways with no associated anomalies.

Gallagher JJ, Pritchett ELC, Sealy WC, Kasell J, Wallace AG. "The preexcitation syndromes," <u>Prog Cardiovasc Dis</u>. 1978;<u>20</u>(4):285-327.

#### **Course of Bypass Tract**



FIG. 10-45. Direction of slant of bypass tracts. The direction of slant between atrial and ventricular bypass tracts. From NASPE/ACC electrophysiology board review course, with permission.

Josephson ME. 2002, p. 358.



Figure 20–20. Stepwise electrocardiographic algorithm for predicting accessory pathway location. Abbreviations as in Figure 20–19. See text for explanation. (From Arruda MS, McClelland JH, Wang X, et al: Development and validation of an ECG algorithm for identifying accessory pathway ablation site in Wolff-Parkinson-White syndrome. J Cardiovasc Electrophysiol 9:2, 1998, with permission.)

#### Surawicz, Chou, 2001, p. 480



## Localization of Pathway

#### Precordial Lead <u>R-Wave Transition</u>\*



\*If the R/S ratio in any lead is nearly 1, the transition is at that lead. If R/S is <1 in one lead and >1 in the following lead, then the transition is between those leads.

Zipes and Jalife, 3<sup>rd</sup> ed, 2000. Ch. 95, p. 1081
# Localization of Pathway

### Precordial Lead <u>R-Wave Transition</u>



\*\* For separation of septal pathways, the sum of the delta wave polarities in the inferior leads is considered, where a positive delta wave = 1, a negative delta wave = -1, and an isoelectric delta wave = 0. Zipes and Jalife,  $3^{rd}$  ed, 2000. Ch. 95, p. 1081



- Left free wall: negative delta wave in I, aVL, or V6 and "pseudo-RBBB" with Rs in V1
- Generally loss of a positive delta wave from leads 3 to aVF to 2 as the pathway location moves from anterior septal to posterior septal site around either AV ring
- Right anteroseptal (early ventricular activation near His bundle): positive delta wave in 2, 3, aVF, and low R/S in V1-V3 and late R wave transition
- Posteroseptal: negative or isoelectric delta waves in 2, 3, aVF and rapid R wave transition V1-V2
- Right free wall: positive delta wave in I and pseudo-LBBB
- For right-sided pathways, a positive delta wave occurs sequentially in V1 to V4 as the pathway location moves from anterior to posterior around the TV ring

Zipes and Jalife, 4<sup>th</sup> ed, 2004, p. 869-878; Surawicz, Chou, 2001, p. 480

Figure 2. Algorithm for the diagnosis of eight different sites of implantation of accessory pathways based on the polarity of the QRS complex during sinus rhythm on the surface ECG. An accurate diagnosis was possible in 128 of 140 (92%) patients with a single and anterogradely conducting accessory pathway. + = predominantly positive QRS complex; - = predominantly negative QRS complex; +/- = isodiphasic QRS complex; AS = anteroseptal; LL = left lateral; LP =left posterior; LPS = left posteroseptal; MS =mid-septal; PS = posteroseptal; RL = right lateral; RPS = right posteroseptal.

Lead

111

+ or +/-



Lead V1

#### D'Avila A et al. <u>PACE</u> 1995;<u>18</u>:1615.



**Figure 1.** Schematic drawings showing a cross-section of the atrioventricular ring on the  $30^{\circ}$  left anterior oblique projection. The possible anatomical localizations of the accessory pathways are shown. 1 = left lateral accessory pathway; 2 = left posterior accessory pathway; 3 = left paraseptal accessory pathway; 4 = posteroseptal accessory pathway; 5 = right paraseptal accessory pathway; 6 = right lateral accessory pathway; 7 = anteroseptal accessory pathway; 8 = midseptal accessory pathway; AV = aortic valve; MV =mitral valve; PV = pulmonic valve; TV = tricuspid valve.

D'Avila A et al. <u>PACE</u> 1995;<u>18</u>:1615.





FIGURE 2. Schematic representation of the accessory pathway location in the best left anterior oblique projection, illustrating the division of the 13 regions. The coronary sinus and great cardiac vein are depicted encircling the mitral annulus, with the ostium demarcated by the venous phase of the left coronary arteriography, routinely performed in this laboratory before electrophysiologic study. The numbers of accessory pathways in each location of the 182 patients are shown in parentheses. LAL = left anterolateral; LL = left lateral; LP = left posterior; LPL = left posterolateral; LPS = left posteroseptal; MS = midseptal; RA = right anterior; RAL = right anterolateral; RAS = right anteroseptal; RL = right lateral; RP = right posterior; RPL = right posterolateral; RPS = right posteroseptal.

#### Chiang CE et al. <u>Am J Cardiol</u> 1995;<u>76</u>:40.

FIGURE 3. Delta wave axis in the frontal plane of the initial 182 patients. The axis of the delta waves for each region showed much overlap, and was not very helpful for differentiation. Left lateral (LL)/left anterolateral (LAL) (range +60° to +120°); left posterior (LP)/left posterolateral (LPL) (range -60° to +30°); left posteroseptal (LPS) (range -60° to +30°); midseptal (MS) (range -30° to +30°); right anterolateral (RAL) (range +15° to +45°); right anteroseptal (RAS)/right anterior (RA) (range +30° to +60°); right lateral (RL) (range -30° to +30°); right posterior (RP)/right posterolateral (RPL) (range -60° to -15°); right posteroseptal (RPS) (range -75° to +15°).



Chiang CE et al. <u>Am J Cardiol</u> 1995;<u>76</u>:40.



Chiang CE et al. <u>Am J Cardiol</u> 1995;<u>76</u>:40.

## Left Free Wall Pathway

- Most common
- Negative delta waves in I and L and positive delta in inferior leads and all precordial leads (Josephson p. 356)
- Negative delta waves in I, aVL, or V6 and a "pseudo-right bundle branch block" QRS complex appearance with positive QRS complex (Rs wave) in V1 (Prystowsky in Zipes p. 873)
- Step 1: If the delta wave in lead I is (-) or (+-) or the R/S in lead V1 is >1, a left free-wall AP is present (Surawicz p. 479 after Arruda)

# Wolff-Parkinson-White Syndrome (WPW)

- Short PR interval (<0.12 sec) in 75-90%
- Wide QRS complex ( $\geq 0.11$  sec) in 65-75%
- Slurred initial forces of QRS <u>Delta wave</u>
- Secondary ST segment and T wave abnormality (discordant to Delta wave)
- Frequent association of paroxysmal tachycardia, usually supraventricular

Wolff-Parkinson-White Syndrome (WPW) - 2

- Every beat is a fusion beat
  - Part of QRS from AV node and normal His-Purkinje system
  - Part of QRS from conduction through the accessory AV connection ("Bundle of Kent") from atrial muscle to ventricular muscle
  - Variable conduction depends on how much of the ventricle is excited from the normal versus the accessory pathway, but P-end to J point remains constant ("concertina effect") –





Wolff-Parkinson-White Syndrome (WPW) - 3

- Tachycardia is often due to electrical activity travelling in a circular pathway
- One Possible Pathway
  - AV node
  - Atrial muscle
  - Accessory pathway
  - Ventricular muscle

- "Circus movement"
- Atrioventricular reentrant tachycardia (AVRT)

# Tachycardias in WPW Syndrome

- Accessory pathway integral to circuit
  - Orthodromic AVRT (most common)
    - With or without functional bundle branch block (ipsilateral, slows rate)
  - Pre-excited reciprocating tachycardias
  - Antidromic AV reentrant tachycardias
  - AVRT with multiple pathways
- Accessory pathway passive, not essential
  - AVNRT
  - AVRT with second bystander accessory pathway
  - Aflutter or Fibrillation
  - VT

Zipes and Jalife, 4<sup>th</sup> ed, 2004, p. 869-878

# Tachycardias in WPW Syndrome

- Accessory pathway integral to circuit
  - Orthodromic AVRT (most common)
    - With or without functional bundle branch block (ipsilateral, slows rate)
  - Pre-excited reciprocating tachycardias
  - Antidromic AV reentrant tachycardias
  - AVRT with multiple pathways
- Accessory pathway passive, not essential
  - AVNRT
  - AVRT with second bystander accessory pathway
  - Atrial flutter or fibrillation
  - VT

### Zipes and Jalife, 4th ed, 2004, p. 869-878



FIGURE 94-3 The spectrum of tachycardias in the Wolff-Parkinson-White (WPW) syndrome. A, Ormodromic atrioventricular (AV) reciprocating tachycardia with or without functional bundle branch block. B, The permanent form of junctional reciprocating tachycardia. C, Antidromic AV reciprocating tachycardia. D, AV node reentrant tachycardia with bystander accessory pathway (AP) conduction. E, Pre-excited reciprocating tachycardia using multiple APs. F, Atrial fibrillation. PSAP, posteropeptal accessory pathway.

## AVRT

### • Most common tachycardia in WPW



Figure 6.6. The schematic illustration from Figure 6.3 is repeated on the *left* (A). In B, an atrial premature beat occurs before the Kent bundle has completed its period of refractoriness following the previous sinus beat, preventing antegrade ventricular preexcitation. Normal ventricular activation is then followed by retrograde atrial excitation (C). The resultant macroreentrant circuit forms the basis for the tachyarrhythmia. (From Wagner GS, Waugh RA, Ramo BW. Cardiac arrhythmias. New York: Churchill Livingstone, 1983:13.)

### Marriott, 9<sup>th</sup> ed, p. 107

## Orthodromic AVRT and BBB



Josephson ME. Clinical Cardiac Electrophysiology 2002; p. 370.

# PJRT: Permanent Form of Junctional Reciprocating Tachycardia

- Incessant or nearly so, esp. seen in young
- Coumel described it

The circuit involves 2 pathways with slow conduction, so giving a large "excitable gap"

- Almost all cases due to retrograde conduction over accessory pathway, so better term is PAVRT, and accessory pathway has decremental retrograde conduction
- P waves are usually broad, inverted in 2, 3, and aVF
- RP longer than PR
- <u>Initiation</u> of arrhythmia is with sinus beat, not PAC
- <u>Rate</u> of arrhythmia is sensitive to autonomic tone and physical activity with modulation of both RP and PR intervals
- Transient <u>termination</u> of arrhythmia through block in retrograde limb (no P wave)
- Retrograde limb sensitive to  $\beta$ -blockade, vagal maneuvers and calcium blockade, but arrhythmia is often refractory to medication

Zipes and Jalife, 4th ed, 2004, p. 869-878

# PJRT, or PAVRT



FIGURE 94-5 Surface electrocardiogram of a patient with the permanent form of junctional reciprocating tachycardia. A, The 12-lead electrocardiogram illustrates the essential features of the tachycardia with typical negative P waves in leads II, III, and aVF and an R-P interval longer than the P-R interval. B, The tachycardia was transiently terminated by right carotid sinus massage. Termination without a retrograde P wave indicated block occurred in the retrograde limb and illustrated the atrioventricular node-like behavior of the accessory pathway. With acceleration of the sinus rate, there was spontaneous resumption of tachycardia.

#### Zipes and Jalife, 4<sup>th</sup> ed, 2004, p. 869-878

### **Orthodromic AVRT**

- If P wave is visible
  - Inverted in I left lateral accessory pathway
  - Unfortunately, frequently impossible to discern



### •Left lateral or anterolateral pathway







<u>Right free wall accessory pathway</u> – predominantly negative delta in V1 and axis more leftward



<u>Right anteroseptal</u> accessory pathway, characteristic inferior axis, delta wave is negative in V1 and V2, upright in I, II, aVL, and aVF, isoelectric in III, negative in aVR

Negative delta

wave and QRS

II, III, F



Braunwald, Ch. 32, "Specific Arrhythmias: Diagnosis and Treatment", Olgin JE and Zipes DP. p. 830, 2005

Right posteroseptal accessory pathway. negative delta in II, III, and aVF, upright in I and aVL localize the pathway to posteroseptal, and negative delta in V1 and rapid transition in V2 pinpoints to right posteroseptal; AFib

II, III, F



Braunwald, Ch. 32, "Specific Arrhythmias: Diagnosis and Treatment", Olgin JE and Zipes DP. p. 830, 2005

# AF and WPW becoming VF



Braunwald, Ch. 32, "Specific Arrhythmias: Diagnosis and Treatment", Olgin JE and Zipes DP. p. 836, 2005

Left lateral accessory <u>pathway</u> – positive delta in anterior precordial leads and in II, III, and aVF, positive or isoelectric in leads I and aVL, and isoelectric or negative in V5 and V6 is typical of a left lateral accessory pathway. Coronary sinus pacing was used to enhance preexcitation

Negative delta

wave and QRS

II, III, F



Braunwald, Ch. 32, "Specific Arrhythmias: Diagnosis and Treatment", Olgin JE and Zipes DP. p. 830, 2005







UHC3989, less pre-excited

### Right posteroseptal – sudden transition from V1-V2 and negative in II, III, and aVF



Step 1 Left Free Wall Accessory Pathways

Step 2

Subepicardial Accessory Pathways












Read as WPW but questionable ... short PR is because rhythm is not sinus

II

t

ν

V5

10mm/mV

40Hz

25mm/s



EID:Unconfirmed EDT: ORDER:

**UHM2208** 

12SL 78

003A-003B







## Left anterior



















## Left anterolateral or lateral





# Right anteroseptal or anterior paraseptal

Step 1 Left Free Wall Accessory Pathways

Subepicardial Accessory Pathways







RAL



VAB4472

5mm/s 10mm/mV 100Hz 005A EID:Cnvrtd EDT: ORDER:







Page 1 o







# No delta wave – merely enhanced AV node conduction (LGL)



Step 1 Left Free Wall Accessory Pathways

Step 2

ΠΘ

MCV

I (D) or (-) or V1 R≥S

aVF⊕

Subepicardial Accessory Pathways















# Left posterior or posterolateral

Step 1 Left Free Wall Accessory Pathways Step 2

Subepicardial Accessory Pathways

ΠΘ

MCV

or Venous Anomaly



Step 3 Septal Accessory Pathways







Referred by: